



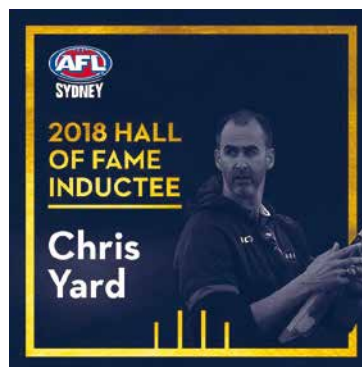
# Pennant Hills Demons

Australian Football Club Inc.

2018 Yearbook



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Chris Yard – Hall of Fame



Julian Lesser with players – Government Grant for Greenway Clubrooms presentation.



# Welcome – President's Report



Looking back at the past 12 months there is a significant amount to reflect on!

With a massive 8 teams taking the field each week, a record 278 players pulled on the 'Red & the Blue' in 2018. Highlights included 40 players getting a game in Premier Division, 7 of which were debutants, 86 players got a kick for Division 3 and 65 females played across our two Women's teams.

This year 6 of our 8 teams qualified for finals with Premier Division missing out on finals by the smallest of margins. While the U19's had a tough year, results-wise I have no doubt the building blocks Trent and his team have put in place this year will hold them in good stead for next. A special mention should go to our Women's Division 2 team who competed against 12 other teams to qualify for finals in just their first year!

Jak Stromquist, Mikaela Mahony, Bailey Miedler, Tom Angel and Ranga Ediriwickrama all finished top 10 in their Division Best and Fairest whilst Alex Huggins and Pat Witt took out the highest individual honour winning their respective Division Best & Fairest. Club Legend Chris Yard, who celebrated 200 games as a Demons coach this year and has more than 500 games as player/coach, was also inducted into the Sydney AFL Hall of Fame – congratulations YD!

Whilst winning individual awards is great, nothing compares to the enjoyment experienced by our Men's Division 1 and Premier Division Reserves boys who both had come-from-behind victories to take out the Premiership! Congratulations to Todd Williams, Brendan Gregor, Boxy, Clarke, Razor, Michael Trenaman, Patty Witt and all the players and volunteers who had a part in winning the Flag. Personally, the highlight for me from these two victories, was the large number of players who weren't involved in either game that came up to share with me their sheer enjoyment they got watching their clubmates achieving the ultimate success. This only further reinforces what a great, close-knit community club we are.

Off the field we had mixed results this year. We probably underestimated the cost impacts of fielding an additional 2 teams. I think many would be surprised that, despite fielding 278 players this year, the cost to the club per player is just short of \$1200. Given all players pay just under \$500 each for registration it is always an uphill battle for the club to find ways to bridge that \$700 per player gap. This is where we so heavily rely on the generosity of our sponsors as without them we simply do not have a club. Your continued support not only allows for over 200 people to participate in a sport that they love but also brings much enjoyment on a weekly basis to the hundreds of family members, partners and friends in our local community who also have a passion for our football club. Our valued sponsors for 2018 were:

- West Pennant Hills Sports Club
- Harris Mackay (Andrew Harris)
- Total Construction (Steve Taylor)
- Forum Group (David Pinker)
- Ritera Electrical (Leo Browne)
- National Weighing (Phil and Kate Moraitis)
- TCA Electrical (Tom Angel)
- Supershades (Matt McCamey)
- Entrata (Tony & Mel Pagano)
- Mobilemec Automotive Services (Sam & Diane Dell'Aquila)
- Carlingford Active Health (Lauren Wright)
- Coopers (Allen Abbott)

- Image Traders (Trent Roddan)
- OSS (Bob Wray)

Despite the financial pressures we were still able to achieve a small surplus this year. We could not achieve this surplus without the diligent work of Bob and Brendan Wray who do a great job of accounting for every dollar that comes in and out of our club.

Of course, I would be remiss not to mention our biggest achievement in 2018 which was obviously the \$2.7m Federal Grant which is going towards the resurfacing of the top oval at Mike Kenny and our new Club Rooms. These new facilities will be a game changer for our club and it couldn't have been done without the hard work and support of Mr Julian Leaser MP and Mr Damien Tudehope MP! Our club cannot wait to host footy next year in one the premier facilities in Sydney AFL.

Whilst we have grown over the years to be a successful 8 team club, unfortunately the pool of volunteers in this time has not matched that growth which has left many of our dedicated volunteers feeling burnt out in 2018 as there has been simply too much left for too few to do. If Pennant Hills wants to continue to grow and remain one of the powerhouse clubs of the Sydney AFL we really need our club to embrace the motto "Many hands makes light work". With the introduction of our new club rooms we have a fantastic opportunity to create an environment where people look forward to coming down to a Demons game, not only to watch and support but also to help out, get involved and really embrace our 'Club-Team-Self' ethos.

Whilst we are aware of the areas we need to improve on as a club in 2019 a special thank you must go to our team of dedicated volunteers who put in tireless hours to make sure our 8 teams get on the park every week. To Phil Hare, Bob Wray, Glenn Gunstone, Allen Abbott, Matt Lee, The Pinker Family, John Acheson, Kate & Phil Moraitis, Trent Roddan, Ian Parker, Sam Widmer, Stew Woodward, Jackie & Wayne Keating, Steph Tate, Col Huggins, Alan Brawn, Rod Miles, Henri de Gorter, Nick Hey and Tom Edmonds, on behalf of the Club, THANK YOU!

With 2018 now coming to an official close I thank everyone again for their hard work and support and I hope we all look forward to another successful year in 2019!  
Up the Dees!!

**Josh Mott**

President - Pennant Hills AFC



**Josh Mott**



**PATRONS:**  
Kerry James A.M.  
Ken MacRae  
Angus McKernan\*

**PRESIDENT:** Josh Mott

**VICE PRESIDENTS**  
Glenn Gunstone  
Steph Tate

**CLUB SECRETARY:** Bob Wray

**TREASURER:** Brendan Wray

**PHAFC COMMITTEE:**  
Allen Abbott  
John Acheson  
Stewart Woodward  
Michael Trenaman  
Jacques Rene  
Matthew Lee  
Kate Moraitis  
Phillip Moraitis  
Trent Roddan  
Todd Williams  
Phillip Scarlett  
Samuel Widmer

**Administration Coordinator:** Steph Tate  
**Sponsors Co-Ordinator:** Matthew Lee  
**Team App Co-ordinators:** Thomas Edmonds  
Nicholas Hey

**Web Master:** Trent Roddan

**www.phafl.com.au**

\* Deceased

## PHAFC FOOTBALL STAFF:

**Football Manager:** Glenn Gunstone

**Head of Coaching:** Michael Cousens

**Senior Coach:** Chris Yard  
**Assistant Coach:** Andrew McLellan  
**Team Manager:** John Acheson

**Reserves Coach:** Jason Clarke  
**Assistant Coach:** Wayne Keating  
**Team Manager:** Michael Trenaman

**Division 1 Coach:** Todd Williams  
**Assistant Coach:** Brendon Gregor  
**Team Manager:** Henri de Gorter

**Division 2 Coach:** Tim Wolnizer  
**Team Manager:** Megan Wolnizer

**Division 3 Coach:** Phillip Hare  
**Team Manager:** Phillip Hare

**U19 Division 1 Coach:** Trent Roddan  
**Assistant Coaches:** Nigel Blow  
**Team Managers:** Corey Matthews  
Roma Unwin

**Women's Division 1 Coach:** Daniel Fiedler  
**Team Manager:** Alexander Wade

**Women's Division 2 Coach:** Steph Tate  
**Assistant Coach:** Brendan Wray  
**Team Manager:** Allen Abbott

**Physiotherapists:** Lauren Wright (nee Cain)  
Daniel Chitwen

**Club Umpires:** Allen Gardiner  
Greg Hume  
Nick de Gorter  
Terry Donohoe  
Henri de Gorter  
Carter Mullins  
Matthew Lee  
Bailey Meidler

## MATCH COMMITTEE:

**Chairman:** Michael Cousens  
Chris Yard  
Jason Clarke  
Andrew McLellan



PennoAFL



@PennoAFL



@PennoAFL



Pennant Hills AFL Club



Our Club grew to another level in 2018 with a Club record 8 teams comprising 5 senior men's teams, 2 women's teams and an Under 19 team, with well over 220 registered players. Six of those 8 teams made finals with only Premier Division and Under 19s missing out, Premier Division finishing equal third (but sixth) and literally being within one kick of making the finals and setting up for a 2017 like run to the flag. So on the field a successful year.

The Club is now however more than a collection of like-minded football enthusiasts. It is an important community body which provides a social environment not only to the 220+ players but also hundreds of supporters, parents, friends etc.

With that comes an administrative burden which requires contribution by a large number of volunteers to enable the Club to function both socially and commercially, given it is a medium size commercial operation which requires income of around \$1,100 for every player it puts on the field. These volunteers are required in many roles both on field (coaches, runners etc) and off field (match day, admin/financial, sponsors etc).

As mentioned, season 2018 was an exciting one with a record number of teams and players, six of the teams playing finals and two teams winning treasured premierships. At times the Club struggled however to man all volunteer posts required to ensure the Club operates at an optimum level.

The fact we enjoyed such on field success tended to mask the fact the people running the Club are finding it difficult cover all the functions required to be performed. This will need to change in Season 2019 and beyond and steps are being taken to implement a structure which will require more people of help out and spread the areas of responsibility into self-reporting divisions operating under the umbrella of the Club Executive and Committee.

People owning and doing functions rather than just informing office holders what needs to be done. The alternative would mean they may need to shrink the Club in future years to a level where volunteers in place can manage the jobs required to be performed. No one wants that.

Despite the massive growth of the Club, we managed to cover costs and generate a tiny profit, with the help of State Government Grants obtained by vigilant Committee Members.

We are indebted to our at times under recognised Club Sponsors, without whom we would simply cease to function. Please support our Sponsors, remember that they support the Club in the most material way possible.

Keeping the finances in check during such a growth stage is a big job and recognition needs to be made of our Treasurer Brendan's job over many years now. His budgeting has been spot on and importantly the Committee and the Executive at all times are aware how we are travelling. This is result of many long sessions wading through the large number of transactions now generated through the Club.

