



Pennant Hills Demons

Australian Football Club Inc.

2016 Yearbook



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Gus McKernan unfurling the 2015 Premiership Flag



Kieren Wright - 200 Games



Sebastian Parker - 200 Games



What defines a successful year for a football club?

From the Committee's perspective, the 2016 season will go down as one of the most important seasons in our club's proud history. Four of our five men's teams made the finals resulting in a Premiership in Division 5 and Runners-up in Division 3. The Under 19s had an unlucky loss in the preliminary final and our Premier Division team, the defending champions, were knocked out in the elimination final. On their own, these results would be a clear measure of a successful season for any club, but what made 2016 'very' special was the introduction of our inaugural women's AFL team.

From the very first pre-season training run, the women's team has been nothing but a successful addition to our club. They readily took to our family club culture, training hard during the week and playing tough and skilful football, our Women's team represented our club proudly in their inaugural season. The women's playing group were in the main local people and most were newcomers to AFL footy – following our men's mantra of "local and loyal". With the emergence of a National competition we see our women's team, and Women's AFL in Sydney, only going from strength to strength and we are proud to have a Women's Demons team as part of our club.

Before I leave the women, I must pay tribute to a number of club volunteers whose contributions were critical to the formation and ultimately the success of the women's team. The women's team would not have happened without the initiative of Allen Abbott and Glenn Gunstone. Before any players had even been recruited, Allen and Glenn committed themselves to the formation of the women's team, and personally pledged that the Club would field its first women's team in season 2016, come hell or high water! And, by that famous adage, "*build it and they will come*", the players did indeed come, and the women's project surpassed all expectations. Throughout the season the women's team were fortunate to be led by Daniel Fiedler as Coach and supported by Tom Abbott and Todd Williams. To this group of volunteers, we say a big THANK YOU!

Our men's playing group was again fortunate to be led by Club and Premier Division Coach Chris Yard in his 5th season in that role. While we were not able to replicate premiership success in 2016, Chris was able to blood a number of young players, including 3 Rising star nominations, and we look forward to season 2017 with great optimism for a strong showing in the top grade. Jason Clarke faced the biggest challenge of 2016, losing considerable experience from the previous season, and a change in emphasis for the Division 1 team as more of a development squad. A year in which this young team beat the top teams but lost to the bottom ones, was a challenge for the Jason, but lays the base for 2017.

The pathway for future champions, the Under 19s, was led by Trent Roddan. Trent's commitment to player development through sophisticated coaching techniques and routines, video analysis and player mentoring is arguably unmatched in Sydney AFL. We are looking forward to another batch of quality players and young men graduating from the under 19s to the senior ranks for the 2017 season.

Nathan Breen, who led our Division 3 team, had an incredible year personally, leading the team to the Minor Premiership and then to the Grand Final, winning the Division 3 Best and Fairest McFarlane Medal and taking out our Club Footballer of the Year award; a prestigious award usually going to a first grade player, but Nathan was unarguably a worthy winner in 2016. Our premiership winning Division 5 team was

led by Nick Baglin and Donnie Ollington. With the youthful energy of Nick balanced by the wise head of Donnie, they achieved the right balance between aspiration and participation – well done premiership coaches.

The success of 2016 will mean that we now have senior teams in the Premier Division, Division 1 and Division 2 – one of the few clubs in Sydney faced with such a challenge, but a challenge we eagerly await in 2017.

Off-field, I would like to thank the many volunteers who put the time into making the club function each week. From the Rene family in the canteen, to Matt Lee as ground manager, Allen Abbott behind the bar, John Acheson putting together our weekly match reports and club history and Josh Mott as the volunteer coordinator. Thank you to you all.

Finally as I hand over the reins of President I need to acknowledge the work of our Club Secretary Bob Wray. From the first day that I joined the committee it was obvious that Bob was the glue that held the committee together. Bob's attention to detail, vision for the future and his positive personality made him a pleasure to work with and an honour to call a friend. Thank you for all your support Bob and I look forward to working with you as a committee member into the future.

My thanks to our Club Sponsors. Without our club sponsors, we would simply not be able to field our teams ... there would be no Club. As an amateur community club, with no player payments, you can be assured that your support goes to providing the highest quality in physiotherapy support to our players, low registration fees and a fulfilling experience for a great bunch of young men and women. Our valued sponsors for 2016 were:

- McDonalds
- Supershades
- The Epping Club
- Sports BC
- Ritera Group
- Moraitis Communications
- West Pennant Hills Sports Club
- Silk Logistics Group
- AJQ Business & Technology Consulting
- National Weighing
- Forum Group
- Blue Collar Recruitment

I look forward to continuing to support our new President, Josh Mott, and continuing to being an active volunteer supporting our great community club.

Go Penno!

Phillip Hare
President



PATRONS: Kerry James A.M.
Ken MacRae
Angus McKernan

PRESIDENT: Phillip Hare

VICE PRESIDENTS Glenn Gunstone
Josh Mott

CLUB SECRETARY: Bob Wray

TREASURER: Brendan Wray

PHAFC COMMITTEE: Allen Abbott
John Acheson
Phil Scarlett
David Pinker
Jacques Rene
Matthew Lee
Kate Moraitis
Phillip Moraitis
Trent Roddan
Michael Trenaman

Administration Coordinator: Josh Mott
Communications: Tom Edmonds
Web Master: Trent Roddan
www.phafl.com.au

PHAFC FOOTBALL STAFF:

Football Manager: Glenn Gunstone

Head of Coaching: Michael Cousens

Senior Coach: Chris Yard
Assistant Coach: Andrew McLellan
Team Manager: John Acheson

Division 1 Coach: Jason Clarke
Assistant Coach: Wayne Keating
Team Manager: Phil Scarlett

Division 3 Coach: Nathan Breen
Team Manager: Michael Trenaman

Division 5 Co Coaches: Nick Baglin
Donnie Ollington
Team Manager: Owen Baglin

U19 Division 1 Coach: Trent Roddan
Assistant Coaches: Mark Carroll
John Preen
Team Manager: Phillip Moraitis

Women's Division 1 Coach: Daniel Fiedler
Team Manager: Allen Abbott

Physiotherapists: Lauren Cain
Simon Woodhouse

MATCH COMMITTEE:

Chairman: Michael Cousens
Chris Yard
Jason Clarke
David Pinker
Andrew McLellan



2016 was another huge year for the Pennant Hills Demons, fielding six teams and just under 200 registered players with all teams displaying great character and representing the Club and themselves with distinction.

The highlight of 2016 was the introduction of our Women's team who exceeded expectations performing admirably given their relative lack of any experience in AFL. With a year's experience under their belt they will be formidable in 2017.

On-field it was always going to be hard to match the fairy tale of the Premier Division's 2015 flag but we had 4 of the 6 teams make finals for one Premiership (Division 5) one runner up (Division 3) and one Preliminary final (Under 19).

The depth of our playing group and team unity across all grades was remarkable and a credit to the coaches and managers of those teams and of course the players.

Financially somehow we managed to turn a small profit, something most clubs would envy let alone a community club catering for around 200 local players.

There have been further works (primarily funded by us) at our change rooms at Mike Kenny Oval which has created a more hospitable environment. The use of both grounds at Mike Kenny Oval remains a challenge and relies on good co-operation with Greenway Giants Baseball and Penno Stags Rugby League. Playing on both grounds for home games certainly helped us maintain a one club connection.

The development of club rooms or a sports house at Mike Kenny Oval remains on the agenda as a collaborative initiative between Hornsby Council, Penno, Greenway Giants Baseball and Westbrook JAFC. Feasibility drawings and indicative costings have been produced and we are now liaising with Hornsby Council with the view of moving things to the next stage, i.e. the funding!

Our marvellous sponsors are our lifeblood, without them we will cease to exist. This year they were great. Please support them materially and repay their faith in our Club.

We have a wonderful group of officeholders and volunteers who get our Club on the field each week, a real challenge when 6 teams are playing at 4 or 6 different venues across Sydney. All the coaching staff headed by Chris Yard, the team managers (who perform such a critical role in the teams enjoyment and success) as well as all the supporters and helpers, we are lucky as a Club to have such people maintaining the long-established selfless culture at Penno.

Again we must recognise the work of our Treasurer Brendan who ensured our books were kept up to date with expenses and income monitored and budgets met. Our Club these days is a full on commercial operation with a very large number of transactions requiring many hours of work to record the transactions, collect our money and pay our creditors.

Our outgoing President Phil Hare has been a great asset for our Club and will continue on the Committee assisting our new President Josh Mott. The role of President these days is very involved particularly where people like Phil and Josh are juggling the pressures of demanding jobs with the never ending obligations of heading up such a unique football Club as Penno.

Phil's legacy will be with us for a long time and thankfully he remains on the Committee and involved in the Club.

Our challenge as a Club remains in maintaining a collective effort by every single person involved in the Club from the players, coaches, friends or just spectators – there is always something you can do to help so the burden doesn't finish up with just a few. Please don't wait to be asked, just come forward and you will enjoy the experience.

We have what other clubs envy and aspire to, let's keep it that way!

Bob Wray
Secretary





PENNANT HILLS AFC FOOTBALLER OF THE YEAR

Nathan Breen

BEST LOCAL FIRST YEAR PLAYER KEN MACRAE SHIELD

Jack Patten

PREMIER DIVISION BEST & FAIREST ERN HOLMES TROPHY

Matthew Thomas

DIVISION ONE BEST & FAIREST ANGUS MCKERNAN TROPHY

Anthony Brawn

DIVISION THREE BEST & FAIREST

Adam Dallas

DIVISION FIVE BEST & FAIREST

Nick Baglin

UNDER 19s DIVISION ONE BEST & FAIREST LENNY HAYES TROPHY

Sam Howard

WOMEN'S DIVISION 1 BEST & FAIREST

Mikaela Mahony

CLUBPERSON OF THE YEAR

The Rene Family

PRESIDENTS TROPHY

Josh Mott

PREMIER DIVISION PLAYERS' PLAYER AWARD THE "GAZA" named after Gary Spillane

Matthew Thomas

DIVISION ONE PLAYERS' PLAYER AWARD THE "DOUGIE" named after Doug Scholz (dec)

Sebastian Parker / Harry Angel

DIVISION THREE PLAYERS' PLAYER AWARD THE "TELF" named after Craig Telfer

Adam Dallas

DIVISION FIVE PLAYERS' PLAYER AWARD THE "DOAK" named after Simon Doak

Carter Mullins

UNDER 19 DIV ONE PLAYERS' PLAYER AWARD THE "PADDY" named after Patrick Matthews

Sam Howard

WOMEN'S DIVISION 1 PLAYERS' PLAYER

Alexandra Wade

SYDNEY AFL CLUB CHAMPIONSHIP

East Coast Eagles

SENIOR GAME MILESTONES

200 +

Sebastian Parker
Kieran Wright

150 +

Peter Barnes
Sam Widmer
Robert Watts

100 +

Tim Wales
Cody Stucker
Mathew Carter
Luke Turner
Evan Danilo
Fraser Nixon



We approached Season 2016 very conscious of the risk of the dreaded "Premiership Hangover", after last season's great success in Premier Division and also coming so close to finishing first in Division One. But we were also optimistic that from 2015's success, combined with the age and talent of our playing group, and more hard work, that the year ahead looked very exciting and promised much for the Demons.

In addition, during the off-season the Committee decided that the time was right to seek expressions of interest for Penno's first Women's AFL team, (and indeed the first Women's team in the Hills District). The response surpassed our expectations and we were able to recruit enough players to enter a team in the Women's Division One competition for the first time in 2016.

The core of our coaching group was locked down when Chris Yard, Jason Clarke, Nathan Breen and Nick Baglin were all retained from the previous season. Trent Roddan was appointed coach for the Under 19s, Donny Ollington appointed playing co-coach with Nick Baglin for the Division Five boys, and Tom Abbott taking the new women's team during the pre-season, pending the appointment of a permanent coach. Enter Daniel (Fids) Fiedler, a former Demon whose playing career was prematurely snuffed out last year on the advice of his doctor. Fids was keen to stay involved at the Club and he jumped at the opportunity to coach our inaugural women's team. A big thanks to Tommy Abbott. If not for his commitment to get the initial project underway, the team may never have been formed. We had also appointed Club Legend Rod Miles to coach the Under 19 Division Two side, however, unfortunately player numbers were insufficient to support a sustainable second under-age team. We appreciate Rod then stepping into the Assistant Coaches role for Division Five.

Pre-season training numbers we reasonably strong compared to previous years, and again Maddy Cove played an enormous role in getting the players extremely fit for the year ahead. Our practice match form didn't really provide insight for the season ahead, but our player numbers were good across all grades and all indicators looked healthy for a strong year.

So, without pulling apart the season's performance team-by-team, (I'm sure the coaches will do this), the success stories in 2016 were very different to what I had first anticipated and I do want to recognize a few team performances that I consider major highlights.

Our Grand Finalist Division 3 team were super all year. Lead so impressively well by Nathan (Boxy) Breen, the team finished the home and away rounds as minor premiers, and only lost 2 games for the season (both to the eventual premiers Wollondilly, who we also beat twice). The camaraderie built within this team was impressive, and it is no surprise how this transformed to superior performance on-field. Congratulations to Boxy on winning the McFarlane Medal (Sydney AFL Division 3 Best and Fairest), a further indication of his strong on-field leadership and football ability.

Who would have been so bold to suggest that our Division 5 team would win a premiership in just its second year? Congratulations to all involved, but a special mention to co-captains Nick Baglin and Donny Ollington whose Friday nights were consumed ensuring we had enough bodies to field a team each week over the past 2 seasons ... effort rightly repaid in Premiership Glory! To all the boys who contributed over that time, may the memories remain vivid for many years to come. Congratulations on a great season!

From a football operations perspective, I expected our greatest challenge would be creating a sustainable foundation for Women's football at our club. Getting sufficient numbers to make up a team competitive

enough to enjoy footy was a primary concern, but also bringing in a whole new team who could immerse itself into our club culture was another completely different challenge. Pleasingly, my most optimistic expectations were far exceeded.

Special mention to Fids (introduced to the role by Tom Abbott to succeed him) who instantly launched himself into making this team connect, sustainable and teaching them the game. Fids' own development as coach was clearly obvious, and the team environment established is impressive. Thanks also to Allen Abbott who will be remembered as the pioneer in bringing this team to life. His selfless commitment to the team, to training, to match days, and to the girls just having fun was simply amazing. Al even re-introduced half-time oranges to the girl's team which is now colloquially known as 'Al's Angels'! We have recruited a great bunch of girls and I wish to congratulate them on a successful inaugural season and thank all of you for "giving Penno a try"!

Lastly, I want to thank the impressive bunch of men that play at Pennant Hills for the welcome, inclusion and support of Women's football to our club.