Then there is the big one, the new clubrooms and ground development, courtesy of a wonderful effort by the Federal Member for Berowra, Julian Leeser MP, who assisted the Club to play a critical role headed by Phil Hare in establishing the "Upgrade Greenway" initiative. This resulted (due to Julian's ongoing support and lobbying) in a Federal Government Grant of \$2.7 million to redevelop Mike Kenny Oval (\$900k) improve the

existing change rooms (\$200k) and construct a Greenway Sports House Club Room (\$1,600,000). It will become the home of Penno and the other Clubs involved in the initiative (Westbrook Junior AFC, Greenway Giants Baseball Club, Penno Stags Rugby League Club, Cherrybrook Little Athletics, West Pennant Hills Cherrybrook Cricket Club and Cherrybrook Netball Club). The Clubs involved salute your efforts Julian on behalf of the Greenway Community.

The Mike Kenny Oval improvements should be ready for Season 2019 and the clubrooms building is hoped to be constructed by mid-2019. These new clubrooms should provide a new and better Club experience in future years.

Hopefully we will have the volunteer network in place to enable the Club experience to be what we want incorporating the famous Penno culture.

I need to thank my fellow Executive Members, Josh, Phil and Gunner all of who go "above and beyond" as do all our Committee Members, Coaches and Volunteers to make Penno such a special Club, one we want to continue to evolve in our new environment.

**Bob Wray**  
Secretary



**Bob Wray**



## **PENNANT HILLS AFC FOOTBALLER OF THE YEAR**

Patrick Witt

## **BEST LOCAL FIRST YEAR PLAYER KEN MACRAE SHIELD**

Jordan Adams

## **PREMIER SENIORS BEST & FAIREST ERN HOLMES TROPHY**

Ranga Ediriwickrama

## **PREMIER RESERVES BEST & FAIREST ANGUS MCKERNAN TROPHY**

Patrick Witt

## **DIVISION ONE BEST & FAIREST**

David Smith

## **DIVISION TWO BEST & FAIREST**

Jak Stromquist

## **DIVISION THREE BEST & FAIREST**

Alexander Huggins

## **UNDER 19s DIVISION ONE BEST & FAIREST LENNY HAYES TROPHY**

Mitchell Blow

## **WOMEN'S DIVISION 1 BEST & FAIREST**

Hayley Lowe

## **WOMEN'S DIVISION 2 BEST & FAIREST**

Sophia Wall

## **CLUBPERSON OF THE YEAR**

Phillip Hare

## **PRESIDENTS TROPHY**

Jack Pinker

## **PREMIER DIVISION PLAYERS' PLAYER AWARD "THE "GAZA"" named after Gary Spillane"**

Ranga Ediriwickrama

## **DIVISION ONE PLAYERS' PLAYER AWARD "THE "DOUGIE"" named after Doug Scholz (dec)"**

Patrick Witt

## **DIVISION ONE PLAYERS' PLAYER AWARD "THE "TELF"" named after Craig Telfer"**

David Smith

## **DIVISION TWO PLAYERS' PLAYER AWARD**

Jak Stromquist

## **DIVISION THREE PLAYERS' PLAYER AWARD**

Alexander Huggins

## **UNDER 19 DIV ONE PLAYERS' PLAYER AWARD "THE "PADDY"" named after Patrick Matthews"**

Connor Matthews

## **WOMEN'S DIVISION 1 PLAYERS' PLAYER**

Hayley Lowe

## **WOMEN'S DIVISION 1 PLAYERS' PLAYER**

Sophia Wall

## **SYDNEY AFL CLUB CHAMPIONSHIP**

North Shore AFC

## **SENIOR GAME MILESTONES**

### **200**

Chris Yard (Senior Coach)

### **350+**

Jason Clarke  
Anthony Brawn

### **200 +**

Benjamin Miles

### **150 +**

Nicholas Baglin  
Thomas Angel  
David Smith

### **100 +**

Thomas Edmonds  
Joshua Mott  
Nicholas De Gorter  
Patrick Witt  
Stephen Wray  
Thomas Abbott  
Nicholas Low





Season 2018 promised to be another successful year at our club with expectations again very high with our Premier Division team setting the competition benchmark as reigning premiers, our depth of quality young players coming thru the ranks, and the addition of 2 new teams for the year.

After a yearlong review by Sydney AFL, both Men's and Women's competitions were restructured for season 2018 and our first decision from a football perspective would be how many divisions Pennant Hills would participate in, and whether we had the player numbers and support structure to be competitive?

We nominated for all 5 Men's Divisions (1 addition to 2017), 2 Women's Divisions (1 addition to 2017) and retain 1 under 19's team. In effect, we would go from a 6 team club to 8 teams and this guaranteed challenges in securing more players, coaches, assistant coaches, team managers and game day support if we were to be successful. But to remain the progressive club we have been since our inception, and the lead club in driving interest for AFL football at the grass roots level across the Sydney Hills district, widening our football community was an obvious conclusion.

The clubs decision was vindicated early by the fantastic player numbers at pre-season training, and the positive environment create with additional men and women participating in what was a pretty tough schedule to get our players fit for the long season ahead. I remember many February/March Thursday nights where the post training BBQ represented a Bali beach at dusk, with sweaty young people hanging around and just having fun and enjoying each other's company. A great place to be!

With the exception of our Men's Div 3 and Women's Div 2 teams, all coaches were locked in early by securing Todd Williams as our Men's Div 1 coach, Tim (T-Bone) Wolnizer as Mens Div 2 coach, and Mark Carroll appointed in a new role of Head of Women's Football. These guys joined our panel of experienced coaches Chris Yard (Premier Division), Jason Clarke (Premier Reserves), Trent Roddan (U19's), and Daniel (Fids) Fiedler (Women's Div 1). We are ever grateful for Phil "I'll just do the first few games" Hare for taking up Div 3 coaching role and Steph Tate for sacrificing her own playing ambitions to coach Women's Div 2. Furthermore, we welcomed Lloyd Shepard joining Yardy as Prems Assistant Coach, Brendan Gregor and Nathan (Boxy) Breen as Div1 Assistant Coaches, and Nigel Blow U19 Assistant Coach.

Sydney AFL joined the National AFL introduction of a new pre-season concept AFLX, an 8 player game, played essentially on a soccer size ground with heavily modified rules and 24 mins of game time. Pennant Hills was one of only 4 Sydney clubs invited to participate in a round robin competition at Moore Park played late February. The season had begun!

The coaches' season reports will cover the team performances in depth, but to summarise 2018 from a football operations perspective, our scorecard was impressive. Prems just missing the finals by 0.4% was mind wrenching for Yardy and the team and forced reflection on every match, every missed shot at goal, every selection decision etc etc. Being the form team running into the finals yet missing out by the slimmest possible margin delivers little satisfaction (except for other teams participating in finals), and is a lesson for the future that every minute of every game is critical in a such an even competition. Time to move past what could have been and instead take the learnings into next year. Thanks to Yardy, Shep, Macca and of course our sensational Team Manager John Acheson for their ongoing commitment and effort during the season.

Reserve Coach Jason Clarke's face of satisfaction, pride and achievement in winning the premiership after many attempts over the past 19 years is cemented in my memory forever. The pain of a 1 point Grand Final loss in 2015 was erased for Clarke and this team, and didn't we all enjoy it. The efforts of Wayne Keating (Assistant Coach), Michael Trenaman (Team Manager), Phil Scarlett (long time reserve grade Team Manager) and our players over recent years being finally rewarded with the ultimate prize was uplifting and a season highlight for our club.

Equally impressive was the turnaround season for Div 1 Men's resulting in another premiership for our club. Todd, Brendan, Boxy and Team Manager Henri de Gorter built a formidable combination, and led the charge which allowed many of our players to taste premiership success for the very first time. It's tough to win one flag in a season, but to win two is a year to remember.

Our depth at Pennant Hills is evidenced by Men's Div 2, Div 3 and both Women's teams also participating in finals footy, and under 19's just missing the action. Thanks to all who supported these teams during the season, but recognition and appreciation for men's coaches T-Bone, Phil, Trent, and Women's coaching panel led by Mark, Fids, Steph, Brendan Wray (Women's Div 2 Assistant Coach) and of course the backbone of Women's footy at our club, Al Abbott.

I also extend gratitude and thanks to Stuart Woodward who again played a critical role of Junior Liaison Officer, and Henri de Gorter for mastering the co-ordination of club umpires for the season. My thanks to game day heroes, timekeepers and match admin duties carried out by Ian Parker, Matt Lee, Rod Miles, Alan Brawn and Col Huggins who work tirelessly again this season. And of course Lauren Wright and her outstanding team at Carlingford Active Health for the physiotherapy and trainers duties performed. Umpires, Trainers, Timekeepers are largely thankless jobs within any football club, but without them, each week's games just wouldn't go ahead. Thank you all for your help.

I'm enormously proud our of team captains recognised throughout this year book. Great people leaders set the player culture at Penno and this year's crop was first class. Thank you and well done.

In closing, we set a high benchmark at Penno, and whilst two flags is just awesome on any clubs scorecard, my highlight from a football angle is the positive impact Pennant Hills FC creates for young men and women to be fit, healthy and involved in an inclusive environment, is something everyone at our club can be proud of, and may we continue to set benchmarks for Sydney AFL football again in 2019 and beyond.

Go Penno.