For me personally, I would like to thank:

- our fantastic coaching group led superbly again by Yardy, Clarke, Box, Bags, Donny, Trent and Fids. You guys set an impressive standard based on a foundation that requires huge commitment and sometimes personal compromise. Thank you for a job well done in 2016;
- Michael Cousens, who executed the Director of Coaching role at another level with increased support and mentoring for our coaching group, proving again what a valued asset he is;
- our Assistant Coaches whose support to their coach in executing the brand of footy Penno plays is never under-estimated, but not often enough appreciated. Thanks to Pinks, Macca, Wayne (Razor) Keating, John Preen, Mark Carroll and Rod Miles;
- to the club field and goal umpires, especially Allen Gardiner for his commitment to the Division 3 team all year;
- our Team Managers who despite endless hours of stress endured, just make it happen every week. Good teams are only effective with committed Team Managers so thanks to John Acheson, Phil Scarlett, Michael Trenaman, Owen Baglin, Phil Moraitis and Allen Abbott;
- Matt Lee who so effectively led our game day operational plan;
- and John (Scoop) Acheson who didn't miss a beat in submitting all the on-field footy communications, footy record reports, rising star nominations, club history and player milestone write-ups that are the envy of all Sydney AFL clubs; and
- lastly, but most importantly, Phil Hare who as outgoing President, needs to be congratulated on the journey he has taken our football club. On every aspect, we are a better, more professional, more sustainable football club, with a solid plan for an exciting future. Well done mate and thanks for your incredible support!

In summary, our Football Operations Team was pleased with the Club's year, on and off the field, and our unexpected successes of 2016. We have conducted a deep review of the season at all levels and approach 2017 with renewed confidence that with continued levels of support from the fabulous Penno community, further improvement is within our grasp. Come enjoy the ride.

Go Penno!

Glenn Gunstone
Football Manager

Premier Division Team Awards



ERN HOLMES TROPHY

Runner Up Best & Fairest
Most Consistent
Best Team Man
Most Improved
Coaches Award
Players' Player - 'Gazza'

MATTHEW THOMAS

Tim Wales
Aaron Crisfield
Daniel Witt
Ted Widmer
Thomas Edmonds
Matthew Thomas

PREMIER DIVISION BEST & FAIREST TOP TEN

Matthew Thomas	76
Tim Wales	72
Thomas Angel	68
Aaron Crisfield	65
Ranga Ediriwickrama	45
Kieran Wright	45
Damian Dell'Aquila	44
Stephen Wray	42
Daniel Preen	41
Theo Moraitis	38

2016 PHELAN MEDAL

Jack Dimery	17 votes
East Coast Eagles	

Pennant Hills Best

Thomas Angel	12 votes
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2016 LEADING GOALKICKERS

Theo Moraitis	39
James Dunn	21

2016 SYDNEY AFL - NAB RISING STAR AWARD

Ben Zoppo (Western Suburbs)

Pennant Hills Nominees

Josh Boag
Jack Patten
Zack Smith

2016 SYDNEY AFL - REPRESENTATIVE PLAYERS

Nathan Cooper
Stephen Wray
Daniel Preen

2016 SYDNEY AFL - TEAM OF THE YEAR

Damian Dell'Aquila (I/C)
Theo Moraitis (CHF)
Lloyd Shepherd (FB)

2016 PREMIER DIVISION STAFF

Coach	Chris Yard
Assistant Coach	Andrew McLellan
Runner	Brant Jack
Team Manager	John Acheson
Co-Captains	Matthew Carey Thomas Angel

PREMIER DIVISION LADDER AT THE END OF 2016 HOME AND AWAY SEASON

Premier Division	P	W	L	For	Agst	%	PTS
East Coast Eagles	16	14	2	1516	832	182	56
St George Dragons	16	13	3	1583	814	194	52
UTS Bats	16	11	5	1425	1219	117	44
North Shore	16	10	6	1263	1009	125	40
Pennant Hills	16	9	7	1183	1025	115	36
Manly Warringah	16	7	9	1102	1233	89	28
Sydney University	16	3	13	952	1393	68	12
UNSW/ES Bulldogs	16	3	13	914	1575	58	12
Western Suburbs	16	2	14	846	1684	50	8

2016 Elimination Final

Blacktown ISP, 28th August

North Shore Bombers	10	12	72
def Pennant Hills	8	11	59

2016 GRAND FINAL

Blacktown ISP, 17 September

East Coast Eagles	17	5	107
def St George Dragons	9	12	66



After winning the Premiership in 2015, the 'hunted' tag that Pennant Hills Premier Division team had held for a number of years, grew even further. Pre-season training commenced in similar circumstances to previous years, with fitness a major focus once again. Across the whole playing group, the work ethic pre-season was generally pleasing. As intended, the sessions were not easy, but they were always attacked with vigour, regardless of whether the players were from Premier Division or Division 5.

Season Summary

We faced a tough draw to commence the season with East Coast Eagles and St George Dragons, the eventual grand finalists. We were sitting at 0 and 2, in somewhat unfamiliar circumstances for the group. We responded with the next 2 wins and ended up finishing Round 1 of the home and away season, 4 and 4, in 5th place. The second round was very similar to the first, our football was OK, but our level of consistency was below expectations, with some poor losses against both St George and Manly. The season ended at 9 and 7.

We finished the ladder in 5th place and proceeded to play the Elimination Final against a strong North Shore side. After trailing by a point at half time and only 10 points at ¾ time, we eventually went down by 13 points in a tough, contested game of football. We certainly threw everything at North Shore who were battered and bruised after the game.

What was obvious by year's end was that the overall standard of competition is getting higher and tighter, with some teams improving significantly, whilst in 2016 Pennant Hills fell away slightly.

Some of the highlights of the season

- 39 players played in Premier Division
- 8 debuts
- 3 AFL Sydney Rising Star nominations
- 3 in Sydney AFL Team of the Year
- 3 in Representative football

Injuries

Unfortunately, major injuries were an issue for the team this season. Over the past few years we have escaped major ACL knee injuries. However, in the Round 8 home game versus UTS, Co-captain Matt Carey went down early in the game and then Jono Gourlay followed him after half time; both suffering season-ending knee injuries. So, two ACLs in the one game, extremely unlucky! Both have had surgery and we all look forward to seeing them back playing in 2017.

New recruits

We continue to develop from within the club and grow the talent from our junior feeder clubs. In addition to that, this year we were lucky enough to gain the services of two experienced former Penno guys in Jono Gourlay and Lloyd Shepherd. Jono returned to us after a stint with Ainslie and then the Central Coast. Cruelled by injury, the best of Jono will be seen hopefully in 2017. Lloyd returned mid-season from living in the UK for 12 months, and certainly strengthened our backline.

Debuts

The following made their debut, and the club looks forward to watching the progress of these guys over the next few years.

- Jack Patten
- Josh Boag
- Matthew Preen
- Brandon Clark
- Zack Smith
- Sam Howard
- Nick Eynaud
- Luke Skrivanic

AFL Sydney Rising Stars

Pennant Hills always features highly in this category, 2016 being no exception. Well done to our 3 nominees - Jack Patten, Josh Boag and Zack Smith.

Milestone games

In 2016 we celebrated a number of special milestone games. I take a great deal of pride in seeing the boys starting to achieve these significant milestones, the loyalty amongst them is to be admired. Congratulations to Kieran Wright (200 games), Sebastian Parker (200), Tim Wales (100) and Sam Widmer (100).

AFL Sydney Team of Year

Pennant Hills were extremely well represented in the AFL Sydney Team of the Year. This is voted on by all AFL Sydney Premier Division coaches (although coaches can't vote for players in their own club). The following guys were selected - Lloyd Shepherd (Fullback), Theo Moraitis (Centre Half Forward) and Damian Dell'Aquila (Interchange).

Representative Football

A number of players were selected in AFL Sydney teams. Well done to Stephen Wray, Daniel Preen and Nathan Cooper who all travelled to play AFL Canberra.

Thank You to

David Pinker and Andrew McLellan – my assistant coaches; David coming up from the 19s and Macca returning to run the board and 'moving the magnets'. Coaching at any level requires a large commitment in time, energy and talent, so once again, thanks gents.

My fellow Coaches – Jason Clarke, Nathan Breen, Nick Baglin, Donny Ollington, Trent Roddan, Daniel Fiedler and Chairman of Selectors, Michael Cousens. One flag amongst the group is a fair achievement - congratulations to Division 5 coaches, NBags and Donny, on your team's fantastic achievement. As a group we all work well together, and despite the large number of players and the restricted space for training, the job is always soundly completed!

John Acheson – Team manager. A welcome addition to the team in 2016. JA is certainly a committed guy, if he's not looking after the Premier Division boys, he's writing up club notes or milestone games or assisting on Thursday nights with anything that requires more hands. A great clubman JA, top work and a huge thank you!

Maddy Cove – Fitness trainer. Maddy has been doing the fitness pre-season for the past couple of years and the overall squad fitness has improved. Thanks Maddy, I certainly appreciate your efforts.

Premier Division Coach's Report



My leadership group – Led by captains Matt Carey and Tom Angel, along with Damien Dell'Aquila, Aaron Crisfield, Ranga Ediriwickrama, Tim Wales and Matt Thomas. This group meets a few times per year and I certainly value the honesty and the shared desire to improve, whether that means training issues, general club feel or debating some selection decisions.

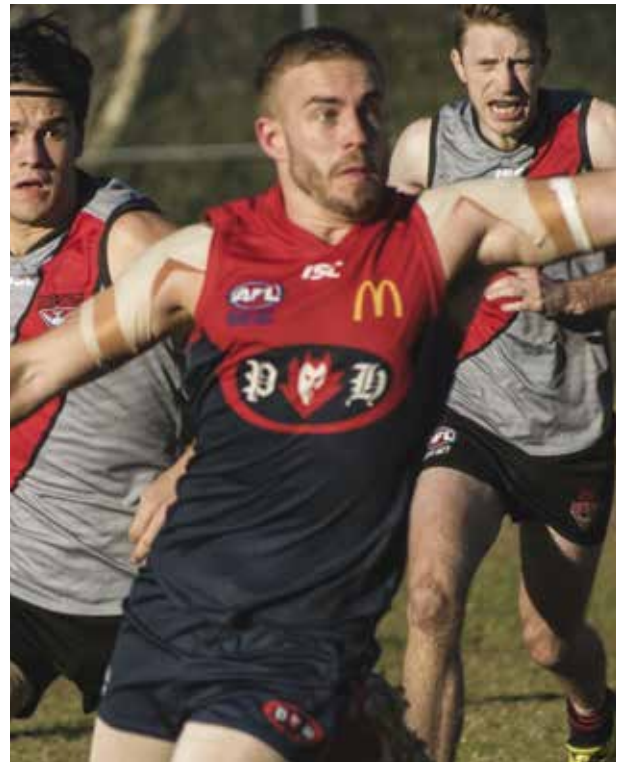
Simon and team physios – Simon is a massive asset to us. His communication on injuries as well as his management of the group is first class. Huge thanks to Simon and all other physios.

President Phil Hare and Committee – once again your commitment and effort in making sure our club off field runs smoothly. On behalf of the coaches and entire playing group, we all appreciate your efforts in making our club a fantastic place to be around.

And finally to the Playing Group – A great group of young men. I certainly enjoyed working with you all, we had plenty of laughs and did some serious training. As we are about to embark on the 2017 season, we all need to ensure we learn from this season, have the level of commitment required to see us return to deep finals participants in 2017. Improvement is required, whether that be the level of commitment, fitness and strength, skill level, the coaching group. One thing seems clear, the competition is getting better and tighter, and we all need to ensure we are at the forefront of that.

Chris Yard

Premier Division Coach



Matthew Thomas - Best & Fairest Winner



Premier Division

Division One Team Awards



ANGUS MCKERNAN TROPHY

Runner Up Best & Fairest
Most Consistent
Best Team Man
Most Improved
Coaches Award
Players' Player - 'Dougie'

ANTHONY BRAWN

Sebastian Parker
Maine Vidler
Lachlan Vile
Kieron Coaldrake
Ryan Lepore
Harry Angel /
Sebastian Parker

DIVISION ONE BEST & FAIREST TOP TEN

Anthony Brawn	83
Sebastian Parker	66
Jason Clarke	54
Harry Angel	44
Kieron Coaldrake	42
Maine Vidler	41
Sam Zikman	37
Robert Watts	36
David Smith	33
Thomas Abbott	30

2016 SNOW MEDAL

Angus Rodgers	16 votes
Macquarie University	

Pennant Hills Best

Jordan Rene	9 votes
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2016 LEADING GOALKICKERS

Sam Zikman	35
Anthony Brawn	24



Anthony Brawn - Best & Fairest Winner

2016 DIVISION ONE STAFF

Coach	Jason Clarke
Assistant Coach	Wayne Keating
Runner	Darren Green
Team Manager	Phillip Scarlett
Captains	Jake Gunstone Maine Vidler
Vice Captain	Patrick Witt

DIVISION ONE LADDER AT THE END OF 2016 HOME AND AWAY SEASON

Division One	P	W	L	D	For	Agst	%	PTS
UTS Bats	18	15	3	0	1253	701	179	60
Macquarie University	18	13	5	0	1254	933	134	52
St George Dragons	18	12	5	1	1194	908	132	50
Western Magic	18	11	7	0	1373	947	145	44
Holroyd Parramatta	18	9	8	1	1299	1182	110	38
Sydney University	18	9	8	1	1085	1019	106	38
Pennant Hills	18	7	11	0	1085	1088	100	28
Southern Power	18	6	11	1	938	1427	66	26
Balmain Tigers	18	5	13	0	887	1285	69	20
East Coast Eagles	18	1	17	0	749	1627	46	4

2016 GRAND FINAL

Blacktown ISP, 17 September

UTS Bats	11	4	70
def St George Dragons	9	15	69



I'll try to keep this short, as the less said about the year, the better!

Drinking one's own bathwater, getting ahead of yourself, resting on your laurels – choose whatever metaphor you like, but none of them would be out of place to describe the season that was 2016. The stark reality was that after missing out on the ultimate prize by the barest of possible margins in 2015, come 2016, we did not even manage to make finals

Whilst not making excuses for such a poor year, the post mortem did give up plenty of attributing factors. The 2015 retirements of key players Brant Jack, Brayden Tos and Tim Scoular, coupled with Rob Watts moving to the UK in May, saw us lose the previous year's B&F winner and Runner Up, the player of the finals series and one of the competition's most promising ruckman, respectively.

To compound these losses, injuries, that in the previous year we had managed to avoid, took their toll. An incident in literally the very first bounce of round 1 saw Pat Witt break his leg and miss the entire season, Lachy Urwin struggled through half the season only to succumb to an ankle injury that later required a reconstruction, Ryan Lepore missed a month after having surgery to re-attach a thumb ligament, Smithy missed large chunks of the season, Pete Barnes missed the final few games with a fractured leg, and the flow-on effect from two serious knee injuries in Premis, all saw our depth tested.

Whilst those things were out of our control it was the things that we could control that probably let us down most. The dedication required to remain ahead of the curve in such a tight competition just, quite simply, wasn't there. Pre-season attendance was average at best, and training throughout the year continued to be attended by a smallish core of a dozen or so players – simply not enough to see the required improvement in fitness, skills, and match-day tactics.

One thing we certainly did not lack was a desire for travel!! The group as a whole managed to sneak in holidays all over the world visiting such places as Austria, Czech Republic, Croatia, Cuba, England, Germany, Hungary, Iceland, Italy, Japan, Mexico, Netherlands, Scotland, Singapore, Sri Lanka, Spain, Turkey, USA and Echuca! – alas these holidays all were taken throughout the season and with an average of 4 players away every week it was just more pressure on the talent pool of an already stretched squad.

I suppose the most frustrating part of the season was, despite all of those factors, we still managed to remain competitive for the majority of games. We were only on the end of a couple of blowouts, and many of our losses would see us right in a match for a half or ¾ of the game only to be let down by a poor 15-20 minute period where we would let the game go, rather than being outplayed by the opposition. One can only wonder what could have been...?

Whilst I have painted a fairly grim picture, the season was not a total write-off and there were numerous bright spots that must be celebrated, none brighter than the performances of Anthony Brawn and Sebastian Parker.

I defer to Gus McKernan here, but I don't recall too many ex First Grade Captains happily spending their twilight years running around in Reserve Grade, and one stat that I know to be true is that this year was the first time that two ex Premiership Captains played together for a season in the '12 Noon' match! Whilst their skill and expertise was duly recognised in the B&F voting, what shouldn't be overlooked was the positive effect of

having these two legends of the club running around in Reserve Grade, for the rest of the playing group. With such a young group this year we desperately needed the leadership that Seb and Brawny delivered, both by word and by their actions. Generals in their respective areas of the ground they continually barked out instruction and direction, providing an education that simply cannot be taught by any coach on the sideline. If their standing in Club history didn't already command respect, the way they both dominated the game and inspired the young men to follow and put their heads where they may not have otherwise dared. Whilst these two veterans may not fully appreciate the tremendous impact they had on the team this year; I certainly do – the group as a whole were better for playing alongside you.

The other clear highlight was watching the growth of the young, less experienced players that were afforded opportunities throughout the year. With a big crop of graduating U19's coming through, it was always going to be interesting to see which of them could make the big jump to all-age football and I think we can safely say that the future looks very promising. Campbell Luscombe, Lukas De Vries and Jordy Rene lived up to their reputations as very good players, consistently in our top 5 and, come next year, really should be aiming for Premis football.

But for me it was that next rung of players (and I say that with no disrespect intended) that impressed the most.

For Maine Vidler, Kiz Coaldrake and Mitch Trenaman 2016 was nothing short of incredible. Starting the year as fringe players whom, more than likely looking at playing in Thirds and maybe getting a handful of Div 1 games, all three of them grabbed the opportunity when promoted, and became key members of the Div 1 side. Cian Furlong, Jackson Preedy, Nate Mace and Brett Thompson also impressed - stepping up and showing signs of a promising future. I must give a special mention to Cam Dunn who, in his first year of football, played a couple of games with us and didn't look out of place. As a Coach, it is players, such as Cam, who make the role so enjoyable with his thirst to learn and love for the game (ok his ridiculously deep voice is pretty impressive as well!!)

The Award Winners

Best & Fairest – Anthony Brawn

Another great year by the stalwart. Brawny produced yet another stellar season winning his second B&F in three years and showing the young pups that age does not weary sensational talent. Often a lone hand up forward, had it not been for Brawny the season could have been a damn sight uglier. My personal sounding board and a mentor to all his teammates, his leadership skills were essential in a tough year. May have even dropped a short size down to a pair of 36's towards the back half of the season. Leonie will be most pleased.

Runner-Up – Sebastian Parker

The old timers filled the quinella this year with Seb having a similarly fantastic season. His ability to read the play off the half back flank was un-rivalled, blunting opposition attacks at will and then turning defence into attack with centimetre perfect delivery by foot. Highlight of the year was his 200th where he tore it up playing through the middle and kicked 3 goals.

Most Consistent – Maine Vidler

Raw as they come, Maine came out of the U'19s with buckets of athleticism and an appetite to learn the game. Despite having only a



couple of seasons under his belt he was promoted early from Div 3 and never looked back. Playing tall or short he could match any opposition forward and no-one could best his endurance. A team favourite, you would not have guessed that the quiet/shy lad who debuted in Rd.3 would soon be the stand-in Captain whilst Gunner holidayed overseas – a role that Maine fulfilled brilliantly and was enthusiastically embraced by the entire side. Having said all that, if they handed out awards for being a 'weird' unit, Maine would have been a runaway favourite.

Best Team Man – Lachlan Vile

Lachy had a disjointed season this year spending time in both First Grade and Div 1, filling in holes for injuries, of which the Club had plenty. Whilst 1st Grade enjoyed his hard-at-it attitude and silky skills, when he came back to Div 1 Lachy seamlessly stepped back into the groove distributing the ball out of the middle with a class that sets him at the very top of our pack. Off the field he is always one of the first to put his hand up for volunteer work (often being stitched up for both Div 1 and First Grade duties) he never complained and certainly is a worthy winner of this award.

Most Improved – Kieron Coaldrake

Having lost both of our starting Ruckmen from 2015, Kieron's height was a welcome addition from the graduating U19's. An absolute gem to coach it was Kiz's intelligence and eagerness to learn that saw him improve literally every game (and training session). Kiz has been one of the few footballers that I have coached that has that rare ability to absorb instructions and put them straight into action on the field. Whilst undersized as a ruckman (in comparison to the rest of the competition) he was rarely beaten and his positioning around the contest improved out of sight - cracking work Kiz!

Coaches Award – Ryan Lepore

A new player to the Club with a dubious background (he was introduced

via Gunner) Leppa as he came to be known slipped into the Penno culture as if he had been around the club for years. On the field he played literally all over the ground, starting up front, running occasionally through the middle and ending the season in the backline. He added some much needed grunt to a side that was a short of blokes who can make a statement at a contest. Off-field, he performed arguably even better, gracing our TV's every Friday night on TAB commercials, first man signed up for Footy Trip and even took the fall for a certain white feathered/yellow striped First Grade coach after an incident involving numerous frothies, a couple of bouncers and an unfortunate misunderstanding... all resulting in a trip to the district tribunal. Congrats Leppa on being a bloody good footy player and an even better bloke.

Last but not least to Wayne, Phil and Greeny – the Three Amigos! I can't believe this is our 5th season together – and once again you have outdone yourselves. Div 1 wouldn't function without your input and, yet again, I thank you from the bottom of my heart.

To the other Coaches, Chris (our Physio) and the Committee once again thank you for supporting us as a group and myself as the Coach.

Granted 2016 was by no measure a success, but it certainly was not a complete write-off. Despite all the injuries, holidays and retirements, Finals remained a real chance right up until the last couple of rounds. More importantly, we discovered some talent in what was a very young group, that with the lessons learned now know what is required to be part of the most competitive division in SFL and can all look forward to a very bright future.

Jason Clarke

Division One Coach



Division One

Division Three Team Awards



FRANK PICCOLO TROPHY

ADAM DALLAS

Runner Up Best & Fairest	Regan Pinker
Most Consistent	Jackson Preedy
Best Team Man	Fraser Nixon
Most Improved	Timothy Acheson
Coaches Award	Scott Brain
Best Finals Player	Jack Leedham
Footballer of the Year	Jackson Preedy
Players' Player - 'Telfs'	Nathan Breen
	Adam Dallas

DIVISION THREE BEST & FAIREST TOP TEN

Adam Dallas	58
Regan Pinker	51
Jackson Preedy	51
Scott Brain	40
Jack Leedham	37
Cian Furlong	34
Nathan Mace	34
David Smith	34
Harry Angel	30
Stewart Hodges	29

2016 MCFARLANE MEDAL

Nathan Breen	21 votes
Pennant Hills Demons	

2016 LEADING GOALKICKERS

Fraser Nixon	51
Josh Mott	43



Adam Dallas - Best & Fairest Winner

2016 DIVISION THREE STAFF

Coach	Nathan Breen
Team Manager	Michael Trenaman
Captains	Danny Strange David Smith

DIVISION THREE LADDER AT THE END OF 2016 HOME AND AWAY SEASON

Division Three	P	W	L	D	For	Agst	%	PTS
Pennant Hills	18	17	1	0	2037	561	363	68
Wollondilly	18	16	2	0	1710	639	268	64
Nor-West Jets	18	12	6	0	1607	864	186	48
Campbelltown	18	10	8	0	1297	1235	105	40
Penrith Rams	18	8	10	0	1057	1460	72	32
Balmain Tigers	18	5	13	0	958	1567	61	20
H-P Goannas	18	4	14	0	949	1537	62	16
East Coast Eagles	18	0	18	0	522	2274	23	0

2016 2nd Semi Final

Henson Park, 28th August

Pennant Hills	13	8	86
def Wollondilly	6	6	42

2016 GRAND FINAL

Blacktown ISP, 10th September

Wollondilly	12	3	75
def Pennant Hills	6	9	45

Division Three Coach's Report



The 2016 season was over in a flash and after 20 games Pennant Hills had registered 18 wins, 2 losses and 2,168 points. This tally surpassed 2015 by 8 wins and over 800 points. Pennant Hills returned for another season of Division 3 footy and strung together an impressive season. We finished Minor Premiers in a year when our on-field dominance started from the very first ball-up.

After two failed finals campaigns in 2014 and '15, we were more determined than ever to play in a Grand Final. In Round 1, a 176 point demolishing of East Coast Eagles, a team we failed to beat the previous season, saw the Demons get the ball rolling in 2016. We would make it to 14 consecutive wins before our first stagger in a tough away game at Wollondilly and along the way Penno set the bench-mark for the competition.

The first real test was against Nor-West in Round 5. In recent years the Demons vs Jets clash has been somewhat of a rivalry round in lower grade footy. Neither team like each other and games are always physical and competitive. Penno walked off with a hard fought 12-point victory thanks largely to Fraser Nixon (3) and Cian Furlong (2) kicking 5 goals between them and Dave Smith having a blinder.

The next round was a home game against Campbelltown who at that stage were 4 and 1. Going into the game we were wary of the Blues, knowing they were a 1st grade side and were new to the competition. A 9 goal first quarter snuffed any chance they would have for the game and with our big three – Nixon (4), Mott (4) and Watts (3) adding 11 goals for the Dees - the Blues looked more like a development side than a Top 4 prospect. First year player Cameron Dunn loved the in-and-under footy and provided first-use to the more skillful Demons all day.

As skipper Dan Strange said, we were running up cricket scores against the lower ranked sides, proving the eagerness to perform was there for every game. Round 7 saw Fraser Nixon kick 8 in a game on his way to a season total of 51 goals (from 16 games). Round 8 saw a bag for Josh Mott (5) and Timmy Acheson rebounding fluently off halfback and Round 9 saw the two power forwards battle it out with Josh kicking 7 and Fraser 5 for the day, all the while Joely Cousens, our adopted U/19, dominated off the half back line. Rounds 11-13 saw consistent performances from our resident 1st grader Harry Angel and he was ably assisted by Jack Leedham and ball magnet Adam Dallas as Penno racked up win after win. Fraser would add another 19 goals in 4 games before being called up to Division 1 and suddenly Penno were left reeling for players as 'festival' season struck.

Our round 14 and 15 games were not the toughest on paper and both opponents we had already convincingly beaten during the season. They were however two of my prouder moments as coach. With a large number of player absences in higher grades, Penno was forced to take only 30 players to cover both Division 3 and 5 matches in consecutive away rounds against Campbelltown and Penrith. We had more blokes doubling-up for two matches than ever before! Whilst the scoreboard indicates pretty comfortable wins, those that were there will attest to the commitment and sacrifice made by all the boys in this combined squad.

Michael Cousens led all-comers at Monarch as injury struck and rotations ceased. Leo Nunn stood up kicking 13 goals for the day (6 in Division 3 & 7 in Division 5!) and Nick Baglin chipped in with 3 majors, despite already having played four quarters in the previous Division 5 match. Penrith would see a tighter, tougher battle with Penno only being able to break away in the second half as Stewie Hodges' class became too much, bombing one from 50+ to seal the deal. Mitchy DeVries rucked a second game and with Brando Buyink smashing blokes till the end of his 8th quarter, both proved to be pivotal in the final result. These two games

showed the great resolve these two teams had – in a season that looked easier than it actually was, the squad came together to represent the Demons and walked away 4 from 4 in two difficult road trips.

The next round was a catch up game against Wollondilly and would be the only blemish on Penno's home and away record. Despite enjoying the services of first graders Aaron Crisfield and Sam Widmer, filling in on their returns from injury, the atrocious conditions (the ground was a slippery quagmire and there was a gale blowing ... literally!) suited the home team better. Penno had plenty of the ball but were unable to capitalize going down to the undefeated Knights by 11 points in a low scoring affair ... 4-9-33 to 6-8-44.

Round 16, Back to the Ern, saw a great celebration for the Club as Penno sliced and diced Balmain kicking 27 goals. Nathan Mace must have bought his own footy that day as he kicked 5 'sausage rolls' and would have easily had 25 touches. The wounded Demons were back on track.

The end of the season saw four very tough games that we had put in the cross-hairs from a long way out. Wollondilly at home, Nor-West away and then two finals, both, as it turned out, against Wollondilly, including the Grand Final. In fact, in the space of six weeks, we played the Knights on four occasions. Penno would extract their revenge against the Knights in the return game at MKO getting up by a goal, thanks largely to a huge defensive effort from Riley Miedler, Nick De Gorter, Ben Hooper and hard-ball specialist Adam Dallas. Evan Danilo was able to kick the game winner, but don't tell him that? Nor-West at Richmond proved again to be a tough game with player numbers at a premium. The Dees would do enough to stay in the game before kicking away in the 3rd quarter thanks largely to Cian Furlong and Cody Stucker.

After 18 rounds Pennant Hills 3rd grade were crowned Minor Premiers, 17 wins, 1 loss.

The first final played at Henson was arguably our best performance of the year. A clear day and a good track greeted the Dees and with the knowledge that a win over the Knights would put us straight through to a Grand Final, every player played their role to a tee and Penno were 44 point victors. The class of Cody Stucker, Harry Angel and Regan Pinker would be too much for the Knights as they were relegated to a Prelim Final the following week. Penno's performance had been polished and precise, but maybe, just maybe, a tighter tussle would have kept our boys sharper,

Despite everything appearing to be in our favour, Grand Final day would not go according to plan. Penno allowed Wollondilly to get the jump on us early and, perhaps due to nerves or the occasion, we panicked with our ball use. Without the clean, crisp touches we had been used to, Penno fell further and further behind in the game and at half time looked to be really struggling to gain any sort of momentum. Every time we would kick a goal, the opposition seemed to be able to match it and as such went into the ¾ time huddle needing a miracle, some 39 points in arrears. With that in the front of our minds Penno set about dismantling a side that had been far too strong for 3 quarters of footy and kicked 3 goals 3 to nothing to suddenly trail by only 18 points. With time against us, Wollondilly was able to get one against the flow of play, which we then knew would be enough to get them home. To the Dees credit, we played out the full game and were not run over in defeat ... eventually losing 6-9-45 to 12-3-75 ... 15 scoring shots each. Jackson Preedy who rucked all year for the 3's showed just how skillful he is both in the air and at ground level to be Penno's best that day.

A bitterly disappointing end to an impressive season, but it is not the end that I remember. The things that really impressed me were watching a



lower grade side playing well above itself, the swift ball movement from end-to-end and the feeling of the song we sang after 18 games. It's the knowledge that we were the benchmark team for the whole season, and that is not easy to do. We might have gone home without the medallions but we played an exciting brand of footy for most of the season. We got better and better as the season progressed and we showed we were somewhere that aspiring footballers and blokes who just love a kick can play together. We had 60 players go through 3rd grade footy this year, and every one of them found a way to be a hero when they needed to be. The players make my job as coach fun and always eventful. You all played without complaint and represent the Demons with pride and distinction. Congratulations on a fine 2016.