**Glenn Gunstone**  
Football Manager



**Glenn Gunstone**

# Premier Division Team Awards



## ERN HOLMES TROPHY

Runner Up Best & Fairest  
Most Consistent  
Best Team Man  
Most Improved  
Coaches Award  
Players' Player - 'Gazza'

## RANGA EDIRIWICKRAMA

Thomas Angel  
Stephen Wray  
Jesse Hare  
Jackson Preedy  
Damian Dell'Aquila  
Ranga Ediriwickrama

## PREMIER DIVISION BEST & FAIREST TOP TEN

Ranga Ediriwickrama	148
Thomas Angel	141
Stephen Wray	89
Alex Goodall	72
Aaron Crisfield	71
Josh Boag	42
Jackson Potter	37
Tim Wales	33
Michael Carroll	26
Jackson Preedy	25

## 2018 PHELAN MEDAL

Shaun Crane 29 votes  
North Shore Bombers

## Pennant Hills Best

Thomas Angel 17 votes

## 2018 LEADING GOALKICKERS

Nick Hey 32  
Matt Carey 30

## 2018 SYDNEY AFL - NAB RISING STAR AWARD

Sam Gilfedder (Sydney University) 22 votes

## Pennant Hills Nominees

Jordan Adams  
Michael Carroll (16 votes/3rd place)  
Bailey O'Brien

## 2018 SYDNEY AFL - REPRESENTATIVE PLAYERS

No competition in 2018

## 2018 SYDNEY AFL - TEAM OF THE YEAR

Stephen Wray (BP)  
Thomas Angel (INT)

## 2018 PREMIER DIVISION STAFF

Coach	Chris Yard
Assistant Coach	Andrew McLellan
Runner	Glenn Gunstone
Team Manager	John Acheson
Captain	Thomas Angel

## PREMIER DIVISION LADDER AT THE END OF 2018 HOME AND AWAY SEASON

Premier Division	P	W	L	D	For	Agst	%	PTS
North Shore	18	16	2	0	1963	1049	187	64
UNSW/ES Bulldogs	18	12	6	0	1480	1094	135	48
Sydney University	18	11	7	0	1648	1161	141	44
Manly Warringah	18	11	7	0	1485	1153	128	44
East Coast Eagles	18	11	7	0	1222	1024	119	44
<b>Pennant Hills</b>	<b>18</b>	<b>11</b>	<b>7</b>	<b>0</b>	<b>1543</b>	<b>1298</b>	<b>118</b>	<b>44</b>
St George Dragons	18	7	11	0	1260	1594	79	28
Camden Cats	18	5	13	0	1224	1632	75	20
UTS Bats	18	4	14	0	1027	1713	59	16
Western Suburbs	18	2	16	0	886	2020	43	8

## 2018 GRAND FINAL

Blacktown ISP, 15 September 2018

<b>UNSW/ES Bulldogs</b>	<b>8</b>	<b>10</b>	<b>58</b>
def Sydney University	7	13	55



Ranga Ediriwickrama - Best & Fairest Winner





Two premierships in 3 seasons (2015 and 2017) means that Pennant Hills Premier Division is the team that every other side in the competition wants to beat. It's been that way for a number of seasons and this year it seemed all the more intense. The same can be said for the expectation of our club, but winning premierships is certainly no easy task with a modicum of luck needed over the journey.

## Season Summary

Our season commenced with a 2017 Grand Final replay against Sydney University. We were well beaten by 9 goals by a side that was certainly impressive for Round 1. Despite the early stumble, the season progressed well. We were sitting at 8 wins, 2 losses after 10 games. Wins in this patch against both Sydney Uni and East Coast Eagles were fantastic, the brand of football displayed was as good as I've seen for some time. We then had a tough stretch of 4 consecutive losses, against UNSW, Manly, St George and North Shore. UNSW and Manly were tight (5 and 14 points) and then we were very disappointing against St George in the Return to the Ern game and then well beaten by a strong North Shore team.

After losing our way, the confidence of the group was a little shaken, however, the team was certainly keen to re-bound as the season was still on the line. The ladder positions had certainly tightened up and we were just holding onto a position in the five. With 4 games remaining, we needed to win 3 of them to participate in finals. We beat UTS in our highest score for the year and then fell to East Coast by 8 points. Camden were next and our 37 scoring shots to 11 saw us win convincingly. It came down to the last round, with a number of teams on the same points, Pennant Hills in 6<sup>th</sup> position. We had to beat second placed UNSW (the eventual Premiers) and East Coast had to go down to North Shore, the minor premiers. We completed what we could control, beating UNSW by 2 goals. As our boys left the field, the results of other games were coming through ... East Coast had lost, but unfortunately only by a solitary point. We fell agonisingly short of the finals by a fraction of a percent – equivalent to one measly goal as it turned out! What a deflating moment!

When all was said and done, it's fair to say that our depth was tested this year with a number of our younger premiership players from 2017 unavailable due to commitments at higher levels. A number of players have gained some valuable experience and are ready to step-up to the next level. We will look back on the lean patch we had in the middle part of the season and ensure we learn and grow.

Our early finish with an extended break will allow us to recharge and reassess. I'm sure we'll all come back with renewed enthusiasm to ensure we return Penno to its rightful place - in the finals.

Some of the highlights of the season included

- 40 players played in Premier Division
- 7 debutantes
- 3 AFL Sydney Rising Star nominations – Jordy Adams, Mikey Carroll (finished 3<sup>rd</sup>) & Bailey O'Brien
- 2 in Sydney AFL Team of the Year – Tom Angel & Stephen Wray

## Debuts

The following players made their debut, and, as always, we look forward to the growth of these guys over the next few years - Bailey O'Brien, Jordan Adams, Isaac Pearson, Jackson Preedy, Lukas De Vries, Matthew Browne and Harry Maguire.

## Milestone games

Again, we celebrated a number of special milestone games. Personally, I take a great deal of pride in these achievements. It shows the deep loyalty

of our group and speaks volumes of our Club ethos. Congratulations to the following:

Tom Angel	150 games
Tom Abbott	100 games
Tom Edmonds	100 games
Nick Low	100 games
Adam Nixon	100 games
Pat Witt	100 games
Stephen Wray	100 games

Football seasons are long and require a significant number of people to make it happen. My thanks to:

**Andrew McLellan and Lloyd Shepherd** – my assistant coaches. Macca has been moving magnets for the team for a number of seasons. He does a superb job, but unfortunately won't be with us in 2019, and will be mightily missed. Shep officially retired from playing in 2018 but we had an agreement that he'd play, "when needed". That meant he played about half the season. Shep also moved into an assistant coaching role and passed on his many years of playing experience back to the group.

**The Coaches** – To Jason Clarke, Todd Williams, Tim Wolnizer, Phil Hare, Trent Roddan, Daniel Fielder and Steph Tate. Two premierships in the group is an enormous achievement and testament to the work undertaken by you all. In spite of the large playing numbers and constrained training space, the job is always done extremely well.

**John Acheson** – Team manager. JA is massive in what he does for our club. He is so committed, be that writing milestone stories, reunions, keeping the club history up to date, working in the bar then also managing the prems boys, my sincere thanks.

**Glenn Gunstone and Michael Cousens.** After a numbers of years, both are moving on from their roles and we'll have some significant holes to be filled. I will certainly miss the wisdom, guidance, support and of course the friendship both have provided me over a number of years.

**My leadership group** – Led by Captain Tom Angel along with Matt Carey, Aaron Crisfield, Ranga Ediriwickrama, Matt Thomas, Nick Hey and new members Alex Goodall and Tom Edmonds. A great group of men and leaders. I value your passion and commitment to the cause and your honesty in the feedback you give me is appreciated.

**Daniel Chichian and the team physios** – our physios play a huge role supporting all 8 teams throughout the season. Well done to all, be that communications, getting players up for games, it's always done so professionally.

**President Josh Mott and Committee** – once again your commitment and effort in making sure our club off field runs smoothly. On behalf of the coaches and entire playing group, we all appreciate your efforts in making our club what it is.

**The Playing Group** – A fantastic group that I enjoy working with. We have an appropriate balance between the serious and fun elements, but we didn't achieve what we had set out to do. Improvement is required across all areas of our endeavour ... the level of commitment, fitness/strength, skill level, the coaching group ... the competition is getting better and tighter, and we all need to ensure we are extending ourselves to return to finals action in 2019.

**Chris Yard**  
Premier Division Coach



Premier Division Seniors



Anthony Brawn Premier Division Reserves - Goalkicking Medal

# Premier Reserves Division Team Awards



## ANGUS MCKERNAN TROPHY

Runner Up Best & Fairest  
Most Consistent  
Best Team Man  
Most Improved  
Coaches Award  
Best Player in Finals  
Players' Player - 'Dougie'

## PATRICK WITT

Samuel Widmer  
Nicholas Low  
Kieron Coaldrake  
Brandon Buyink  
Oliver Williams  
Adam Nixon  
Patrick Witt

## DIVISION ONE BEST & FAIREST TOP TEN

Patrick Witt	92
Samuel Widmer	64
Nick Low	59
Anthony Brawn	54
Lukas De Vries	54
Kieron Coaldrake	53
Luke Turner	37
Kieran Wright	36
Mitchell Blow	29
Ted Widmer	29

## 2018 SNOW MEDAL

Patrick Witt 13 votes  
Pennant Hills  
"(Equal with Matthew Whitbread, North Shore)"

## 2018 LEADING GOALKICKER

Anthony Brawn 47 (52)



Patrick Witt - Best & Fairest Winner

## 2018 PREMIER DIVISION RESERVES STAFF

Coach	Jason Clarke
Assistant Coach	Wayne Keating
Team Manager	Michael Trenaman
Captains	Patrick Witt Jake Gunstone

## PREMIER DIVISION RESERVES LADDER AT THE END OF 2018 HOME AND AWAY SEASON

Premier Div Res	P	W	L	D	For	Agst	%	PTS
Sydney University	18	16	2	0	1322	844	157	64
<b>Pennant Hills</b>	<b>18</b>	<b>15</b>	<b>3</b>	<b>0</b>	<b>1328</b>	<b>706</b>	<b>188</b>	<b>60</b>
UNSW/ES Bulldogs	18	12	6	0	1320	804	164	48
East Coast Eagles	18	11	7	0	1042	902	116	44
North Shore	18	9	9	0	1101	911	121	36
Camden Cats	18	9	9	0	1096	1039	105	36
St George Dragons	18	8	10	0	1080	1111	97	32
UTS Bats	18	6	12	0	885	1234	72	24
Manly Warringah	18	4	14	0	691	1501	46	16
Western Suburbs	18	0	18	0	674	1487	45	0

## 2018 Qualifying Final

Henson Park, 26 August 2018

<b>Pennant Hills Demons</b>	<b>10</b>	<b>8</b>	<b>68</b>
def UNSW/ES Bulldogs	4	7	31

## 2018 Semi Final 2

Blacktown ISP, 1 September 2018

Sydney University	8	12	60
<b>def Pennant Hills Demons</b>	<b>5</b>	<b>3</b>	<b>33</b>

## 2018 Preliminary Final

Blacktown ISP, 8 September 2018

<b>Pennant Hills Demons</b>	<b>8</b>	<b>14</b>	<b>62</b>
def North Shore Bombers	7	7	49

## 2018 GRAND FINAL

Blacktown ISP, 15 September 2018

<b>Pennant Hills Demons</b>	<b>7</b>	<b>18</b>	<b>60</b>
def Sydney University	6	9	45





**1996** was the last Reserve Grade Premiership.

**22** long seasons past.

**7** times (during that period) Reserve Grade had made the GF only to lose.  
**Every. Single. One.**

**15** Premiership Cups had been lifted by the Club whilst we cheered on.

Last year I reflected on these statistics and said enough was enough. I was about time we joined the party.....and what a party it was!!!!