Best and Fairest: Adam Dallas— With this his first full season in 3rd grade, Dal slotted straight into the side without issue. He started as a backline player, but soon found himself as a starting on-baller. Adam's ability to have first possession at a contest is second to none and his willingness to work off the ball allows him to get around the ground unobtrusively. Adam's greatest asset is clean, quick hands, bringing team-mates into the game. He is a popular player and worthy winner of the B&F award.

R/U Best and Fairest and Players and Player: Regan Pinker —Pinks was R/U B&F after playing only 9 home and away games for 3rd grade this season. His ability meant he was called-up for duty in higher grades, before settling back into the 3rd grade finals set up. Regan is a classy midfielder, who creates time and space for himself with the footy. He is an excellent decision-maker with the footy in hand and always puts team structure and performance ahead of his own. He managed to be in the 'best on' 6 out of 9 occasions he played 3's.

Thanks

To Nick Baglin and Donny Ollington, the Division 5 coaches, we created a fantastic squad feel this year. Thanks for your help coaching and congratulations on your well deserved premiership. To Simon Breen, David Pinker, Josh Mott and Glenn Gunstone, at some stage during the

year, you all had to make sense of my rotations and were able to run my board fantastically. To the committee for giving me the opportunity to coach, and to keep this great side on the park. To Michael Cousens, for helping me greatly, whether it was discussions around selections, running my board, coaching the side, your invaluable words of wisdom or in fact pulling on the boots and playing, I thank you. To the physio's who turned up all across Sydney, but especially to Jason who was with us for most of the year. The boys and I appreciate what you do to ensure we can stay on the park.

Lastly, I would like to make special mention of three people whose contribution to the team was indispensable. First, to Josh Mott, we would spend a week talking footy only to get to Friday night and have to start all over again. You were my sounding board, but most of all you were someone that I could lean on to lend assistance whenever I needed it. Secondly to Michael Trenaman, you held the coach and the team together from Thursday night through to Saturday afternoon each week. No request was ever too difficult for you and the jersey's and balls were always washed and pumped. Even when your son, Mitch, got promoted to Division 1 early in the season, you selflessly stayed with Division 3 and supported the side with your impeccable organizational skills. You finished the season as much a part of this team as any player and I am very grateful to have such an amazing man at Penno. Finally, to Al Gardiner, Al was our club umpire each week and did so without bias or prejudice. Knowing we have an umpire for every game, whether it be at Penrith or an early start at Mike Kenny Oval, makes my life so much easier. You provided me with insights into the game and by the end I am sure even you had a vested interest in the final result. Like Michael T, you were as much a part of this team and my Saturday's as anyone else.

Thank you again everyone and remember Every Heart Beats True. See you in 2017!

Nathan Breen
Division 3 Coach



Division Three

Division Five Team Awards



BEST & FAIREST

NICHOLAS BAGLIN

Runner Up Best & Fairest	Carter Mullins
Most Consistent	Matthew Miles
Best Team Man	Jeff Hardman
Most Improved	Brandon Buyink
Coaches Award	Drew Burden
Best Finals Player	Scott Brain
Players' Player - 'Doaks'	Carter Mullins

DIVISION FIVE BEST & FAIREST TOP TEN

Nicholas Baglin	67
Carter Mullins	54
Brandon Buyink	47
Aaron King	40
Alexander Huggins	37
David Owen	32
Nicholas Stephens	31
Riley Miedler	30
Jack Stephens	29
Michael Baglin	27

2016 APTED MEDAL

Casey Wenselowski	24 votes
Nor-West Jets	

Pennant Hills Best

Nicholas Baglin	14 votes
Carter Mullins	14 votes

2016 LEADING GOALKICKERS

Drew Burden	44
Leo Nunn	30



Nicholas Baglin - Best & Fairest Winner

2016 DIVISION FIVE STAFF

Co-Coaches	Nicholas Baglin Donald Ollington
Team Manager	Owen Baglin
Captain	Nicholas Baglin

DIVISION FIVE LADDER AT THE END OF 2016 HOME AND AWAY SEASON

Division Five	P	W	L	FF	For	Agst	%	PTS
Pennant Hills	16	15	1	2	1845	385	479	60
UNSW/ES Bulldogs	16	13	3	2	1571	453	347	52
UTS Bats	16	11	5	3	1183	785	151	44
Nor-West Jets	16	11	5	1	1417	1039	136	44
Sydney University	16	10	6	0	1163	901	129	40
Macquarie Uni	15	9	6	2	1127	842	134	36
Balmain Tigers	15	7	8	0	932	1127	83	28
Campbelltown	16	6	10	2	847	1239	68	24
Penrith Rams	16	5	11	1	939	1444	65	20
Camden Cats	16	4	12	0	778	1442	54	16
H-P Goannas	16	2	14	1	546	1485	37	8
South West Sydney	16	2	14	0	327	1533	21	8

2016 2nd Semi Final

Henson Park, 21st August

Pennant Hills	13	6	83
def UNSW/ES Bulldogs	10	8	68

2016 GRAND FINAL

Blacktown ISP, 4th September

Pennant Hills	10	8	68
def UNSW/ES Bulldogs	8	9	57



Season 2016 has been a hugely successful year for Division 5. The goals we set for ourselves at the start of the year were, to provide a game to everyone wanting to have a run around at our fantastic club, to play finals and go as deep as we could with the best team possible. To quote the Club's Head of Coaching, Michael Cousens, Division 5 "achieved the right balance between aspiration and participation." We played 53 players throughout the season, all whom were very much a part of the team and its success this year.

To win a premiership in only our second year in the competition has exceeded all expectations. We have been fortunate enough that this year the Club was in such a strong position both on-field and off-field and Division 5 reaped the rewards. With a good crop of former under 19s coming through and strong player retention from the previous season, Division 5 was able to field a strong team each week. To only drop one game throughout the year, season 2016 has been a huge success.

Every week the team that took the paddock was different. The resilience of the side to be able to constantly get up and win each week along with the development and improvement of our new players has been the most pleasing aspect. The quality of football played each week is what was able to get us in a position to challenge for not only the Minor Premiership but to win the Flag.

Training attendance is something we need to improve throughout the season (coaches included). To contend next year, likely in a higher grade, as a group we must ensure our standard and attendance at training improves.

Highlights for season 2016 don't get any better than winning the Grand Final and, what's more, only losing one game along the way. However, what is also pleasing was the resilience of the squad. A mid-season holiday exodus meant that we only had 14 players available for consecutive weekends. However, with the help of a few fill-ins from

Division 3, we were able to get two crucial wins on the board that enabled us to stay ahead of the pack and become eventual Minor Premiers.

A HUGE thank you to the Committee for your support, both on and off the field. Your patience with and support of the Division 5 squad is greatly appreciated. It is a huge task to get all teams on the park each week and from a coaching perspective we thank you for allowing us the opportunity to coach in 2016.

Owen 'OBags' Baglin, we thank you for putting your hand up this year to manage. As coaches, not having to worry about any match-day paperwork, from Thursday night at team selection to the moments before the game, without your excellent organization and logistics, the success of the team would not have been what it was.

To our resident flag bearer this year, Graham 'GBags' Baglin, you always put your hand up to wave the flags each week, so a huge thank you for your support. To our 3 junior water runners, Liam, Jasper and Finlay, every player to take the field this season thanks each of you as we could not have gotten through all the games without having you boys there to run water.

A massive thank you to the Demons Community for rallying together each week to not only support us from the sidelines but also in terms of helping out with providing a Club umpire and any other match-day duties to help us get on the park each week.

Finally to Gunner, Cuz, Yardy, Jason, Boxy and Trent, thank you for your support and guidance to both of us throughout the year. Your willingness to be involved and take time out of your schedules to help us this year was one of the defining factors in our success.

Nick 'NBags' Baglin & Donnie 'Sir Donald' Ollington
Division Five Coaches



Division Five

Under 19 Division One Team Awards



LENNY HAYES TROPHY

Runner Up Best & Fairest

Most Consistent

Best Team Man

Most Improved

Coaches Award

Best Finals Player

Golden Fist Award

Players' Player - 'Paddy'

SAM HOWARD

Nicholas Eynaud

Jesse Vidot-Coleman

Michael Fiedler

Joel Cousens

Anthony Johnston

Harry Rivers

James Carroll

Isaac Pearson

Sam Howard

U/19 DIVISION ONE BEST & FAIREST TOP TEN

Sam Howard	63
Nicholas Eynaud	58
Jesse Vidot-Coleman	58
Josh Boag	55
Patrick De La Mare	47
Michael Carroll	39
Harry Rivers	39
Matthew Preen	38
Derrick Visser	33
Kieren Briggs	32

2016 KEALY MEDAL

Jack Buckley	22 votes
UNSW/ES Bulldogs	

Pennant Hills Best

Jesse Vidot-Coleman	17 votes (3rd place)
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2016 LEADING GOALKICKERS

Matthew Preen	33
Michael Carroll	15



Sam Howard - Best & Fairest Winner

2016 U/19 DIVISION ONE STAFF

Coach	Trent Roddan
Assistant Coaches	Mark Carroll John Preen
Team Manager	Phillip Moraitis
Co-Captains	Joel Cousens Aidan Russell

U/19 DIVISION ONE LADDER AT THE END OF 2016 HOME AND AWAY SEASON

U/19 Division One	P	W	L	FF	For	Agst	%	PTS
North Shore Bombers	16	15	1	1	1563	448	349	60
St George Dragons	16	13	3	1	1394	675	207	52
UNSW/ES Bulldogs	16	10	6	0	1109	984	113	40
South Coast Thunder	16	9	7	1	1146	844	136	36
Pennant Hills	16	9	7	0	1120	902	124	36
Sydney University	16	8	8	0	1099	1109	99	32
Camden Cats	16	3	13	0	715	1514	47	12
Manly Warringah	16	3	13	0	485	1495	32	12
East Coast Eagles	16	2	14	0	751	1411	53	8

2016 Elimination Final

Blacktown ISP, 28th August

Pennant Hills	11	11	77
def South Coast Thunder	8	5	53

2016 1st Semi Final

Henson Park, 4th September

Pennant Hills	9	8	62
def St George	4	11	35

2016 Preliminary Final

Blacktown ISP, 11th September

UNSW/ES Bulldogs	12	8	80
def Pennant Hills	5	12	42

2016 GRAND FINAL

Blacktown ISP, 17th September

North Shore Bombers	15	8	98
def UNSW/ES Bulldogs	10	7	67

Under 19 Division One Coach's Report



Well, what a year 2016 turned out to be!

After assisting four different U18/U19 coaches in the 6 years since joining the Pennant Hills footy club, it was finally my turn to steer the ship (which definitely made for some sleepless nights, hoping I was up to the task). David Pinker had done a great job in the preceding three seasons, including winning a flag in 2013, and I just hoped I learned enough from him not to bugger things up!

I knew from watching those before me that coaching was more about bringing together a group of people with the right skills and strengths that can work with you and that share the same vision for the team. I knew there were areas that I was not strong in, and in the months leading up to being appointed coach I thankfully received many offers of assistance. In the end, I was lucky to have the help of Mark Carroll and John Preen as assistant coaches which was so important in getting us as far as we did (and keeping me sane).

I also had amazing support from the club, especially from club Super Coach Michael Cousens, with his weekly review of how I was going with my coaching, but more importantly with his guidance on how the team and player development was progressing. This support was a great sounding board for me, and a valuable source of advice for me during the year for which I am very grateful.

Where it began ...

Ten long months ago I decided that I would give myself four objectives for the season ahead:

- 1 - win more games than we lost
- 2 - make the finals
- 3 - try not to get knocked out of the finals in round 1
- 4 - reach the GF.

These targets were perhaps somewhat ambitious considering what lay ahead, but we did manage to achieve 3 of the 4 from the list, so even though it still hurts that we tripped at the final hurdle in the Preliminary Final versus UNSW, I'm nonetheless happy to call this season a success!

With Under 19s the pre-season begins well before the rest of the club, as a number aspiring players prepare for Academy trials, U18s Rams and TAC Cup trials that commence early in the New Year. An early start to pre-season is also a great way to bring in some of the new players from other sports that are transitioning to try AFL, and also to start working with some of the players that have graduated from the U17 feeder clubs at Westbrook, Pennant Hills and Hornsby.

We toyed with the idea of fielding a second Under 19s team and Rod Miles put his hand up to assist as the Division 2 coach, with Phil Moraitis as his manager, but unfortunately the number of new recruits required to confidently commit to two sides fell short of expectations. We ended up with 3 or 4 players less than we had last season. Having seen how difficult it was at times to field a second team some weeks in the previous season, we reluctantly made the decision to only run the one Under 19 side in 2016.

This then presented a whole new set of challenges. With a squad of approximately 40 players to fill 22 spots each week, we were conscious that all players that registered with the club should get to play enough footy to enjoy the year. As such we implemented a rotation style approach to team selection to ensure that players got their fair share of

game time through the season (my apologies to any player that didn't feel this was the case).

We also had to consider that we were competitive each week by selecting a strong side. We knew that the usual injuries would creep in, and as always rep footy duties would take its toll (the curse of being a successful development club). This inevitably meant there was considerable churn within the team from week to week, so creating a structured team with familiar players in consistent positions was near impossible. But to the credit of the players they all stepped up to the challenge. Managing the balance between everyone's expectations about game time and maximising competitiveness was at times challenging, but I think we did it quite well by season's end.

For those that are unaware, the Pennant Hills club splits the two academy regions for Swans and Giants. This means that a Pennant Hills U19s team can have players that are involved in any of the following separate teams or playing groups at various stages through the season:

- U17s Club
- U19s Club
- Prems Club
- Div 1 Club
- Swans Academy Rep
- Giants Academy Rep
- U16s NSW State
- U18s NSW State
- U18s TAC Cup RAMS
- Swans NEAFL
- Giants NEAFL

Whilst this is a great way for our players to gain valuable exposure to higher level football, it means we rarely get to train as a full Under 19 group. So to assist the players we tried to come up with a simple consistent game plan and style of play that reflects the most common elements of each of the teams players might be involved in, so that when they returned to our Under 19 playing group they would slot in without much disruption to the team.

The coaching group also decided early on that we wanted to make this team as self-sufficient as possible. So with the risk of letting the "lunatics run the asylum", it was decided to have 2 co-captains supported by a large leadership group.

Most importantly, the leadership group were encouraged to be very open with how they felt the coaching group was going with supporting them as players to get the job done.

This sometimes lead to heated discussions, but ultimately I feel this supportive style of player management is the best way for young group to learn, develop, and take charge of their own destiny both on and off the field, getting them ready to roll up into senior footy as thinking players ready to adapt to whatever is thrown at them.

As I mentioned earlier I felt the season itself was a success, as we won 9 games during the regular season and lost 7, which allowed us to scrape into the finals from 5th spot on the ladder. Highlights for the home & away season included:

- Beating East Coast Eagles twice ... I love beating East Coast at any level!
- Beating St George on a wet Old's Park.