During the off season we welcomed back Ziks after a year in purgatory but lost Leppa to love interests in Melbourne. Then before the season even really got going we lost Jez Staddon & Ash Conway (who had to retire) due to work commitments. Follow these up with long term injuries to Sebastian, Maine & Harry (all who who never got back on park) and Gunner (not be seen again until finals) and one really has to be amazed at the season we had.

We finished the season proper in 2<sup>nd</sup> place - only losing 3 games for the year, but along the way we set some pretty impressive benchmarks. Yet again we took the mantle as the best defensive side, but for the first time (ever?) we coupled this with being the highest scoring team in the competition. This feat was no doubt helped along by the evergreen Brawny who went back to back topping the league goal kicking list. Not bad work by the old man.

We defeated every side in the League, most notable wins include coming back from a 6 goal deficit against North Shore in Round 5, a stirring last four goal to nil last Q against St George at the Ern and an under strength win against UNSW in Round 11. The only real disappointing game for the year was a sound defeat at the hands of the old for Sydney Uni – something that would comeback to haunt us during the finals.

Confidence was high come finals, and certainly was reflected in the first Semi. In what was arguably our best game for the year we put UNSW to the sword. Whilst scores were close at the long break a devastating second half would see us come up trumps and set a Qualifying Final against Minor Premiers Sydney Uni.

Ironically after our best game for the year we followed it up with our worst. A season high number of unforced turnovers saw us soundly beaten and date with North Shore in the Preliminary Finals. To cap off a disappointing week we also received the shattering news that Slammer would miss the remainder of the season with a badly broken finger. A tough assignment just got even harder.

The Preliminary was a tight affair. Despite getting the early jump on us we seemed to hold the upper hand for most of the day, but could not seem to break clear. This was no doubt helped by some bad kicking for goal, as demonstrated in the last quarter where we kicked a winning 2.5 to 1.1. We made hard work of it, but we got there.

Playing Sydney Uni we needed to turn around not only two losses, but or two worst games of the year. Both times we had played straight into their loose man game style, moving forward but continually kicking to an outnumber. The focus would be clear, cut out the turnovers and we would be in the contest.

I'm sure John Acheson will have a better recount of the game than I but after a slow start we managed to wrest control of the game.

We controlled the football, negated their loose man and if it weren't for poor goal kicking (7.18 !!) we would have won by a bigger margin. There were some magic moments, none better than Gunners 50m bomb, a goal that will be celebrated for many years to come and Kiz Wright being named BOG – not bad for an old bloke.

**Finally**....after 22 long seasons the Stephen Monahan curse was lifted!!!!

#### The Award Winners:

##### Best & Fairest - Pat Witt

For the first time in 3 years we saw a fully fit (and focussed) Pat. Couple this with improved skills & decision making and the result was awesome. Not only did he win the B&F he walked home with the Pennant Hills Footballer of the Year award and also was the Snow Medal. All this on the back of only 14 games (with 4 spent in Pregs). Brilliant. And to think Pat wasn't even going to play this year. He wanted to go wrestling with half naked men.

##### Runners Up Best & Fairest – Sam Widmer

For a team a with only a couple big men Slamma was our 'go to' problem fixer, going fwd, back and in the ruck as the need saw it. His best footy was played at CHB where he blunted many an opposition attack. His optimism for the year was contagious, for him to miss the final couple of games due to injury was too cruel.

##### Most Consistent – Nick Low

In the midfield this year it was a case of if Pat didn't get you...Nick would. His intensity and hardness at the ball was scary. He too improved his disposal and had his best season to date in Reserves. My only concern is that a Libba-esque off season could be on the cards.

##### Best Team Man – Kieron Coaldrake

Kiz's year really is summed up by his performance the last Q of the GF. With players cramping all over the field he basically rucked unchanged for the entire quarter. It was a performance that probably went unnoticed by those in the grandstands, but for those coaching it was key to us winning. Kiz did this kind of stuff all year, all whilst sporting one of the worst mullets you will lay your eyes on. Bravo.

##### Most Improved – Brandon Buyink

At the start of the year Brando's kicking was worse than mine, he struggled executing a handball and generally ran around all day chasing the football. His desire to improve was insatiable, additional skills sessions, endless feedback questions and absorbing all information that came his way saw Brando turn around into a very handy footballer. Couple this with a brutish tackling ability, boundless energy and a switch to the defensive forward position all saw Brando become one of our most important players during the back half of the season and Finals. And then he introduced us to his Mum's rumballs!

##### Coaches Award – Oliver Williams

Graduating U19, slight build and playing small forward – the hardest position on the field. To some that would be a serious challenge, but for Ollie he took on the task and excelled at it. Under close tutelage of Brawny and Ziks, Ollie improved every week and became an essential member of the forward line. Going on this trajectory Pregs next year should definitely be in the frame next year.

Thank you's

As always this all wouldn't have been possible without the helping hands many people but a few special thanks goes out the following:

# Premier Reserves Coach's Report



Wayno and Michael – As Assistant Coach and Manager I have asked for little and received so much. Cheers.

Loz & The Physios – Once again a sterling job for getting the boys out on the paddock every week, Adam Nixon especially. Special thanks to Caitlin who looked after not only the lads but my dog Zoe.

Yardy & Cuz – your help, particularly during finals was much appreciated and arguably the difference.

Trent – for selflessly letting your U19's run through the side. Whilst we, and the players who were promoted, benefited, no doubt it was at the expense of your own sides success.

The Committee – Especially Josh & Phil. Without all your thankless efforts we simply wouldn't be here.

The Pennant Hills Family – You made that day in September so special. Despite being the first game of the day the PH faithful turned up en-mass. To be able to finally sing that song surrounded by such a number of cheering Demons was humbling and uplifting all at the same time.

Thank you.

**Jason Clarke**

Premier Division Reserves Coach 2018



Jake Gunstone - enjoys a goal



Premier Division Reserves





## Premier Reserves Footy Record Comments by Coach

Number	Name	Coaches Comments
2	Mitchell Blow	Young defender who plays well above his years. Cooler than the other side of the pillow.
11	Adam Nixon	Beast of a backman. Has been known to hand his opponent 2x panadol after shaking hands. They tend to need them.
12	Sam Zikman	X factor fwd who has a Lebron James tattoo. Like his idol, always delivers in that clutch moment.
13	Joel Cousens	Handy mid who never misses a target. Is pen pals with Peter Dinklage.
15	Kieran Wright	Phelan medallist. Brilliant across the HB line, often compared to B Goddard.
19	Patrick Witt	Snow medallist. Captain. Leader of the Fab 3. Mild mannered computer geek off field, absolute brute on it.
21	Harry Maguire	Brilliant young prospect who takes big marks and kicks big goals. Looks good in a suit.
22	Regan Pinker	Elusive midfielder with silky skills. Has an extensive corduroy collection in the wardrobe.
23	Jake Gunstone	Heart and soul of the team. His work with the footy is as sharp as his haircuts.
24	Brett Thompson	Rides fast bikes and delivers laser guided 40m bullet passes. Owns a coral necklace.
26	Lukas de Vries	Youngest of the Fab 3 inside mids. Quantam Physics is easier to tackle.
29	Kieron Coaldrake	Ruckman who has an enormous tank. Hails from County Limerick, Ireland.
32	Fraser Nixon	Nuggetty forward with a footy IQ >100. His favourite muppet is Kermit.
33	Jed Corbett	Electric outside mid with exquisite skills. Rocks a perm.
35	Luke Turner	Backman who plays small & tall with raking left boot. Washes his hair daily.
38	Samuel Widmer	Dominant ruckman who can clunk a big mark in the fwd line. His favourite word is "stupendous".
39	Nicholas Low	Unstoppable inside midfielder and middle child of the Fab 3. The resemblance to his cousin Dion Prestia is uncanny.
46	Mitchell Trenaman	Runs all over the place like ants at the first sight of rain. Opposition forwards worst nightmare.
48	Christopher Baglin	Backman with arguably the best boot in the Club. Holds Club Records for both the Beep test & 2km time trial.
50	Drew Messenger	Sublime skills and a known goal kicker. Best looking player in the competition.
51	Anthony Brawn	Club Legend. Holds the 2017 & 2018 League goal kicking awards as well as a Gold Opal Card. Incredible. Squints a lot.
55	Riley Miedler	Rangy backman who turns defence into attack. Wears a wig.
58	Brandon Buyink	Old School footballer who hits harder than a Mack truck, as does his Mum's famous Rum Balls.
59	James Carroll	Gifted tallman who can play all over the field. Currently studying to become an ankle surgeon.
60	Oliver Williams	Electric small fwd goes by the nickname Wombat. Try and run over him and he'll ruin your car.



Coach Clarke & Captain Witt after Scarlo presented the Cup & both happy with the win!!!!



# Division One Team Awards



## FRANK PICCOLO TROPHY

Runner Up Best & Fairest  
Most Consistent  
Best Team Man  
Most Improved  
Coaches Award  
Best Finals Players

Players' Player - 'Telfs'

## DAVID SMITH

Peter Carey  
Harry Rivers  
Adam Smith  
Shaun O'Regan  
Nicholas de Gorter  
Adam Smith &  
Charles Allison  
David Smith

## DIVISION ONE BEST & FAIREST TOP TEN

David Smith	67
Peter Carey	63
Nick de Gorter	59
Harry Rivers	59
Adam Smith	47
Charles Allison	43
Riley Miedler	40
Michael Fiedler	35
Evan Danilo	32
Oliver Williams	30
Benjamin Woollett	30

## 2018 ARMSTRONG MEDAL

Harry Lewis 16 votes  
Randwick City Saints

## Pennant Hills Best

Oliver Williams 8 votes

## 2018 LEADING GOALKICKERS

Peter Carey 42



David Smith - Best & Fairest Winner

## 2018 DIVISION ONE STAFF

Coach	Todd Williams
Assistant Coach	Brendan Gregor
Team Manager	Henri de Gorter
Captain	Nathan Breen
Team Runner	Drew Maddock
Club Umpire	Allen Gardiner

## DIVISION ONE LADDER AT THE END OF 2018 HOME AND AWAY SEASON

Division One	P	W	L	D	For	Agst	%	PTS
Sydney University	17	14	3	0	1131	692	163	56
<b>Pennant Hills</b>	<b>17</b>	<b>11</b>	<b>5</b>	<b>1</b>	<b>915</b>	<b>677</b>	<b>135</b>	<b>46</b>
North Shore	17	11	6	0	942	678	139	44
Randwick City	17	10	6	1	1034	643	161	42
Nor-West Jets	17	8	9	0	961	847	113	32
Wollondilly Knights	17	6	11	0	811	975	83	24
UTS Bats	17	5	12	0	639	1116	57	20
Campbelltown	17	2	15	0	447	1252	36	8

## 2018 Semi Final 2

Rosedale Park, 25 August 2018

<b>Pennant Hills Demons</b>	<b>9</b>	<b>3</b>	<b>57</b>
def Sydney University	7	12	54

## 2018 GRAND FINAL

Blacktown ISP, 9 September 2018

<b>Pennant Hills Demons</b>	<b>8</b>	<b>6</b>	<b>54</b>
def Sydney University	6	10	46

# Division One Coach's Report



Premierships aren't given they have to be earned and it was a privilege to coach a team that earned a Premiership. Throughout the season the Division 1 men's team utilised 65 different players. To get consistency in a game plan and style of play was no easy matter. To develop trust and instinct required to win required lots of work at training and in belief on the field.

The addition of a new coach and the above factors made for a very slow start to our season. At the mid-season review we sat mid-table, even wins and losses on about 100 percentage points. This accurately reflected what we were doing. We were not taking the game on, being merciless to teams or playing four quarters of football. It was time to sit down for the review and put it all out there. We all had to trust each other, agree on our goals and commit to working towards them.

The coaching group presented the facts and our thoughts and belief in the squad. We said that a 10% increase in our skills and application would make this competition ours for the taking. We knew we had that level of improvement in the squad. The floor was opened up to the playing group resultant in a matter of fact discussion. Everyone went away with a commitment to do all we could to win this competition, all with the shared belief that we could do this if we all wanted to. We set ourselves the goal of winning the remainder of our games and sitting at the end of 17 rounds at 12 wins, no more losses and carry the one draw though. We wanted to improve our percentage by being merciless to teams when on top. The ladder at the end of the season saw us miss the win/loss ratio by one game, this was our last home and away game and was the "kick" we needed leading into the finals. Finishing second meant we played first in the semi-final 2 with a chance to go straight into the Grand Final.

This was an outstanding achievement with 7 wins in a row the boys were working well and had the belief needed. All season we were blessed with a solid back seven, being Adam Smith, David Smith, Harry Rivers, Craig Maynard, Stewart Hodges, Timothy Acheson and Jack Watkins. Again and again this tight group thwarted opposition drive and turned it into attack for us.

Our mids were gelling well and playing smart, the return of Jake Gunstone late in the season from injury was a great injection into the squad. Captain Nathan Breen was directing traffic, Nick DeGortor, Pat De La Mare, Anthony Woodward, and Anthony Johnson were working hard on the in-side to give us best opportunity at first use of the ball. Our Ruckman, Charlie Allison was getting better and better each week, Charlie loves the contest was often dominating much senior ruckman and covering the entire ground.

Our outside centres had good speed so our game plan was to hit the ball hard in the mids and get it out to our runners. Harry Gregor, Tommy Gerard, Michael Fiedler, Jack Leedham and Sean O'Regan were awesome in the outside role, tenacious at shutting down the opposition, good tacklers and strong overhead. Their leg speed got us away from the opposition many times.

Evan Danilo was solid and hard at the ground ball all season, covering a lot of territory as our centre Half Forward. With the ability to kick 60 metre goals he was a threat that drew opposition attention and helped to open up our forward line. Peter Carey was reliably kicking an average of 4 goals a game, he was our go to man at full forward. Our fast crumbers in Nick and Zac Baglin provided both dangerous ground ball options and excellent forward pressure on turn over. Nick is an excellent kick and gets some great air time if needed for a mid-size player.

As mentioned previously 65 individuals had been rotated through the Division 1 squad and this is testament to the depth at the club. Being able to draw on players that could fit straight in and play a role was vital to our success. Making this work was testament to the great support I was given by Brendan Gregor as assistant coach and Boxy on the field. Players like Ryan Isberg, Ben Woollett, Will Johnson, Michael Van Rooy, Hugh Yates and Adrian Colautti come readily to mind for providing this team with excellent service throughout the season when called up.

Two games stand out all season as the best display of our style of football. This was the round 10 Wollondilly game at Wollondilly and then the first quarter of our semi-final. At Wollondilly Brendan and I were rapt to receive great feedback from spectators on how good our game was to watch and how well the team moved the ball in attack and used each other. In defence we had shut them down to only two goals all game. Those who observed our first quarter in the Semi Final against Syd Uni were also elated at what they observed. We blew Sydney off the park in 20 minutes and then hung on with great defensive effort all across the ground to win by three points and head straight to the grand final in two weeks. What an emotional game.

Unfortunately, after great support by many players throughout the season, only 22 can be selected to play in the "Big Dance". With the promotion of Jake Gunstone we needed another tenacious and skilful mid fielder. Aidan Russell slotted straight in and had a fantastic game when we needed it. Up forward we were conscious of having as much fire power as we could in support of the ever reliable Peter Carey. With Fraser Nixon being available I elected to take him into the game. This meant dropping Zac Baglin who had played solidly all season at forward pocket. It was a hard decision and we missed his forward pressure early. But Frog kicked a crucial goal. Sean O'Regan had his game of the season in the Grand Final. Great positioning saw him kick three goals and take some strong marks and lay some great tackles when needed. Charlie Allison was brilliant and also snuck two goals and bolstering both our defence and attack when needed. Our back six were solid again with Harry Rivers shutting down opposition attack, David Smith being everywhere and the BOG winner for the final, Adam Smith, shutting them down and beating their zone to launch our attack on many occasions.

The Grand Final reflected our season. We started slow, showed patches of brilliance and had most of the possession after at one stage in the second quarter we had trailed by 26 points. The Penno crowd really got behind us as we went into the sheds at half time. The discussion was positive. We knew we could all lift and that our best was better than their best that they had already thrown at us. We needed to take this game on, be brave, use and trust each other and spread and run in attack, close up space and shut them down on turn over.

If you get to watch the final, on the AFL Sydney YouTube channel, the commentators say it all:

***"Pennant Hills had bit of a start slow but their finish was spectacular. They were so strong and physical and just relentless throughout the entire game. So credit to them."***

What a great feeling to win the Premiership with this squad. Our strength all season, our 22, all lifted. It was hard to pick a best on ground. Most pleasing was that no one gave up on the dream. All stayed positive and fought till the final siren. The scoreboard tells the story of what a tremendous fight back this was:



# Division One Coach's Report



	Q1	Q2	Q3	Q4
Pennant Hills	1.1 – 7	2.3 – 15	5.5 – 35	8.6 – 54
Sydney Uni	3.2 – 20	5.5 – 35	6.10 – 46	6.10 – 46

From half time we kicked 6 goals 3 behinds and kept Uni to 1 goal 5 behinds. Outstanding.

Congratulations to all the Division 1 award winners for season 2018 and also to the Division 1 players who achieved important milestones during the season. Thank you to Brendan Gregor my Assistant Coach this could not have been achieved with you mate. Henri de Gorter, thankyou also for managing this squad. Having a good manager takes so much stress off the coaching group, especially on game day. You also coordinated the club umpires week in and week out so we could get a game on. I feel very privileged to have been the coach of this group and to have enjoyed the support I have. Thank you for the honour.

Congratulations to Division 1 2018. **Premiers.**

**Todd Williams**  
Division 1 Coach



Ben Miles & Shaun O'Regan celebrate Division 1 win



Division One



Division 1 players celebrate with the Premiership Cup



I thought there was an E in Team!!!



# Division Two Team Awards



## BEST & FAIREST

Runner Up Best & Fairest  
Most Consistent  
Best Team Man  
Most Improved  
Coaches Award  
Players' Player

## JAK STROMQUIST

Lachlan Ford  
Cameron McBrien  
Sean Dixon  
Matthew Arciuli  
Jarrod Venes  
Jak Stromquist

## DIVISION TWO BEST & FAIREST TOP TEN

Jak Stromquist	95
Lachlan Ford	55
Cameron McBrien	47
Adrian Colautti	34
Jacobus Moulder	33
Aidan Russell	30
Samuel Lloyd	26
David Smith	26
Donnie Ollington	24
Matthew Miles	22

## 2018 APTED MEDAL

Matthew Rawle 14 votes  
Manly Warringah Wolves

## Pennant Hills Best

Jak Stromquist 10 votes (Eq 3rd)

## 2018 LEADING GOALKICKER

Lachlan Ford 19



Jak Stromquist - Best & Fairest Winner

## 2018 DIVISION TWO STAFF

Coach Tim Wolnizer  
Team Manager Megan Wolnizer  
Captain William Johnston

## DIVISION TWO LADDER AT THE END OF 2018 HOME AND AWAY SEASON

Division Two	P	W	LFF/FA For	Agst	%	PTS
Sydney University	17	15	2 1/0 1379	551	250	88
UNSW/ES Bulldogs	17	14	3 1/0 1277	555	230	82
Camden Cats	17	14	3 2/0 1247	545	228	82
UTS Bats	17	10	7 1/0 902	778	115	58
<b>Pennant Hills</b>	<b>17</b>	<b>7</b>	<b>10 1/0 738</b>	<b>737</b>	<b>100</b>	<b>41</b>
St George Dragons	17	7	10 1/0 646	1133	57	41
North Shore	17	6	11 1/0 699	843	83	35
Manly Warringah	17	6	11 1/1 665	944	70	35
East Coast Eagles	17	4	13 0 721	1191	61	23
Western Suburbs	17	2	15 0/8 303	1300	23	11

## 2018 Elimination Final

Kanebridge Oval, 26 August 2018

UTS Bats	7	10	52
<b>def Pennant Hills Demons</b>	<b>3</b>	<b>4</b>	<b>22</b>

## 2018 GRAND FINAL

Blacktown ISP, 16 September 2018

<b>UNSW/ES Bulldogs</b>	<b>6</b>	<b>9</b>	<b>45</b>
def Sydney University	4	3	27

# Division Two Coach's Report



What started as a cheeky joke at last year's presentation evening quickly turned into a return to coaching for me this year, and what a decision it would be? With the change in competition structure the Penno fourth grade side competed against other Premier Division clubs third grade sides in Div 2 (with the exception of North Shore and Sydney University). What a challenge and opportunity for a predominantly under 22 (plus some token old guys) side to fast track some development for the club.