Under 19 Division One Coach's Report



- A six goal last quarter to run over the top of Sydney University in Round 7
- Demolishing a struggling Manly side by 169 points.

North Shore, the eventual winners, were the dominant side all season and, after a bad loss in Round 6, we were much more competitive in the return match at MKO in Round 13, although we still lost.

We then won the first two finals games beating South Coast and St George, only falling short in the Preliminary Final against UNSW. Going into the prelim we had won the previous 5 games, and I think that we were all just expecting that we would walk through this one as well.

We have some great talent in the U19 squad, and based on player interest from the graduating U17 players from our feeder clubs we should be in a position to again field two U19 teams in 2017.

I would like to thank everyone who assisted the U19s group this season, and especially the U17 Coaches who allowed us to borrow some players to top up our side as needed. Without this support we would not have been able to field full teams each week or reach the finals.

Thanks to Andrew Sayers the club video guy, who allows me to have each game filmed through the season which I feel is one of the most valuable coaching tools we have for player development.

A special thanks to the following people who trusted in my vision for the team, and allowed us the freedom to follow it through:

Mark Carroll - Assistant Coach
John Preen - Assistant Coach
Phil Moraitis - Team Manager
Brooke Hile - Team Physio
Michael Cousens - Club Super Coach
Glenn Gunstone - VP Football

Finally thanks must also go to the Club Committee. Without the hard work of this dedicated group of "Penno tragics" we wouldn't have a club, it's that simple! So to all involved a huge thank you from the entire U19 coaching and playing group.

Bring on season 2017

Trent Roddan
Under 19s Coach



Under 19 Division One

Women's Division One Team Awards



BEST & FAIREST

Runner Up Best & Fairest	Alexandra Wade
Most Consistent	Kiera Fisher
Best Team Person	Ellie Jones
Most Improved	Jessica Wood
Coaches Award	Eleanor Rugg
Players' Player	Alexandra Wade

MIKAELA MAHONY

WOMENS DIVISION 1 BEST & FAIREST TOP TEN

Mikaela Mahony	78
Alexandra Wade	74
Kiera Fisher	63
Andrea Roditis	59
Ellie Jones	58
Laara Lewis	52
Brianna Keyes	49
Elicia Davis	34
Eleanor Rugg	29
Erin Cheek	27

2016 JAMES MEDAL

Carol Breen	26 votes
UTS Shamrocks	

Pennant Hills Best

Andrea Roditis	12 votes
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2016 LEADING GOALKICKERS

Kiera Fisher	6
Emily Guff	6
Laara Lewis	6
Taylor Webb	6

2016 WOMENS DIVISION 1 STAFF

Coaches	Daniel Fiedler Todd Williams
Team Manager/Runner	Allen Abbott
Co-Captains	Ellie Jones Eleanor Rugg

WOMENS DIVISION 1 LADDER AT THE END OF 2016 HOME AND AWAY SEASON

Women's Div 1	P	W	L	FF	For	Agst	%	PTS
UTS Shamrocks	13	13	0	1	1408	131	1075	100
Wollongong Saints	14	13	1	2	1171	116	1009	92.9
Western Magic	12	9	3	0	1016	296	343	75.0
Penrith Ramettes	14	10	4	1	848	428	198	71.4
Manly Warringah	13	9	4	1	645	486	133	69.2
South West Sydney	14	6	8	0	476	802	59	42.9
Newtown Breakaways	13	5	8	0	385	574	67	38.5
Pennant Hills	14	5	9	0	499	654	75	35.7
UNSW/ES Stingrays	13	2	11	0	182	832	22	15.3
Wollondilly Knights	14	1	13	0	115	1236	9	7.1
Campbelltown Blues	14	1	13	0	55	1245	4	7.1

2016 GRAND FINAL

Blacktown ISP, 4th September			
UTS Shamrocks	5	5	35
def Wollongong Saints	3	2	20



Mikaela Mahony - Best & Fairest Winner

Women's Division One Coach's Report



In the inaugural season for Women's Division One, our hopes were to attract sufficient women, who may or may not have previously played or even watched AFL, but had an interest in trying something new or simply to play in a team sport with their mates. Before the season started we had a trial match against Western Magic which set the benchmark for the rest of the season, but at the cost of potential team captain Mel D'Archy being sidelined through injury for the entire season. As we were one of three new women's teams in the Division One competition, the Sydney AFL predicted us to finish 10th (i.e. second last!) However, hopeful of defying this lowly prediction, our Round 1 performance against Manly, although we lost in a close contest by only 19 points, provided a clear indicator that we weren't going to be the push-over that people thought. At this point the girls were still fresh off a couple of months of training, and with the goal set to play finals footy, we had a tough run but had the potential to finish in the top 5.

Throughout the season we fielded a total of 27 players, ranging in ages from 16 years (Taylor) to a couple of thirty-somethings (who prefer not to be named). We only had 2 players who had played an AFL game previously, but had many former representative players come from soccer, touch footy, netball, European handball and softball. The experience of players from other sports really helped bolster the team's variety of skills, which undoubtedly improved every game for every player. Co-captains Eleanor Rugg and Ellie Jones were selected by the popular vote of their team-mates and both led from the front and inspired the whole team throughout the season.

The team's first win came in just round 2 against a new Wollondilly side. Given the newness and inexperience of our side, this result was really nothing short of amazing. Not only was the team playing away in the bush (Hannafoord Oval in Wollondilly) but the opposition had much sideline support from the locals including the boys from the Knights Division 3 side. Penno kicked 11 goals to 4 and won by 42 points, an incredible effort under the circumstances. Despite what appeared to be a comfortable win, we still had much to learn and skills to improve if we were to make finals, but our confidence, ball running and skills were growing. The celebrations for each goal were a highlight during the game, and indeed throughout the season, with many girls flailing their arms or just jumping and screaming for joy, which gave us all on the sideline a good laugh and a warm proud feeling. Ellie Jones, Jessy Coulson and Emily Guff provided the most memorable celebrations, in particular one from Ellie which was witnessed by the Club Captain (and Ellie's partner) Tom Angel, who could only shake his head.

From the moment we got our first win, all the way to our fifth win, we had improved our ball skills and positional play greatly, but just couldn't quite grasp the tune of It's a Grand Old Flag, much to Melbourne fan Bronte's annoyance.

One thing that really got the girls enjoying their footy a lot more though, was the support from the entire club, which was just outstanding from day one. Throughout pre-season and the main season we had help and support from everyone in the club whether it be players, coaches, managers and supporters. All of this support did not go unnoticed and the girls are very thankful for everyone making them feel so welcome, especially as they joined and were accepted into all of the club events. I won't go into any of the details, but it's safe to say they loved every second of the social aspect with large numbers turning up to every event. There's no doubt that the girls can party as hard as the boys!

By round 11 we had given ourselves a chance to make finals, positioned 6th at 5 wins and 6 losses, with 3 games left to play, and having Manly (coming 5th) next game. We had done all the hard work up to this point, but with a tough draw left, as well as numbers of the girls slightly

dropping because of injuries and holidays, it was going to be an uphill battle.

Our best win of the season came through flogging South West Sydney, who were placed equal with us at the time, keeping them scoreless at 83-0. This game allowed me to change up some of the girls' positions, which saw Kiera and Alex, two solid half backs who never wanted to play up front, get goals and showed that the players were more versatile than they had previously thought.

The key for this team going that one step further next year, is being able to get numbers to training and to develop and further work on game structures, some of which were introduced by fill-in coach, Todd Williams. Our generally floundering showing at training, in particular towards the end of the season (with many of the girls going on overseas trips, a few injuries, and having birthday parties without inviting anyone from the team), was a contributor of our failure to make finals this season. However, a testament to the passion of the 14 girls that played the last game against Newtown, who we would've had to forfeit against them, if not for Ellie Jones playing with illness at full-back and Annabel Hoysted on one leg at full-forward.

A few special mentions:

- Todd Williams, who took over my role as coach for a month while I was on my US trip. He put his hand up straight away to help the girls out and really brought something new to the team that was definitely needed. His coaching experience showed straight away as he was organised better than any other coach I have seen (sorry Clarke), and taught the girls so much in relation to positioning on the field and much needed kicking lessons.
- Glenn Gunstone, who helped out immensely throughout the season, both helping coach, umpiring and water running many of our games.
- Jess Taylor, thank you for being our physio all year and getting the girls on the park, having to deal with phantom shoulder problems (also involving Scarlo's untimely comments about how these problems existed), Kiera and Gemma's old age, and a dislocated finger every week. But you did it with a smile on your face and the girls and I all felt that you were a part of the team.
- Finally to the great Allen Abbott, who not just managed our team but was the runner nearly every game, and had to put up with the girls constant love all year (our Facebook group is called Al's Angels). He went above and beyond to make the girls feel included in the club, whether by getting to know them personally, cheering their names from the sideline ("GREAT KICK ALEX WADE") or buying more of their love through the constant shouting of alcohol and being an all-round excellent bloke!
- To Sam and Di Dell'Aquila, who generously sponsored the purchase of the jumpers for the women's team, thank you so much!

Ultimately, we ended finishing 8th, which compared to our goal of making the finals was disappointing, but showed that with more commitment to training and to match day, the team next year would definitely be a finals contender. Overall, from round 1 the girls were simply enjoying themselves and doing the best they could on the pitch, but by the end of the season each girl had improved tremendously and were all mates proudly representing the Pennant Hills Football Club. This development is the most pleasing aspect of our year, for every player was involved and we were able to produce a skilful exciting brand of football.

Go Penno!

Daniel Fiedler

Women's Division One Coach



Women's Division One



Player Records – 2016



OPEN AGE TOTAL	NAME:		First Played	2016	SENIORS	DIV 1	DIV 3	DIV 5	Womens	Under 19	CLUB GAMES TOTAL
327	CLARKE	Jason	1991	18		18					343
320	YARD	Christopher	1989	3				3			320
317	BRAWN	Anthony	1991	14		14					317
209	WRIGHT	Kieran	2006	17	17						209
204	PARKER	Sebastian	1997	12	3	9					240
195	FULTON	James	1996	11			2	9			224
193	DELL'AQUILA	Damian	2004	15	15						207
182	CAREY	Matthew	2003	7	7						217
176	MYERS	Jarrod	1999	15			13	2			203
167	MILES	Ben	2004	14		12	2				179
161	WIDMER	Samuel	2003	13	8	4	1				191
160	WATTS	Robert	2003	11		11					173
158	BARNES	Peter	2007	15		13	2				173
146	BREEN	Nathan	2007	22			20	2			174
146	SMITH	Cameron	2006	15	15						181
137	BAGLIN	Nicholas	2007	17			2	15			178
136	WITT	Daniel	2007	14	13		1				161
133	CRISFIELD	Aaron	2006	13	12		1				146
126	ANGEL	Thomas	2006	17	17						140
126	DALLAS	Adam	2009	17			17				126
122	SMITH	David	2001	16		5	11				142
119	HUGGINS	Alex	2001	7				7			121
117	SHEPHERD	Lloyd	2004	10	9	1					117
117	WIDMER	Ted	2007	16	16						150
106	WALES	Tim	2008	16	16						140
103	TURNER	Luke	2004	14		13	1				133
101	CARTER	Matthew	2006	15		7	8				134
101	STUCKER	Cody	2009	9			7	2			101
100	DANILO	Evan	2009	17			9	8			134
100	NIXON	Fraser	2007	18		2	16				172
97	DE GORTER	Nicholas	2009	20		1	18	1			131
96	ANGEL	Harry	2009	17	3	4	10				151
90	EDIRWICKRAMA	Ranga	2006	13	12		1				102
89	BAGLIN	Christopher	2009	20		8	10	2			123
89	THOMAS	Matthew	2007	14	14						126
82	RODDAN	Trent	2010	6			5	1			82
82	STRANGE	Danny	2008	11			10	1			106
78	MOTT	Joshua	2006	20			18	2			106
76	EDMONDS	Thomas	2010	15	15						110
76	HOOPER	Ben	2000	11			11				89
74	GUNSTONE	Jake	2011	16		15	1				104
74	LOW	Nick	2006	17	11	6					106
73	ABBOTT	Thomas	2011	10		9	1				108
72	VILE	Lachlan	2013	16	5	11					72
71	NIXON	Adam	2009	16		16					106
71	SCARLETT	Matthew	2007	19			11	8			86
71	WRAY	Stephen	2009	17	17						100
69	D'ARCHY	Andrew	2006	12			11	1			99
69	DUNN	James	2012	16	16						77
69	URWIN	Benjamin	2007	5	3	2					96

Player Records – 2016



OPEN AGE TOTAL	NAME:		First Played	2016	SENIORS	DIV 1	DIV 3	DIV 5	Womens	Under 19	CLUB GAMES TOTAL
69	WITT	Patrick	2009	2		1		1			91
66	KERR	Lochlann	2013	18		1	7	10			66
65	MIEDLER	Riley	2013	10		1	5	4			65
59	COUSENS	Michael	2004	10			10				59
58	WOLNIZER	Tim	2004	15				15			58
54	HARE	Jesse	2011	13	11	2					86
54	HARE	Phillip	2013	10				10			54
52	SMITH	Adam	2013	9		7	2				52
51	WATTS	Glenn	2011	10		4	6				51
50	PREEN	Daniel	2013	16	16						71
49	ZIKMAN	Sam	2014	12		12					49
48	MORAITIS	Theo	2012	17	17						77
45	BAGLIN	Michael	2012	15			1	14			45
45	OMISORE	Adam	2013	7				7			45
43	MILES	Matthew	2008	15				15			70
40	HEY	Nicholas	2012	14	10	4					66
39	PINKER	Regan	2011	18		7	11				79
38	HODGES	Stewart	2011	13		4	9				88
36	OLLINGTON	Donald	2014	13				13			36
35	LEEDHAM	Jack	2015	20		7	13				35
34	GOURLAY	Jono	2009	6	6						42
33	ACHESON	Timothy	2011	15			12	3			52
32	JONES	Phillip	2015	15			4	11			32
32	MAYNARD	Craig	2015	16		3	13				32
32	MULLINS	Carter	2014	11				11			32
31	LUSCOMBE	Campbell	2013	16	5	11					75
29	DE VRIES	Mitchel	2012	15			1	14			87
25	HARDMAN	Jeff	2015	15			1	14			25
24	BRAIN	Daniel	2015	8			8				24
24	URWIN	Lachlan	2009	9		9					67
23	COOK	Greg	2015	6				6			23
23	NUNN	Leo	2014	12			3	9			23
23	WHITE	Christopher	2010	7				7			23
22	MACE	Nathan	2013	15		8	7				71
21	THOMPSON	Brett	2013	18		6	12				73
20	COALDRAKE	Kieron	2013	16		16					59
20	COOPER	Nathan	2014	8	8						33
20	RICHARDS	Daniel	2015	8				8			20
20	THARME	Mathew	2015	13				13			20
19	DUNN	Cameron	2016	19		4	15				19
19	GRICKS	Nick	2015	8				8			19
19	RENE	Jordan	2012	16		16					73
19	SHOLL	Richard	2015	5				5			19
18	JOHNSTON	Michael	2015	1	1						18
18	KEOUGH	Bradley	2012	6	1	5					60
18	PREEDY	Jackson	2015	18		5	13				38
18	TRENAMAN	Mitchell	2013	18		14	4				67
18	VIDLER	Maine	2015	18		16	2				37
16	DOWNTON	Adam	2014	1				1			16
16	FURLONG	Cian	2015	16		8	8				22

Player Records – 2016



OPEN AGE TOTAL	NAME:		First Played	2016	SENIORS	DIV 1	DIV 3	DIV 5	Womens	Under 19	CLUB GAMES TOTAL
16	PATTEN	Jack	2015	16	16					3	38
16	STEPHENS	Jack	2016	16			6	10			16
16	STEPHENS	Nicholas	2016	16			6	10			16
15	BRAIN	Scott	2015	15			14	1			34
15	DE VRIES	Lukas	2012	12		12					89
14	BUYINK	Brandon	2016	14			4	10			14
14	LEPORE	Ryan	2016	14		13	1				14
14	STEPHENS	Elizabeth	2016	14					14		14
13	DAVIS	Elicia	2016	13					13		13
13	TATE	Steph	2016	13					13		13
12	BURDEN	Drew	2016	12				12			12
12	COLLIS	Georgia	2016	12					12		12
12	FAGAN	Nicole	2016	12					12		12
12	MAYNE	Bryce	2016	12		9	3				12
12	RUGG	Eleanor	2016	12					12		12
12	WADE	Alexandra	2016	12					12		12
11	BOAG	Josh	2015	11	10	1				5	33
11	COUSENS	Joel	2013	7			7			18	46
11	GUFF	Emily	2016	11					11		11
11	JONES	Ellie	2016	11					11		11
11	KEYES	Brianna	2016	11					11		11
11	LEWIS	Laara	2016	11					11		11
11	MCCHLERY	Jed	2016	11			4	7			20
11	OWEN	David	2016	11				11			11
11	WOOD	Jessie	2016	11					11		11
10	HAMILTON	Laura	2016	10					10		10
10	MAHONY	Mikaela	2016	10					10		10
10	MCGRATH	Loretta	2016	10					10		10
10	PREEN	Matthew	2015	9	6	3				12	43
10	WEBB	Taylor	2016	10					10		10
9	CARROLL	James	2013	8	6	1		1		11	38
9	COULSON	Jessy	2016	9					9		9
9	RODITIS	Andrea	2016	9					9		9
8	ATTWOOD	Olivia	2016	8					8		8
8	CHEEK	Erin	2016	8					8		8
8	DOYLE	Kahlee	2016	8					8		8
8	FISHER	Kiera	2016	8					8		8
7	DANIELS	Cameron	2016	7				7			7
7	GREYLING	Dani	2016	7					7		7
7	HOYSTED	Annabel	2016	7					7		7
7	KAYAMA	Sachi	2016	7					7		7
7	KING	Aaron	2016	7				7			7
6	KERR	Bronte	2016	6					6		6
6	SMITH	Zack	2016	6	6					4	10
4	ELLIS	Andrew	2016	4			2	2			4
4	SKRIVANIC	Luke	2016	4	4					4	8
3	BAGLIN	Zac	2015	2				2			17
3	CLARK	Brandon	2015	3	3					2	12
3	EYNAUD	Nicholas	2016	3	3					10	13
3	GOURLAY	Nick	2016	3				3			3

Player Records – 2016



OPEN AGE TOTAL	NAME:		First Played	2016	SENIORS	DIV 1	DIV 3	DIV 5	Womens	Under 19	CLUB GAMES TOTAL
3	LANGTRY	Paul	2016	3				3			3
2	FRENCH	Gemma	2016	2					2		2
1	DE LA MARE	Patrick	2016	1			1			16	17
1	GERBER	Gareth	2016	1				1			1
1	HOWARD	Sam	2016	1	1					17	18
1	RIVERS	Harry	2013	0						18	52
1	SWINNERTON	Joshua	2016	1				1		13	14
1	WOODWARD	Anthony	2014	0						18	51
0	ALLAN	Christopher	2014	0						18	44
0	ANSON	Will	2016	0						14	14
0	BRIGGS	Kieren	2015	0						9	10
0	BROWNE	Matthew	2016	0						1	1
0	CARROLL	Michael	2015	0						8	11
0	CLAXTON	Ethan	2015	0						17	22
0	COLE	Sam	2016	0						5	5
0	CORBETT	Jed	2016	0						16	16
0	FIEDLER	Michael	2016	0						17	17
0	GREGOR	Harrison	2016	0						7	7
0	JOHNSON	Will	2016	0						15	15
0	JOHNSTON	Anthony	2016	0						18	18
0	MORAITIS	Dominic	2015	0						13	14
0	PEARSON	Isaac	2015	0						19	39
0	PEARSON	Lincoln	2016	0						7	7
0	PEATLING	James	2016	0						4	4
0	RUSSELL	Aidan	2015	0						12	32
0	SMITH	Ely	2016	0						13	13
0	STERN	Joshua	2016	0						14	14
0	TOOHEY	Jack	2016	0						2	2
0	VIDOT- COLEMAN	Jesse	2016	0						17	17
0	VISSER	Derrick	2015	0						5	25
0	WOODHEAD	Jake	2016	0						1	1
0	WOOLLETT	Benjamin	2015	0						14	26

Sydney AFL Medallists

Phelan Medal

Alex Goodall	2014
Kieran Wright	2011
Matthew Carey	2008
Charlie Richardson	2007
Gary Spillane	1988
Mick Toy	1983

Sanders Medal

Hayden Bengier	2006
Doug Scholz	1997 & 1998
Steve Monahan	1993
Paul Woods	1984
Jim Dempster	1982

McFarlane Medal

Nathan Breen	2016
Peter Mathers	1975 & 1976

Armstrong Medal

Alex Huggins	2013
John Rakic	2001
Frank Piccolo	2000 & 2003

Kealy Medal

Lukas De Vries	2015
Dean Connors	2002
Simon Collins	1997
Grant Broderick	1995
Stuart Williams	1988
Brendan Hellard	1980

Rod Podbury Medal

- Best on Grand in Premier Division Grand Final

Damian Dell'Aquila	2015	(Win)
Scott Reed	2008	(Win)
Barnaby Howarth	2000	(Win)
Chris Yard	1996	(Loss)



Nathan Breen & Tom Harley

Honour Rolls



100+ GAMES (Open Age)

Jason Clarke	327*
Chris Yard	320*
Anthony Brawn	317*
Blair Hatherley	242
Rod Miles	233
John Rakic	227
Terry Donohoe	220
Paul Gooley	216
Kieran Wright	209*
Stephen Monahan	208
Matthew McCamey	207
Luke Bilbe	206
Sebastian Parker	204*
Brant Jack	201
Doug Scholz	196#
James Fulton	195*
Damian Dell'Aquila	193*
Trevor Daykin	190
Greg Hume	189
Peter Carey	188
Matthew Carey	182*
John Murray	179
Jarrold Myers	176*
Ben Miles	167*
A (Tony) Hill	166
Greg Hardy	165
Samuel Widmer	161*
Robert Watts	160*
Tim Kenny	159
Peter Barnes	158*
Justin Kerley	157
Craig Hartley	156
Frank Piccolo	154
Danny Ryan	153
Terry J Hill	153
Josh Low	152
Simon Doak	150
Randal Green	150
Danny Cater	149
Alastair Richardson	149
Chris Macdonald	147
Nathan Breen	146*
Gerard Mimmo	146
Cameron Smith	146*
Matthew Hayman	145
Tim Hall	143
Ashley Bell	143
W (Bill) Carey	141#
Gary Spillane	139
Nicholas Baglin	137*
Mick Toy	136
Daniel Witt	136*
Aaron Crisfield	133*
Peter Dixon	133
Alex Goodall	131
Paul Whelan	129
Stephen Cherrie	129
David Power	126*
Tom Angel	126*
Adam Dallas	126
John Goswell	124*
Bruce Higgs	124*
Andrew Ballantyne	123
Ron Van Vliet	120*

Stephen Barratt	119*
Alexandar Huggins	119
Grant Croese	117
Lloyd Shepherd	117
Ted Widmer	117
David Direen	116
Grant Smith	116
Daryl Vella	116
Nick Campbell	116
Todd McKernan	115
Paul Camilleri	114
Warren Miles	113
Stephen Paterson	113
Sam Low	112
Michael Barr	112
Mark Collings	112
Kerry James	112
Eric Joiner	112
Paul Folkard	111
Chris Mahar	111
Tim Young	111
Matthew Gray	110
Peter Mathers	110
Tim Potter	109
Michael White	108*
Warwick Jackson	108
Michael Coen	107
Ken Couchman	107
Tim Wales	106*
Daniel Delooze	106
Greg Barnes	106
John Rae	106
Luke Turner	103
Andrew Buchanan	103
David Thomas	103*
Stephen Edwards	102*
Russell Green	102
Rod Somerville	102*
Mathew Carter	101
Cody Stucker	101*
Peter Cunnane	100
Evan Danilo	100
Hayden Hill	100
Fraser Nixon	100
Robert Reinten	100
Brian Seletto	100
Paul Randazzo	100
Barnaby Howarth	100

* current player
deceased

PHAFC LIFE MEMBERS

1973	Barry Sparks (dec)	(S)
1975	Kerry James	(S)
1976	Ern Holmes (dec)	(S)
1980	Ken MacRae	(S)
1980	Rod Miles	(P)
1980	Danny Cater	(P)
1981	Terry J. Hill	(P)
1981	W. (Bill) Carey	(P)
1982	Greg Barnes	(P)
1983	Warren Quintrell	(S)
1983	Trevor Daykin	(P)

1984	A. (Gus) McKernan	(S)
1985	Greg Hardy	(P)
1986	Chris Macdonald	(P)
1986	A. (Tony) Hill	(P)
1988	Paul Thrupp	(P)
1989	Doug Scholz (dec)	(P)
1991	Gary Spillane	(S)
1994	Stephen Monahan	(P)
1995	Stephen Barratt	(S)
1995	Terry Donohoe	(P)
1995	Stephen Paterson	(P)
1997	Randal Green	(P)
1997	Ken Couchman	(S)
1998	John Taylor	(S)
1998	Ron Dixon	(S)
1998	Lindsay Thomas	(S)
1998	Gerard Mimmo	(P)
1998	Chris Yard	(P)
1998	Paul Gooley	(P)
1998	Justin Kerley	(P)
1998	Michael Barr	(P)
1998	Todd McKernan	(P)
1999	John Murray	(P)
2000	Andrew Ballantyne	(P)
2000	Danny Ryan	(P)
2000	Peter Dixon	(P)
2000	Jason Clarke	(P)
2001	Anthony Brawn	(P)
2001	Tim Hall	(P)
2002	Blair Hatherley	(P)
2003	Frank Piccolo	(P)
2003	Paul Browne	(P)
2003	Alan Brawn	(S)
2004	John Rakic	(P)
2004	Leo Browne	(S)
2005	Colin Huggins	(S)
2006	James Fulton	(P)
2006	Craig Hartley	(P)
2006	Peter Carey	(P)
2008	Barnaby Howarth	(S)
2008	Greg Hume	(P)
2008	Simon Doak	(P)
2009	Ian Parker	(S)
2009	Matthew Hayman	(P)
2010	Tim Kenny	(P)
2010	Josh Low	(P)
2010	Matthew McCamey	(P)
2011	Peter Jack	(S)
2012	Sebastian Parker	(P)
2012	Brant Jack	(P)
2012	Luke Bilbe	(P)
2012	Judy Jack	(S)
2013	Kieran Wright	(P)
2013	Alastair Richardson	(P)
2014	Matthew Carey	(P)
2014	Damian Dell'Aquila	(P)
2014	Peter Campbell	(S)
2015	Jarrold Myers	(P)
2015	Ben Miles	(P)
2016	Peter Barnes	(P)
2016	Samuel Widmer	(P)
2016	Robert Watts	(P)

(S) Service (P) Player



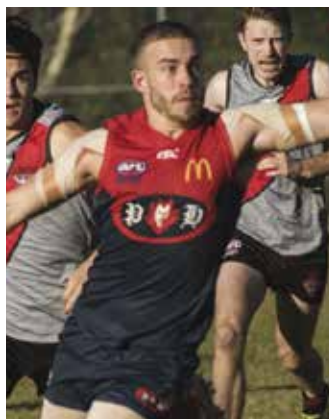
LEADING SENIOR GOALKICKERS

1971	Kerry James	47
1972	Kerry James	51
1973	Kerry James	64
1974	Kerry James	52
1975	Eric Joiner	62
1976	W. (Bill) Renwick	84
1977	Wes Smith	65
1978	A.(Tony) Hill	59
1979	Maurie Gale	38
1980	A.(Tony) Hill	46
1981	Stephen Edwards	78
1982	Stephen Edwards	72
1983	Stephen Edwards	22
1984	Steve Bird	96
1985	David Reed	47
1986	Rob Barrett	86
1987	Ken Couchman	29
1988	Allen Gardiner	69
1989	Allen Gardiner	33
1990	Ken Couchman	27
1991	John Murray	35
1992	David Brown	39
1993	Randal Green	55
1994	Randal Green	58
1995	Randal Green	82
1996	Randal Green	68
1997	Anthony Brawn	30
1998	Peter Bennett	51
1999	Anthony Brawn	60
2000	Anthony Brawn	33
2001	Adam Delooze	31
2002	Shaun Jones	27
2003	Anthony Brawn	38
2004	Laine Spencer	64
2005	Laine Spencer	50
2006	Laine Spencer	41
2007	Laine Spencer	46
2008	Nicholas Campbell	58
2009	Kieran Wright	47
2010	Nick Bills	34
2011	Brandon Jack	28
2012	Ranga Ediriwickrama	54
2013	Ranga Ediriwickrama	48
2014	Sam Zikman	47
2015	Theo Moraitis	29
2016	Theo Moraitis	39



ERN HOLMES TROPHY

1971	Ted Clark
1972	Rod Miles
1973	Rod Miles
1974	Kevin Williams
1975	Trevor Daykin
1976	Trevor Daykin
1977	Denis Lenaghan
1978	Danny Cater
1979	Keith Delooze
1980	Pat Wellington
1981	Pat Wellington
1982	Mick Toy
1983	Mick Toy
1984	Gary Spillane
1985	Russell Lieschke
1986	Dick Morton
1987	Glen Hutchison
1988	Neil Pearson
1989	Brett Smith
1990	Gary Spillane
1991	Chris Yard
1992	Paul Whelan
1993	Paul Gooley
1994	Gerard Mimmo
1995	Peter Dixon
1996	Peter Bennett
1997	Tony Redshaw
1998	Chris Mahar
1999	Anthony Brawn
2000	Barnaby Howarth
2001	Barnaby Howarth
2002	Tim Nunan
2003	Tim Nunan
2004	Anthony Brawn
2005	Justin Barratt
2006	Shaun Jones
2007	Justin Barratt
2008	Matthew Carey & Alex Goodall
2009	Alastair Richardson
2010	Kieran Wright
2011	Kieran Wright
2012	Alex Goodall
2013	Matthew Thomas
2014	Alex Goodall
2015	Tom Angel
2016	Matthew Thomas