When reflecting on the season that was, I was drawn to the numbers to attempt to explain how the team, at the half way mark, had one win yet still made finals as a genuine threat. So, read on for the explanation by numbers of season 2018...

1. The 'point' differential between for and against for the year. It shows how close we were to the major contenders all year. More importantly, it kept our percentage in triple figures which for all intents and purposes points to a successful year. 1 was the amount of times we played on the bottom oval at Mike Kenny, the ground most of the players have gotten used to playing on for the majority of games during the last few seasons. 1 is also the amount of games 28 players played in Div 2 in 2018 and sadly, for a 'playing coach', the amount of games I managed for the year before requiring knee surgery.

3. Was the margin in two games this year: our poorest performance for the year in Round 3 against a far older (vintage) Manly outfit in the wet where discipline, intensity and a general ability to kick straight hurt us, and; our Round 16 loss to Camden which was, although a loss, quite possibly our best performance for the season. In a real positive for the team, 3 is also the position that our big man Jak Stromquist finished in the league medal for Div 2. Congratulations Jak on being recognised by Sydney AFL for a great season.

4. The margin of a heartbreaking loss against St George in Round 2 which showed Donny and myself just what we needed to work on without the presence of on-field-coaches (token old guys). This was something we addressed in the weeks to come as we made some positional changes to get more experience in each line group. This game was punctuated by a punctuation of Jason Clarke's finger bone through the skin which sadly meant we lost our 'gun forward' to the hospital, the surgeon's table and a few weeks on the sidelines recovering. 4 was also the amount of goals Fordy kicked on three different occasions including our big game against Camden to finish our highest goal kicker.

5. Our final ladder position and where Donny and I had expected us to be around at the end of the year. 5 was also the margin on the return fixture against Manly, a win that set us up for our run at finals and a 5-game winning streak that gave us revenge on early season losses to St George (big win at the Ern), North Shore and UTS. We also enjoyed beating East Coast again (the only win at 'Back to Baulko' day for the mighty Dees and the stage for Jason Clarke's amazing, unbelievable and ridiculous left foot goal... and celebration – just ask him).

7. The amount in the Losses column at the halfway point of the season. When we hit the mid-year review it was borderline laughter when I said we would make finals. The results had not gone our way early in the season but, we felt that the ground work had been done. We had given new and younger players lots of opportunity to learn and improve and more importantly 7 is approximately the number of players who came back in across the higher grades to filter back players we expected to be regulars in Div 2. Finally, 7 was the total wins for the season – just enough to see us into the finals.

9. Players who played Div 2 who also played in reserve grade or premis during the year (thanks for filling in Lloyd Shepherd).

23. Our core group of players who played 7 or more games. These 23 players were the regular performers and fostered a great team culture that welcomed all and sundry as they came in and out of Div 2 during the year.

46. Different players were named in our best six players at least once, including all 23 members of the core group. This really highlights the great individual performances and development of the entire playing group as well as the talent across the lower grade at the club.

77. The number of players to pull on the jumper for Div 2 throughout the year. This is definitely the biggest challenge as a playing group with many game's warm ups being utilised as speed dating for new players to introduce themselves and learn some names before ball-up.

100. My favourite number for the year, our percentage (100.14%) but more importantly the number of games for club president Josh Mott in a big win against UTS and his best game for the year, kicking 3 goals. And, 100% confidence in the group that we can be better next year and challenge for another Premiership for the mighty Demons!

Best and Fairest and Player's Player – Jak Stromquist

Jak had a break out season where he regularly beat opposition ruckmen, pushed forward to kick goals and, more pleasingly, discovered the defensive side of ruck work. His first six rounds demonstrated exactly why he finished so far ahead in the B&F yet he continued to be recognised throughout the year. Congratulations to his partner in crime Lachlan Ford who showed that the 'power couple' of Div 2 really were that this year finishing runner-up to Jak for both awards. Congratulations to both.

Most consistent – Cam McBrien

"I'll only play again if I can play in the ruck or up forward", it was a deal that lasted until we beat Manly with Cam at full back doing an absolute number on Adam Howarth. Cam kicked 3 goals in round one and 1 goal for the remainder of the year being after moving to his native backline. He played across all the key positions and covered injuries, absences and strategic changes with ease. He routinely beat his direct opponent and was reliable in any position and rightly deserves the award.

Best Team Man – Sean Dixon

A blow-in from SA with a penchant for parading around the grounds in nothing but a pair of Budgie Smuggler's<sup>9</sup>. Sean quickly became a regular in Div 2 and set about 'getting the boys around' and winning some games of football. Sean will claim we didn't win games until he played with us and that he is the reason we made finals... we'll let you have that one Sloppy!

Most improved – Matt Arciuli

This was the hardest award to give this year with a huge number of players putting their hand up. Matt was our quiet achiever going about learning the game and asking for little things to work on each week. He ticked these off week after week and ended up playing the most amount of games for the team, 16. Well done Matt, you've come a long way this season and will only get better in 2019.

Coaches award – Jarrod Venes

A move to the backline was all it took for Jarrod to hit his straps in 2018. A good user of the footy Jarrod was our go to foil for any situation and

## Division Two Coach's Report



he took it all in stride. A fantastic individual year by a player who set the tone for the team in crucial games and sacrificed his own performance to get a win. Congratulations Jarrod on a great season.

There is never enough room for all those who deserve a thank you, so I'll be brief and apologise if I miss anyone in particular.

Donny for agreeing to assist me coaching, be a voice of reason and someone who just loves footy as much as I do. There is no one in all my football experience I respect the opinion of more and I have thoroughly enjoyed coaching with you this year.

Megan, my wife and team manager who juggled two boys, a pregnancy, the birth of our third son and me being cranky when we lost with a smile and a laugh.

Phil Hare who found players from all corners of the country to play at the last minute. You never cease to amaze how you can find 5 players in an hour and make a team stronger on paper.

To the coaching group, Gunner and Cuz, club umpires, water runners, volunteers, physios and supporters a huge thank you from Division 2. Here's to another great year in the Red and the Blue!

Bone

**Tim Wolnizer**

Division 2 Coach



Division Two



# Division Three Team Awards



## BEST & FAIREST

Runner Up Best & Fairest  
Most Consistent  
Best Team Man  
Most Improved  
Coaches Award  
Players' Player

## ALEXANDER HUGGINS

Hayden McLean  
James Adams  
Mike Baldry  
Jack Crampton  
James Carrington  
Alexander Huggins

## DIVISION THREE BEST & FAIREST TOP TEN

Alexander Huggins	147
Hayden McLean	47
Nic Ryan	41
Ryan Isberg	33
Nathan Ellis	30
Darren Boulet	27
Nathan Lee	24
Mike Baldry	22
Jordan Denton	18
Tim Steel	18

## 2018 GRANLAND MEDAL (Inaugural)

Alexander Huggins	22 votes
Pennant Hills Demons	

## 2018 LEADING GOALKICKER

Michael Baglin	23
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Alexander Huggins - Best & Fairest Winner

## 2018 DIVISION THREE STAFF

Coach	Phillip Hare
Team Manager	Phillip Hare
Captain	Alexander Huggins

## DIVISION THREE LADDER AT THE END OF 2018 HOME AND AWAY SEASON

Division Three	P	W	L	B	For	Agst	%	PTS
Camden Cats	15	13	2	2	1030	501	206	86
Macquarie Uni.	15	13	2	2	879	472	186	86
Pennant Hills	15	11	4	2	886	510	174	73
Sydney University	15	9	6	2	883	490	180	60
UNSW/ES Bulldogs	15	7	8	1	735	659	112	46
Randwick City	16	5	11	1	590	871	68	31
UTS Bats	15	4	11	2	529	839	63	26
Campbelltown	15	3	12	2	572	1003	57	20
North Shore	15	3	12	2	378	1137	33	20

## 2018 Qualifying Final

Rosedale Park, 25 August 2018

Macquarie University	7	9	51
<b>def Pennant Hills Demons</b>	<b>5</b>	<b>9</b>	<b>39</b>

## 2018 Semi Final 1

Henson Park, 2 September 2018

Sydney University	7	6	48
<b>def Pennant Hills Demons</b>	<b>4</b>	<b>8</b>	<b>32</b>

## 2018 GRAND FINAL

Blacktown ISP, 16 September 2018

<b>Sydney University</b>	<b>7</b>	<b>12</b>	<b>54</b>
def Camden Cats	1	2	8

# Division Three Coaches Report



The addition of a fifth open age men's team would have been thought of fanciful in 2013 when we added, at a push, our third men's team. Fast forward 5 years and our Division 3 (fifth team) was an outstanding success.

A call out to our current and past players to recommend a mate to play AFL saw us field an incredible 85 players throughout the year. This allowed us to field 22 players in all but a couple of games throughout the year. This was highlighted with 13 players playing 2 games and an incredible 35 players only playing a single game for the year; not sure about the quality of coaching with a retention rate that low. Seriously though, to attract that many new players to the club could only have occurred because of our current players telling their friends it is a great place to play footy. A special mention to Emma Wade, Tim Wales and Jackson Preedy who recruited more than 7 players each to play through the year.

On-field our results were nothing short of amazing. With as many as 10 changes each week players were still getting to know each other's names through to the last round of the season.

At the end of the home and away season Division 3 had only lost 4 games, we finished third on the ladder and qualified for the double chance and had beaten all other teams in the finals including beating the eventual premiers Sydney Uni, both times in the home and away season. Unfortunately, we lost both finals including a 5 minute each way extra time final after scores were drawn with Macquarie Uni.