FOOTBALLER OF THE YEAR

1986	David Brown
1987	Glen Hutchison
1988	Gary Spillane
1989	Stephen Barratt
1990	Tony Redshaw
1991	Chris Yard
1992	Paul Whelan
1993	Stefan Carey
1994	Gerard Mimmo
1995	Randal Green
1996	Tony Regan
1997	Jason Clarke
1998	Chris Mahar
1999	Anthony Brawn
2000	Barnaby Howarth
2001	Barnaby Howarth
2002	Peter Carey
2003	Nick Potter
2004	Ryan Talbot
2005	Kieran Jack
2006	Justin Barratt
2007	Alastair Richardson
2008	Matthew Carey
2009	Lloyd Shepherd
2010	Kieran Wright
2011	Kieran Wright
2012	Matthew Carey
2013	Matthew Thomas
2014	Alex Goodall
2015	Damian Dell'Aquila
2016	Nathan Breen





PRESIDENTS TROPHY

1983	Gus McKernan
1984	Greg Barnes
1985	Shane Farrell
1986	Andrew Hughes & Graeme Turnbull
1987	Wal Hannon
1988	Mick Coen
1989	Debbie Stapley
1990	Lori Jones
1991	Gary Spillane
1992	Craig Oates
1993	Ken Couchman
1994	Stephen Barratt & Kim Klomp
1995	Alan Guild & Craig Hedland
1996	Ken Couchman & Craig Tate
1997	Randal Green
1998	Danny Ryan
1999	John Murray
2000	Blair Hatherley
2001	Alan Brawn & Ian Parker
2002	Martin Dulke
2003	Andy Smyth
2004	Simon Doak
2005	Danny Ryan
2006	Michael Cousens
2007	Paul Laing
2008	Paul & Jill Crisfield
2009	Lauren Cain
2010	Henri De Gorter & Family
2011	Mitch Frankish
2012	Tracey Baglin
2013	Jarrold Myers
2014	Thomas Edmonds
2015	John Acheson
2016	Josh Mott



KEN MACRAE SHIELD

1984	Tim Hickey
1985	David Reed
1986	Gerard thripp
1987	Jamie McNeil
1988	Kevin Kirk
1989	Justin Kerley
1990	David Thomas
1991	Chris Yard
1992	Peter Dixon
1993	Michael Carey
1994	Matthew Daykin
1995	Chris Mahar
1996	Barnaby Howarth
1997	Peter Carey
1998	Adam Delooze
1999	Dylan Triegaardt
2000	Kristen Williams
2001	Ryan Talbot
2002	Sebastian Parker & Alex Huggins
2003	Justin Barratt
2004	Kieran Jack
2005	David Boers
2006	Nicholas Campbell
2007	Aaron Crisfield
2008	Josh Duncan
2009	Matthew Thomas
2010	Nick Bills & Jackson Potter
2011	Brandon Jack
2012	Thomas Edmopnds & James Dunn
2013	Matt Vile & Regan Pinker
2014	Nick Hey & Theo Moraitis
2015	Campbell Luscombe
2016	Jack Patten



BEST CLUBPERSON

1971	Roy Peake
1972	Kerry James
1973	Michael Mack
1974	Danny Cater
1975	Ken MacRae
1976	Robert Dwyer
1977	Reg Myers
1978	Shirley McKernan
1979	Tony Hayward
1980	Not awarded
1981	H. R. (Bert) Hardy
1982	David Power
1983	Harry Noad
1984	Mat Steen
1985	Mike Farrell
1986	Shane Farrell
1987	Steve Paterson
1988	Ken Sims & Peter Clarke
1989	Wal Hannon
1990	Any Buchanan
1991	Don Ballantyne
1992	The McKernan Family
1993	The Dixon Family
1994	Jennette Elliott
1995	Peggy Thomas
1996	Trevor Daykin
1997	John Taylor & Bob Manning
1998	John Mahar
1999	Danny Ryan
2000	Craig & Donna Telfer
2001	Cherie Brown
2002	Tim Potter
2003	Scott Howell
2004	Greg Castle
2005	Peter & Alex Myers
2006	Sam & Di Dell'Aquila
2007	Judy Jack
2008	Peter Carter
2009	Jack Schwarze
2010	Josh Low
2011	Maria Campbell
2012	Melissa Parker
2013	Phil Scarlett
2014	Jackie & Wayne Keating
2015	Allen Abbott
2016	The Rene Family



YEAR	PRESIDENT	TREASURER	SECRETARY
1971	Roger Nobes	Geoff Severn	Barry Sparks *
1972	Kerry James	Barry Sparks	Barry Sparks *
1973	Kerry James	Geoff Severn	Barry Sparks *
1974	Kerry James	Graham Sayer	David Underwood
1975	Kerry James	Barry Sparks *	A. (Tony) Hawley
1976	Ken MacRae	Barry Sparks *	Robert Dwyer*
1977	Ken MacRae	Murray Withers	Robert Dwyer*
1978	Ken MacRae	Simon Martin	Robert Dwyer*
1979	Ken MacRae	Eric Joiner	Robert Dwyer*
1980	Ken MacRae	Tony Hayward	Shirley McKernan
1981	Ken MacRae	Creagh Bown	Shirley McKernan
1982	Stan Edwards*	Peter Camilleri	Shirley McKernan
1983	Stan Edwards*	Peter Camilleri	A. (Tony) Hill
1984	Peter Camilleri	E. (Ted) Brink	Mike Farrell
1985	Peter Camilleri	Doug Reed	Mike Farrell
1986	Mike Farrell	Doug Reed	Mike Farrell
1987	Derek Heelan	Doug Reed	Kay Nyhuis
1988	Derek Heelan	Roy Bohmer	Mike Farrell
1989	Derek Heelan	Roy Bohmer	Mike Farrell
1990	A. (Tony) Yard	Roy Bohmer	Don Ballantyne
1991	A. (Tony) Yard	Shirley McKernan	Don Ballantyne
1992	A. (Tony) Yard	Shirley McKernan	Don Ballantyne
1993	Lindsay Thomas	Richard Vella	Robert Knight
1994	Lindsay Thomas	Richard Vella	Alan Brawn
1995	Lindsay Thomas	Richard Vella	Alan Brawn
1996	Lindsay Thomas	Ross Scott	Alan Brawn
1997	Lindsay Thomas	Ross Scott	Alan Brawn
1998	Peter Clarke	Ross Scott	Moya Paris
1999	Peter Clarke	Ross Scott	Moya Paris
2000	Peter Clarke	Ian Parker	Moya Paris
2001	Leo Browne	Alan Brawn	Alan Brawn
2002	Leo Browne	Tim Hall	Alan Brawn
2003	Leo Browne	Michael Sullivan	Alan Brawn
2004	Leo Browne	Michael Sullivan	Alan Brawn
2005	Leo Browne	Alan Brawn	Alan Brawn
2006	Leo Browne	Alan Brawn	Alan Brawn
2007	Peter Jack	Bill Rankine	Alan Brawn
2008	Peter Jack	Bill Rankine	Alan Brawn
2009	Peter Jack	Bill Rankine	Alan Brawn
2010	Peter Campbell	Brendan Wray	Bob Wray
2011	Peter Campbell	Brendan Wray	Bob Wray
2012	Peter Campbell	Brendan Wray	Bob Wray
2013	Peter Campbell	Brendan Wray	Bob Wray
2014	Phil Hare	Brendan Wray	Bob Wray
2015	Phil Hare	Brendan Wray	Bob Wray
2016	Phil Hare	Brendan Wray	Bob Wray



Coaches & Captains – Honour Roll



YEAR	COACH	CAPTAIN	VICE CAPTAIN	RESULT	Grade
1971	Kerry James	Kerry James	Erroll Grieve	Third	3rd Div
1972	Rod Ward	Rod Ward	Graeme Eime	Fourth	2nd Div
1973	Graeme Eime	Graeme Eime	Norm Pilbeam	Runners Up	2nd Div
1974	Eric Joiner	Eric Joiner	Graham Howatt	Runners Up	2nd Div
1975	Eric Joiner	Eric Joiner	Graham Howatt	PREMIERS	2nd Div
1976	Wes Smith	Wes Smith	W. (Bill) Renwick	PREMIERS	2nd Div
1977	Wes Smith	Wes Smith	W. (Bill) Taylor	Fifth	1st Div
1978	Wes Smith / Maurie Gale	Maurie Gale	David Direen	Sixth	1st Div
1979	W. (Bill) Thripp	Maurie Gale	Keith Delooze	Fifth	1st Div
1980	Pat Wellington	Pat Wellington	Maurie Gale	Fifth	1st Div
1981	Pat Wellington	Pat Wellington	Keith Delooze	Third	1st Div
1982	Ray Johns	Russell Matheson	John Goswell	Runners Up	S.F.L
1983	Ray Johns	Russell Matheson	Rod Miles	Sixth	S.F.L
1984	Warren Ledger	Warren Ledger	A. (Tony) McGivern	Fourth	S.F.L
1985	Guy Wynn	Gary Spillane	Graham Crispin	Sixth	S.F.L
1986	Rob Barrett	Rob Barrett	Adam Harris	Third	S.F.L
1987	Rob Barrett / Gary Spillane	Rob Barrett / Gary Spillane	Mick Toy	Fourth	State
1988	Gary Spillane	Gary Spillane	Mick Toy	Fourth	State
1989	Ray Johns	Stephen Barratt	Doug Scholz	Seventh	State
1990	Ken Tucker	Stephen Barratt	Mick Coen	Eight	State
1991	Ken Tucker / Gary Spillane	Stephen Barratt	Gary Manuel	Seventh	S.F.L
1992	Rob Phillipson / Trevor Clisby	Stephen Barratt	Gary Spillane	Seventh	S.F.L
1993	Leo Browne	Stephen Barratt	Trevor Clisby	Fourth	S.F.L
1994	Leo Browne	Kim Klomp	Peter Dixon	Sixth	S.F.L
1995	Stephen Barratt	Gerard Mimmo	Peter Dixon	Runners Up	S.F.L
1996	Stephen Barratt	Gerard Mimmo	Peter Dixon	Runners Up	S.F.L
1997	Stephen Barratt	Gerard Mimmo	Peter Dixon	Sixth	S.F.L
1998	Peter Bennett	Gerard Mimmo	Tony Redshaw	Runners Up	S.F.L
1999	Peter Bennett	Anthony Brawn	Tim Hall / Paul Gooley	Third	S.F.L
2000	Peter Bennett	Anthony Brawn	Tim Hall / Barnaby Howarth	PREMIERS	Sydney AFL
2001	Danny Ryan	Anthony Brawn	Tim Hall / Barnaby Howarth	Fourth	Sydney AFL
2002	Danny Ryan	Anthony Brawn	Ashley Bell / Peter Carey	Seventh	Sydney AFL
2003	Danny Ryan	Anthony Brawn	Ashley Bell / Tim Nunan	Fifth	Sydney AFL
2004	Danny Ryan	Barnaby Howarth	Ashley Bell / Sebastian Parker	Fourth	Sydney AFL
2005	Danny Ryan	Barnaby Howarth	Sebastian Parker	Third	Sydney AFL
2006	Michael Cousens	Michael Talbot / Sebastian Parker		PREMIERS	Sydney AFL
2007	Michael Cousens	Sebastian Parker	Justin Barratt / Alastair Richardson	Third	Sydney AFL
2008	Michael Cousens	Sebastian Parker	Alastair Richardson / Charlie Richardson	PREMIERS	Sydney AFL
2009	Michael Cousens	Alastair Richardson / Charlie Richardson	Brant Jack	Fourth	Sydney AFL
2010	Kevin Eynaud	Alastair Richardson / Sebastian Parker	Damien Dell'Aquila	Fourth	Sydney AFL
2011	Kevin Eynaud	Damian Dell'Aquila / Matthew Carey	Brant Jack	Fifth	Sydney AFL
2012	Chris Yard	Damian Dell'Aquila / Matthew Carey		Third	Sydney AFL
2013	Chris Yard	Damian Dell'Aquila / Matthew Carey		Runners Up	Sydney AFL
2014	Chris Yard	Damian Dell'Aquila / Matthew Carey		Runners Up	Sydney AFL
2015	Chris Yard	Damian Dell'Aquila / Matthew Carey		PREMIERS	Sydney AFL
2016	Chris Yard	Matthew Carey / Tom Angel		Fifth	Sydney AFL

Best & Fairest – Honour Roll



YEAR	SENIORS	RESERVES	THIRDS / FOURTHS	UNDER 19s / 18s	WOMEN'S
1971	Ted Clark				
1972	Rod Miles				
1973	Rod Miles				
1974	Kevin Williams				
1975	Trevor Daykin	Peter Mathers			
1976	Trevor Daykin				
1977	Denis Lenaghan	William Carey		John Goswell	
1978	Danny Cater	William Carey		John Goswell	
1979	Keith Delooze	Kevin Ronberg		Kevin Clift	
1980	Pat Wellington	David Sutherland		Brendan Hellard	
1981	Pat Wellington	Wayne Falkenberg		John Tweeddale	
1982	Mick Toy	Vince Hill		Geoff Ryan	
1983	Mick Toy	Jim Dempster		Geoff Ryan	
1984	Gary Spillane	Paul Woods		Pat Pickett	
1985	Russell Lieschke				
1986	Dick Morton	Wayne Mason		Martin Hickey	
1987	Glen Hutchison	Tony Burnett		Woody Longford	
1988	Neil Pearson	Randal Green		Stewart Williams	
1989	Brett Smith	Mick Langford		Andrew Ballantyne	
1990	Gary Spillane	Mick Langford		Glen McKernan	
1991	Chris Yard	Mick Langford		Glen McKernan	
1992	Paul Whelan	John Bassett		Patrick Matthews	
1993	Paul Gooley	Glen McKernan		Jason Clarke	
1994	Gerard Mimmo	Jason Clarke		Ian Wheatley	
1995	Peter Dixon	Craig Hartley		Grant Broderick	
1996	Peter Bennett	Danny Ryan		Mark McVeigh	
1997	Tony Redshaw	Doug Scholz		Simon Collins	
1998	Chris Mahar	Blair Hatherley		Sebastian Parker	
1999	Anthony Brawn	Andrew Yates		Sebastian Parker	
2000	Barnaby Howarth	Robert Mayek	Frank Piccolo	Lachlan Howarth	
2001	Barnaby Howarth	Robert Mayek	John Rakic	Adam Smyth	
2002	Tim Nunan	Tim Potter	Frank Piccolo	Adam Smyth	
2003	Tim Nunan	Luke Montgomery	Craig Hartley	Michael Hossen	
2004	Anthony Brawn	Scott Cummings	Jason Walton	Matthew Carey	
2005	Justin Barratt	Jarrold Myers	Craig Hartley	Hayden Benger	
2006	Shaun Jones	Ben Fitzpatrick	Joel McMullen	Jake Trestrail / Nic Low	
2007	Justin Barratt	Jake Trestrail	Nathan Sullivan	Josh Fenaroli / Vincent Meney	
2008	Alex Goodall / Matthew Carey	Ben Beaston	Ben Miles	Matthew Thomas / Danny Strange	
2009	Alastair Richardson	Jak Hancock	Chris Laing	Nathan Varnish / Zachariah Fenn	
2010	Kieran Wright	James Ellison	Blair Hatherley	Tom Edmonds	
2011	Kieran Wright	Matt Carter	No team	Chris Baglin	
2012	Alex Goodall	Jason Clarke	No team	Mathew Baglin	
2013	Matt Thomas	Anthony Brawn	Alexandar Huggins	Bradley Keough	
2014	Alex Goodall	Pat Witt	Alexandar Huggins	Brayden Tos	
2015	Tom Angel	Brant Jack	Darren Boulet / Carter Mullins	Jordan Rene / Adrian Colautti	
2016	Matthew Thomas	Anthony Brawn	Adam Dallas / Nick Baglin	Sam Howard	Mikaela Mahony

2006 - 2009 - 2 U18 Teams

2015 - Div 3 & Div 5 Teams

2015 - 2 U19 Teams

Treasurer's Report – Financial Overview



Pennant Hills Australian Football Club Inc.
Unaudited Statement of Income and Expenditure for the year ended 30 September 2016

			2016	2015
		TURNOVER	EXPENSE	NET
INCOME			NET	NET
	Registrations	\$46,443	-	\$46,443
	Memberships	\$2,564	-	\$4,136
	Sponsorships	\$68,992	\$2,886	\$69,159
	Canteen/Bar	\$19,205	-	\$17,973
	Fundraising	\$49,075	\$40,438	\$9,710
	Clothing Merchandise	\$10,519	-	-
	Sundry Expenses	\$2,798	-	-
	Total Income	\$199,596	\$43,324	\$156,272
EXPENDITURE				
	AFL Affiliations/Umpires		\$41,039	\$36,332
	Coaches Expenses		\$8,000	\$13,200
	Ground Hire/Footballs/ Equipment/Clothing		\$33,491	\$41,912
	Insurance		\$13,583	\$14,093
	Player Care (Physiotherapy/Medical)		\$31,824	\$22,232
	Sundry Expenses		\$22,425	\$12,678
	Total Expenditure		\$150,362	\$140,447
OPERATING SURPLUS		\$199,596	\$193,686	\$5,910
TOTAL MEMBERS FUNDS @ 30.9.16			\$86,893	\$80,983

Another remarkable year for our Club!

Despite the costs of getting teams on the field continuing to escalate, somehow we managed to turn a small profit.

Having climbed Mount Everest to generate the income to break even or better for the year, the looming 2017 Season will present a new "Everest" like challenge. Our Club is these days a small to medium business turning over \$200k just enough to cover our costs despite a lack of any form of payment to players.

We have tremendous sponsors, I only hope everyone associated with the Club realises just how loyal and great they are.

It continues to cost the Club around \$1,100 per registered player to get them on the field, registrations cover only around 25% of that cost.

As outlined year-after-year, our Club still operates on a fairly fragile financial base so we must never drop the bundle and allow one poor season to risk our viability.

Despite the many challenges we face, there are also opportunities looming which require our financial position to be as strong as possible if these opportunities are not to be missed.

We owe it to the Club's forefathers and the future generation of young people to ensure our Club is strong and able to provide a healthy social environment for the youth of the day.

Thank you to all those in and around the Club for your contribution to our positive financial result, it might be a small surplus but it has not come easy and but for the efforts of many would not have come at all.

Brendan Wray
Treasurer



How has another year been and gone? And what another successful year both on and off the field for the club as a whole. It was great to see so many females around the club this year, including the introduction of the inaugural Women's AFL Team. And congratulations to our Division 5 boys on an outstanding Grand Final win!

Thank you once again to PHAFC for having our physiotherapy team on board for 2016. As always, it is not possible to run such a tight-knit production week in and week out without a number of dedicated professionals. So to Simon, Chris, Daniel, Brooke, Annie, Jason and Jess, thank you for your commitment to the club for the entire season.

With every year we have a handful of new team members, which sadly means we also farewell a few. In 2017 we will see the continued services of Jason, Jess and Daniel. I would just like to take some time to personally acknowledge the physiotherapists that will be moving on in 2017. Simon – thank you again for your work and passion with the Demons this year. We wish you the best for the future with all the challenges that lie ahead. You have left some big shoes to fill again next year! Chris – you have been an absolute asset to our team this year and you will be sadly missed on field in 2017. Good luck with your endeavors with GWS – they are lucky to have you. Brooke – congratulations on graduating from University and becoming a fully qualified physiotherapist. We have been so lucky to have you a part of our team for the past 2 seasons and are sad to have to see you leave. Hopefully we will still see your smiling face throughout the season. Annie – the Division 5 boys would not have been able to make it on the park for the last 2 years without your assistance. Thank you for your work both on and off the field and we hope you continue to flourish in the physiotherapy profession.

Every season brings some very unfortunate major injuries, and this season was by no means any different. To list every injury for the season would take over this entire report. But I will make mention of one particular game that ended the season of two Premier Division players, Matthew Carey and Jonathan Gourlay. Round 8 at Mike Kenny Oval ended up resulting in both players rupturing their Anterior Cruciate Ligament (ACL) and ultimately requiring surgery and a lengthy rehabilitation. Both Matthew and Jonathan are doing extremely well and are on track for a return in 2017!

With correct and consistent rehabilitation and surgery, ACL reconstructions are extremely effective at returning the player to full pre-injury level of sport. We look forward to seeing both Matthew and Jonathan on the field in 2017.

Thank you again to the Pennant Hills Demons Committee, Coaches and Mangers. You have all been so accommodating in every way. It is always fantastic to have the support of a coach and manager during the difficult task of making hard decisions regarding players. Our decisions are not always the most liked, but you have all provided our physiotherapists with respect and support week in and week out, so thank you.

Have a safe and happy off-season and see you all in 2017!

Lauren (Cain) Wright

Head Physiotherapist PHAFC

APA Sports Physiotherapist

Director Carlingford Active Health

TEAM	PHYSIOTHERAPIST
Premier Division	Lauren Cain / Simon Woodhouse
Division 1	Chris Beckhams
Division 3	Jason Hunt / Daniel Chichian
Division 5	Annie Gardiner
19's Division 1	Brooke Hile
Women's Division 2	Jessica Taylor



Simon at Work



Physios at Work



This year the Club celebrated its 50th year as a Junior Australian Rules Football Club in Sydney ... 1966 to 2016. There are not many clubs who can celebrate that fact and we did so with typical Penno Demons gusto. It was a fantastic celebration, with 160 past and present members attending the gala dinner at the Epping Club. Former player and Essendon star, Mark McVeigh, was the keynote speaker.

We had another absolutely amazing season. We played some great footy and had some brilliant experiences as a club. We won our 50th and 51st premiership flags – a very significant achievement for our great football club and a very fitting outcome in our 50th year.

Season Results

We had some great results on the field: including 6 teams into the finals series leading to two teams winning premiership flags. Our Under 11 North West Red Junior Boys, Under 12 Division 2 Junior Boys, Under 13 Division 3 Youth Boys, Under 14 Division 2 Youth Girls, Under 15 Division 2 Youth Boys and our Under 18 Division 2 Youth Girls teams all played in the finals series with the Under 13/3 YB and Under 15/2 YB teams ultimately winning premiership flags. It was a brilliant effort by these six teams. Congratulations to all finals series players, coaches and managers, and especially the premiership team coaches and managers: **Justin Kerley, Kevin Eynaud and Andrew McLagan for the Under 15/2s, Steve Protogeros and Tom Dooley for the Under 13/3s.**

Kieren Jack Awards

Penno Juniors had a very successful night at the Kieren Jack Sydney Juniors Awards this year held at the Epping Club on Monday 29th August. We won 2 individual awards and 1 team award:

- Our Auskick group took out the Best Auskick Centre in the North West Region.
- **Sam Eynaud** won the Best & Fairest Award as voted by the umpires for the Under 15 Division 2 age group.
- **Harry Maguire** was named in the Under 15 representative "All Star" team.

Youth Girls Footy

We entered three Youth Girls football teams in the competition this year – Under 14/2, Under 18/1 and Under 18/2. The Under 14/2 team was a Joint Venture (JV) with Hornsby and Westbrook, coached by our very own Gareth Richards, and the two Under 18 teams were a JV with Kellyville and Baulkham Hills. The teams were an absolute hit, with the girls learning many new skills and having a great time. We are looking to continue to grow Girls AFL in the Sydney AFL region with an additional age group (Under 12 girls) being added next year.

All this girls footy activity will coincide with the AFL female competition beginning in 2017 on the National AFL stage. Our North West region and more importantly Pennant Hills as a leading club in the Sydney Juniors competition are embracing this initiative.

Umpiring

We started the year with 16 umpires and ended it with 23 umpires (including 6 female umpires)! This year we moved the North West Umpire group training location from Charles McLaughlin Reserve in Baulkham Hills to our very own Ern Holmes Oval at Pennant Hills.

Development & Representative Football

We provided 11 Pennant Hills players to the u9, u10, u11 and u12 Development Day that was held over the Queen's Birthday long weekend. The club was also well represented in the North West regional representative carnival this year hosted at Blacktown Sports Park. Overall, Pennant Hills fielded 19 players into the representative competition.

Auskick

Our Auskick group has gone from strength to strength this year. Congratulations to our brilliant Auskick team who were awarded the Best Auskick Centre for the North West Sydney Region at the Sydney Juniors Presentation Night.

Awards

This year, we have split our Club Best & Fairest award into two awards; one for our Youth age groups (U13 to U18) and one for our Junior age groups (U9 to U12). Both awards will also have a runner-up awarded as well. We have done this to ensure that we accurately reflect the different skill levels within the club in both the major Youth and Junior areas.

The **Club Best & Fairest (Youth)** is awarded to **Toby Bartrop** and the **Runner Up Best & Fairest (Youth)** is **Isaac Protogeros**.

The **Club Best & Fairest (Junior)** is awarded to **Cameron Mitchell** and the **Runner Up Club Best & Fairest (Junior)** is **Mitchell Kunigiskis**.

Other Club Awards for 2016 included:

- Junior Coach of the Year – Joel Cousens (Under 12 Division 2)
- Youth Coach of the Year – Justin Kerley (Under 15 Division 2)
- Junior Club Person of the Year – Aislinn Taylor
- Senior Club Person of the Year – Graeme de Vallance & Theresa Taylor.

Thanks to all the parents, coaches, managers, the committee but most of all our players for a fantastic season 2016.

Dean Moran

President

Pennant Hills Junior Australian Football Club



The growth and footprint of Westbrook Junior AFL Club continued in 2016 with many initiatives coming to fruition in our 34th year as a club. This season has been our biggest. Not only did we have record numbers, but additional teams to schedule made ground space a premium. We had the best and worst of the weather this season, but in the process we created memories. Some of those memories included three outstanding Premierships!

Congratulations to the three premierships sides:

- Westbrook Bulldogs U11 Red, North West Premiers! Exciting game and a great result.
- Westbrook-Hornsby Northern Lights U13 Div 1 started strong, maintained the pressure, and won the Premiership!
- Westbrook-Hornsby Northern Lights U14 Div 1 played in a cracker of a game and achieved their dream!

Girls Go Live!

It's been three years in the making, and Round 4 saw our first ever Girls AFL team play! The North West Lightning, an alliance between Westbrook, Pennant Hills and Hornsby, came together for this inaugural game. What a highlight!

Youth Alliance

With the objective of participation and development, we embarked on a new era with an alliance in youth football (U13-17s) called the Northern Lights. Our partner club, Hornsby, has been fantastic every step of the way and we welcome them with open arms. Hornsby also won North West Club of the Year, making them a perfect partner.

Representatives

Westbrook again punches above its weight with 30 players selected for the Youth Representative Carnival. Over 30% of the North West talent came from our club. Additionally, 14 players participated in the Junior Development days over the June long weekend. Also, congratulations to seven of our players for making the new 'All Stars' team.

Volunteer Family Farewell

AFL requires many helpers, and some do a fair bit more than others. Farewell to one of our longest serving volunteer families, the Miedlers. Andrew Miedler has been recognised as AFL Sydney Juniors 'Volunteer of the Year' and also received a 'Meritorious Service' Award. This is a coveted award and Westbrook thanks you for your 14 years of service to our club and the region.

Milestones

The loyalty and retention of players is our number one objective. This season, we had a record number of players achieving game milestones with 4 players reaching 100 games and 28 players making it to 50 games. With our club maturing, we had our first ever Father and Son combination achieving 100 games each for the club - Daryl and Thomas Vella!

Towards 2017

Pretty simple – keep on improving. Club AFL is about making the dreams of our young people come to life. How do we do it? By asking you to get involved more. The people you will meet by being involved are amazing and will inspire you. They are givers, and you will be energised by them.

Finally, we plan to showcase and celebrate our club in its 35th year!

Paul Vink

President

Westbrook Junior Australian Football Club

Ian Parker awarded AFL Sydney Life Membership



At the 2016 Phelan Mostyn Medal Night on 12th September AFL Sydney stalwart Ian Parker of the Pennant Hills Demons AFC was awarded Life Membership of AFL Sydney.

Ian Parker's association with Australian Rules Football started more than 60 years ago when he first played schoolboy football in 1956 in Tasmania. Since that time, he has contributed to the management and development of Australian Rules Football, principally at the Club level, in a continuous football career spanning 6 decades.

His involvement in the Sydney AFL scene spans more than 26 years, including 8 years at Westbrook Juniors and 18 years at Pennant Hills AFC. His contribution to AFL Sydney has been as a leader at the helm of one of the most successful and well organised Club's in Sydney and through the development of Australian Rules Football at the local community, grassroots level. There is not a part of the Pennant Hills AFC administration today that has not benefited from the work of Ian Parker.

In Sydney, Ian has been at the forefront of junior football as a member/coach/team manager of Westbrook Juniors and membership of North West Region and Northside Association representative committees. He was President of the North West Region Junior Australian Football Association in 1996 and Football Operations Manager in 1997-98. Ian has been a very active member of the Pennant Hills Demons since 1998 and is a valued Life Member and was Vice President of the Club committee for many years. Through the span of a decade when past club President Leo Browne presided he described his role as being the easiest role of President in Sydney AFL as "Ian Parker did all the work". As if being Vice President wasn't enough Ian even found time to concurrently take up the role of team Manager of the Premier Division side.

The success of most Football Clubs starts with a well organised Committee and Ian has been the foundation of the strong Pennant Hills committee for nearly 2 decades. Ian continues to support the Club on match-days as time-keeper and still takes carriage of various other duties including chairing club events, coordinating and administering player auctions and organising the annual Presentation night.

There is barely a role within football that Ian has not taken on with success, from being a Tasmania Football League Director, through to talent identification officer, through to AFL timekeeping, Ian has an imposing list of achievements over more than 40 years in both junior and senior football networks.

Few people have given so much to a community football club as Ian Parker has given to his beloved Demons. His work ethic, experience, deep knowledge and systematic approach to running the Club are without peer. There is little doubt that the Club, and by association, the League, are in better shape for his involvement. Pennant Hills AFC owes him a great debt for his long service and the systems and processes that he has instilled over a long period as an administrator of the football club.

For his contribution to football in Sydney and NSW Ian was presented with the prestigious AFL Merit Award at the 2010 Phelan Medal Presentation Dinner. AFL Sydney would like to congratulate Ian Parker, our newest AFL Sydney Life Member.



Ian Parker



2016 Yearbook

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