Highlights of the season were many but included;

- Alexander Huggins deservedly winning the league medal in Division 3 (they need to name a league medal after Huggo).
- Our second final against Sydney Uni comprising 12 players who were playing their first year of AFL.
- Father and son Nigel and Mitchell Blow playing together in our 80 point win over Campbelltown highlighted by Nige's diving punch of the ball through for a point from 15 meters out.
- Tasmanian State Cricketer Nathan Ellis playing the first 5 games before relocating to Tassie to continue pursuing his cricket career.
- Our dominant win over local rival Mac Uni at Mac Uni after the round 4 night game loss.
- James Adams finally making the transition from Soccer and settling in to be one of our best and most consistent players.
- John Hound Rakic starring in our win over Sydney Uni with Mitch Quarrel kicking the winning goal with 30 seconds left to play.
- Haydn McLean and George Fourtsadakis travelling from Cronulla to play each week.
- Daz Boulet returning for his 10<sup>th</sup> season and a total of 70 games.
- James Carrington kicking goals, taking marks, delivering bone jarring bumps and still not knowing any of the AFL rules.
- The improvement of so many players including Zac Morris, Charlie Godfrey, Jack Crampton, Tim Steel, Mike Baldry, Jordan Denton.
- The ageless Jeff Hardman controlling the backline.
- The 4 goal haul (out of 5 goals) by Trent Roddan in the first final.
- The mercurial Mike Baglin kicking goals over his head, from the boundary line and crumbing out the pack each week.
- Danny Strange returning mid-season and still only knowing the names of half his teammates in our last final.

Our Award winners for the 2018 season were deservedly;

Alex Huggins (Best and Fairest) – could seriously still play Premis if he wanted to (and the body would hold up). A great example to new players on how to play the game, how to stick up for your mates and importantly for Div 3 how to enjoy yourself after the game.

Haydn McLean (Runner up Best and Fairest) – travelling from Cronulla each week and then dominating. Single-handedly won us games as a key defender (Mac Uni away) and the next week single-handedly winning the game as a key forward (Sydney Uni).

James Adams (Most Consistent) – starting the year as a forward, moving the mid field and then finding his perfect fit on the half backline. Consistently in the best players each week as a quality defender with excellent skills. Should be in higher grades next season after a big preseason.

Mike Baldry (Best Team Man) – in only his second season of AFL, Mike developed into our key Ruck / Forward role. His work rate exceptional and improvement through the year excellent. With that a quality young man, always a positive attitude demonstrated by wanting to get back on the ground after getting a tooth knocked out, Mike is clearly our best team man.

Jack Crampton (Most Improved) – a member of the Kings Rugby trio (Charlie Goofery, Jordan Denton and Jack) improved each game of the year. In both of our finals Jack under took a tagging role that resulted in one of their best players not being seen from the moment Jack moved onto him. I am looking forward to a big preseason and an even better year by Jack (with Charlie and Jordan) next year.

James Carrington (Coaches Award) – every coach has a favourite player and James was mine. New to the game transformed the saying of "Looks like Tarzan, plays like a Gorilla". What was great to see with James was how his marking and goal kicking improved throughout the year to be one of the Premier forwards in the competition – highlighted by James finishing third in our goal kicking. A hard but fair player, you want James in your team because when his is on the field the opposition are always looking out the corner of their eye worried about where the big fella is. Alexander Huggins (Players Player) – nothing more to say, best player in our team and the best player in the league.

Finally, it was a pleasure to coach an exceptional group on young men. Many of these players juggled work, family and travel to not only play football, but to choose to play for our club. I am sure we now have another 86 people who view AFL as the best game in world and Penno the best AFL Club in Sydney.

P.S. Thanks To Carol Hare (particularly), John Acheson, Al Abbott, Trent Roddan and Tim Wolnizer who regularly assisted in being our Team Manager.

**Phillip Hare**  
Division 3 Coach





Division Three



Division 3 Coach Phil Hare issues instruction



# Under 19 Division One Team Awards



## LENNY HAYES TROPHY

Runner Up Best & Fairest  
Most Consistent  
Best Team Man  
Most Improved  
Coaches Award  
Golden Fist Award  
Players' Player - 'Paddy'

## MITCHELL BLOW

Connor Matthews  
Joshua Natoli  
Zac Unwin  
Callum Slater  
Benjamin Matthews  
Ezra Pederson  
Connor Matthews

## U/19 DIVISION ONE BEST & FAIREST TOP TEN

Mitchell Blow	90
Connor Matthews	85
Liam Hassall	50
Matthew Browne	49
Benjamin Matthews	49
Bailey Miedler	46
Aiden Micallef	44
Ezra Pederson	39
Jonathan Nati	38
Joshua Natoli	26

## 2018 KEALY MEDAL

Noah Casalini	12 votes
St George Dragons	

## Pennant Hills Best

Bailey Miedler	10 votes (Eq 5th)
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## 2018 LEADING GOALKICKERS

Bailey Miedler	17
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Mitchell Blow - Best & Fairest Winner

## 2018 U/19 DIVISION ONE STAFF

Coach	Trent Roddan
Assistant Coach	Nigel Blow
Team Managers	Corey Matthews Roma Unwin
Co-Captains	Connor Matthews Jonathan Dixon
Team Runner	Adam Kinasch

## U/19 DIVISION ONE LADDER AT THE END OF 2018 HOME AND AWAY SEASON

U/19 Division One	P	W	L	FF	FA	For	Agst	%	Pts
UNSW/ES Bulldogs	17	16	1	1	0	1473	602	245	64
St George Dragons	17	13	4	0	0	1158	681	170	52
North Shore	17	13	4	0	0	958	660	145	52
Sydney University	17	10	7	2	0	1043	798	131	40
East Coast Eagles	17	5	12	0	0	783	1056	74	20
Pennant Hills	17	4	13	1	0	688	1046	66	16
Camden Cats	17	4	13	0	2	721	1245	58	16
Manly Warringah	17	3	14	1	3	596	1332	45	12

## 2018 Grand Final

Blacktown ISP, 9 September 2018

<b>UNSW/ES Bulldogs</b>	<b>14</b>	<b>11</b>	<b>95</b>
def North Shore Bombers	5	8	38

# Under 19 Division One Coach's Report



Firstly congratulations to the Reserve Grade and Division 1 Men's teams for both winning flags this season. Well done Jason and Todd and your support team for all your efforts in 2018.

Unfortunately the U19s we were not quite able to follow suit, and to sum up our year as not one of the best is fair, winning only 3 regular season games and awarded one game through forfeit is not how we normally want to finish the season in U19s.

We did however come very close to winning 3 more games though the season, losing by less than 10 points (one game by a solitary point) which, had we won them, would have seen us make finals. So close yet so far away.

Our playing group in 2018 started with 29 players, including 5 new players joining the Penno family (3 of whom were new to AFL). We also played 10 U17 top up players toward the end of the season bringing the total to 39 players during the year.

This relatively small playing group were unluckily decimated with 7 serious injuries this season, losing 5 players from our top 10 playing group with major or season ending injuries, and 2 more from the rest of the playing group (notwithstanding the other minor 1 or 2 match soft tissue issues). Whilst this is not an excuse for our on field performance, it is a significant factor when we didn't have huge numbers to begin with, and to compound the problem there wasn't an opportunity to draw on the U17s for top up players early in the season when we needed it most.

While it wasn't the best season on field for the U19s this year, we must always remember that the U19s program at Pennant Hills is all about player development and player retention in AFL. As such we were excited to see Matthew Browne, Jordan Adams and Harry Maguire elevated to Prens through the season, with Brownie performing well (especially in front of a hostile crowd in Camden), and Jordan maximising his opportunity, being nominated for the Sydney AFL Rising star award, and also winning our Prens 'Best First Year Player' award.

Mitch Blow, Harry Maguire, Nick Carter, Bailey Miedler and Matthew Browne also played Reserves at times through the year, with Mitch and Harry both playing in the Resses grand final winning team.

Mitch had an outstanding season, not only winning our U19 B&F, but he also played the most games of any player across the club this season, polling well in B&F and PP votes in all grades and teams he played in. I can't wait to see his football develop even further next season.

We also had a hand full of other U19 players played in our open age Div 1,2,3 teams this season including, Ollie Nockles, Daniel Crompton, Sam Plummer, Ezra Pedderson, and all received praise for their efforts from the respective coaches they played for.

As mentioned earlier, injuries really affected our player numbers this season, with us having to play with no subs on the bench for a couple of games. Both Matthew Browne and Mitch Blow played games for U19s at times through the season when they could well have played Prens or Reserve grade matches. They did this to ensure we could field an u19s team. Thanks Matthew and Mitch for showing the true Penno spirit of Club Team Self.

We also saw Bailey Miedler come very close to winning the U19 Kealy Medal this season, finishing only 2 votes behind the winner, which was

a great effort considering how few games we actually won. Bailey was also our leading Goal Kicker for 2018 with 17 goals.

I honestly have to say I'm very happy with all the players in our team this season, as they were challenged many times through the year both on and off the field, always finding the resilience to bounce back and stay in the fight.

All players made improvements to their game this season, and we had one of the best training attendance rates for many years, with some players that were ready to quit football after juniors, finding enjoyment in football again and becoming very important key players in the team.

Another factor which made this group enjoyable to coach, was having a fun social culture within our club (which the U19s embraced in a big way). Penno is more than just a footy club, it's a great place to be, and that is something we can all be proud of.

The U19s group is always one of the hardest coaching jobs at Pennant Hills, as players get moved in and out of the team on a weekly basis to a variety of other commitments such as Prens, Resses, Swans NEAFL, Giants NEAFL, Academy Matches, State rep matches, U17 team needs, School, Work, School Sport, Family Commitments, Girlfriend Commitments (yes you know who you are).

Having only one U19 side means we have mixed talent and ability from elite to beginner, which often makes it hard to compete with clubs that have two U19 teams, as it allows them to have the top 50% of their players in their Div 1 side, where we must bring players from all levels in to compete with them. If you look at the final ladder for the regular season from this year, all 4 finals clubs from U19 Div 1 had 2 sides to pick from.

One of my proudest moments over the last three years coaching the U19 group has been to watch the progress and development of our elite players. This year we were excited to see two players that have come through our club, Ely Smith and Kieren Briggs get drafted to AFL clubs.

Ely played much of his junior footy with Westbrook, and when he came into our U19s team made an immediate impact as a solid ball winning midfielder (it was a shame we only had him at the club for 1 season).

Kieren came from Pennant Hills Juniors and played through our U19s for 1 season before being elevated to Premier division where he was one of seven U19 players that year who went on to help our club win the 2017 Premier Division Premiership.

The future continues to look very bright for us in the U19s, with both of our U17 feeder club teams in the Northern Lights Alliance making finals in their respective grades in 2018 (Div 1 and Div 3), with many of these players rolling up to join us in season 2019.

We are also hearing that in 2020 Sydney AFL are looking at returning to an U18 and U16 age group format (rather than U19 and U17), which means we will gain many players when that happens who will provide opportunity for us to again have 2 U19s teams. However time will tell on this.

On a personal note I am stepping down as U19 head coach. 2018 was always going to be my last season as U19s Coach, and I am handing over the reins to Drew Maddock for 2019. I had always committed to

# Under 19 Division One Coach's Report



coach the U19s for a minimum of 3 years as David Pinker had done before me, as I believe continuity is important with the U19s program, and I'm pleased to say that Drew is very keen to continue with a similar approach to the U19s in 2019 and I look forward to working closely with him in season 2019 to ensure a smooth transition.

As always, a special thanks goes out to my support crew from this season, Corey Matthews and Roma Unwin who were my Co-Managers through the year, Adam Kinach who was runner for most of the year and who also helped out at training. Thanks to Harry Rivers for shifting the magnets around the board when he could, and finally a massive thanks to Nigel Blow for being the assistant coach for us this year, his words of wisdom always keeping me positive when things were not going quite to plan.

Thanks also as usual to the rest of the coaching and football department, but a special thanks to Aaron Crisfield, Tom Edmonds and Jackson Potter for coming to training sessions to assist the team, and thanks to Michael Cousens and Rod Miles for also communication an outside opinion to the playing group, as this showed that the rest of the club was behind us and i know the players were very appreciative of this.

And finally thanks to all of the committee, because without the huge effort put in by all involved in the club administration, we simply would not have a club to be a part of.

**Trent Roddan**  
U19 Coach Coach



Under 19 Division One



# Women's Division One Team Awards



## BEST & FAIREST

Runner Up Best & Fairest	Mikaela Mahony
Most Consistent	Eleanor Rugg
Best Team Person	Charlotte Owen
Most Improved	Ellie Jones
Coaches Award	Rebecca Apap
Players' Player	Hayley Lowe

## HAYLEY LOWE

## WOMENS DIVISION ONE BEST & FAIREST TOP TEN

Hayley Lowe	94
Mikaela Mahony	71
Eleanor Rugg	66
Ellie Jones	64
Brianna-Lee Wade	64
Charlotte Owen	56
Rebecca Apap	49
Alison Bruce	45
Elicia Davis	40
Lauren Dowle	35

## 2018 JAMES MEDAL

Emily Goodsir	33 votes
East Coast Eagles	

## Pennant Hills Best

Mikaela Mahony	12 votes
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## 2018 LEADING GOALKICKERS

Brianna-Lee Wade	31
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Hayley Lowe - Best & Fairest Winner

## 2018 WOMENS DIVISION ONE STAFF

Coach	Daniel Fiedler
Team Manager	Alex Wade
Co-Captains	Eleanor Rugg Maddy James
Head of Womens Football	Mark Carroll
Team Runner/Club Umpire	Terry Donohoe

## WOMENS DIVISION ONE LADDER AT THE END OF 2018 HOME AND AWAY SEASON

Womens Div One	P	W	L	FF	FA	For	Agst	%	PTS
Wollongong Saints	17	16	1	1	0	1289	270	477	64
Western Magic	17	13	4	0	0	1213	312	389	52
East Coast Eagles	17	13	4	0	0	984	483	204	52
<b>Pennant Hills</b>	<b>17</b>	<b>11</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>727</b>	<b>423</b>	<b>172</b>	<b>44</b>
Manly Warringah	17	8	9	0	1	747	486	154	32
North Shore Bombers	17	4	13	0	0	376	822	46	16
UNSW/ES Stingrays	17	2	15	0	0	292	1476	20	8
Sydney University	17	1	16	0	0	135	1491	9	4

## 2018 Semi Final 1

Kanebridge Oval, 26 August 2018

East Coast Eagles	6	3	39
<b>def Pennant Hills Demons</b>	<b>3</b>	<b>3</b>	<b>21</b>

## 2018 GRAND FINAL

Blacktown ISP, 9 September 2018

<b>Western Magic</b>	<b>6</b>	<b>4</b>	<b>40</b>
def Wollongong Saints	0	4	4

# Women's Division One Coach's Report



In the third season for Penno's Women's Division One, we had stepped our level of footy and playing style up a notch, and had achieved great successes both as a team and as a squad as a whole. Our playing style had developed naturally since the prior year, and we had built a strong squad as a whole with many of our returning players finding their footing and playing more skilfully and tactically than ever before. The new players this year learnt the game faster than I've seen previously, and adapted to training and game play in such a way that it made it easier for myself and the other coaches to develop the team's skills. Returning Captain Eleanor Rugg and newly appointed vice-captain Maddy James helped form our greater squads leadership team, which provided not just match day commitments but also off the field work as well. By the end of the season, we had 49 unique players step on the field for Division One, with the majority being girls that had not played a season prior. Our goal this year was to make the grand final with smaller goals set throughout the season on how we were going to achieve this feat.

After ending our 2017 season in 4th after winning one finals match, we knew that it was going to be a tough pre-season, but the commitment to training was the best we'd seen to date, and was mostly greater than all of the men's sides. With last year's division being split into two competitions, there were going to be no easy wins this season, and our goal was to be inside the top 2 after the first half of the season. By round 4 we were 2nd out of 8 teams in the competition, only losing to 2017 premiers Wollongong in the process. By this point in the season, our line groups all had leadership and a main focus, which we changed per game depending on each opponent. Going deep into September footy was now within our sights, after already playing 3 of the top 5 teams and knowing that we had a lot of growth still to come.

By round 8 we were still only one win down, tying first (2nd on percentage) with Wollongong, having beaten arch rivals East Coast Eagles after a thrilling, hard-hitting game. The next week we had the 1st play 2nd game, and it was going to be a tough one, but we knew we could win after training specifically on a defensive structure to counter Wollongong's two best players and their run and kick into the centre of the forward 50. Unfortunately, they were just too good on the day and we were beaten mercilessly 97-13, which was a real eye opener after believing that we had a good chance to match up against them. Our biggest task at this point was to focus on making each player accountable, as if each and every one of our players could beat their opposite, we would win the game. This was the philosophy that I chose to use for the next few games while we slipped into 3rd, on equal points with East Coast. The training sessions in the next two weeks were the key to getting back our belief, and we pumped UNSW 114-1 as a result, in preparation for another big game against East Coast the following week.

We ended up losing by 2 goals against the rivals, marking the first time we'd lost to them in our short history, further dampening our belief in that we deserved to play finals footy. From here I really pushed our girls at training, after losing due to lack of run and supporting our team mates in the contest. Trainings from here always involved some kind of pushed running, and a lot of specific drills working on protecting our player with the footy via shepherding and blocking. Second efforts were the key to winning these tougher games from here, and throughout the rest of the season we slowly but surely achieved this as players began kicking and following the ball, or hand passing and protecting afterward. This development was great to see from the girls as it showed that they were up for the challenge and it was all about playing as a team and sticking to our game plan, because we knew we had the skills to win this competition.

By round 15, we'd lost to Wollongong again, and last year's runner ups Western Magic for the first time this season, solidifying our spot in the finals at 4th (top 4 were finals bound). With two games left in the regular season, we knew we had to step up and get back into some consistency, as well as belief, which I made a heavy point about again after a month of disappointing results. Round 16 was against 5th placed Manly, who were not to be taken lightly. This game felt like the be-all-end-all game, which we had to win to prove to ourselves that we deserved a spot not just in the grand final but also in the finals. After one quarter we'd struggled to tackle the opposition, and didn't mark our players well in defence causing Manly to lead 25-6. Our team had never made a comeback win, and our patience with the ball and leading had to be our main focus coming into the second quarter. We put another goal on Manly, and they scored just a behind finishing half time down 26-12, after strong defence from Charlotte and brilliant leads from Ali and Emma.

Our final two quarters we had to further ramp it up with our physicalness and shepherding, which was provided from the centres with Mik, Hayley L, Madi H and Bec A all forming a fort in our forward 50 wall. The end of the third quarter saw the scores go up finishing 32-20, with just one quarter left to show just what we were made of. Our belief and heart in the fourth quarter was the best I've ever seen this team play with in its three years, winning the game 33-32 in the last minute, and holding on successfully with some brilliant defence from Telly and Lauren, but not without solid support in the forward line from Chloe and Jessie. In my opinion, this was our best win in the team's history, and I don't think I've heard our team sing louder than we had that day (or equivalent to any time we beat East Coast). I'll always remember this win because I told the team after the game - "I told you that you can win this, and it's just up to you believing in yourselves and your team mates, because you've got all the skills, you just have to put it all together like you did today, and we'll win this comp."

Finishing 4th after the 17 rounds and heading into the first final against East Coast was nerve racking for everyone, but we were all pumped and knew that if we'd played like we had earlier in the season against them, and as we did in the final quarters against Manly, that we could win this game. Unfortunately, we went down 39-21, after leading 20-12 at quarter time. We'd just run out of legs and as much as we cleared the ball out of our back 50 and into our forward line, the opposition always had an answer for us. This was a devastating loss, but reflecting on the season, we showed that we could beat any team on our day (Western Magic were premiers and we beat them earlier this season). This season had its highs and lows, but ultimately, finishing 4th is nothing to be ashamed of, and I'm proud of every Penno Angel that stepped onto the footy ground this year, for their guts, hard work and determination did not go unnoticed by myself and the other coaching staff.

A few special mentions:

- Mark Carroll, who as Head of Women's Coaching this year, was an excellent help to not just the girls in the squad, but also myself and Steph, who had to juggle often 40-50 girls at a time at training. He helped out wherever need be, whether it be coaching or running, but he supported both teams and treated everyone with the utmost respect, and was an absolute pleasure to have around. Hope to see you on board next year!
- Terry Donohoe, the club legend who has always helped out wherever needed, and kept Laura in check when she was loving the umpires. Thanks Terry for everything and bringing more knowledge (both in

# Women's Division One Coach's Report



game and at training) to myself and the other coaching staff.

- Jess Taylor and the physio team for another great year, but with less broken fingers and more niggling injuries to keep track of - you put us on the park every week! Thank you!
- Alex Wade, who quietly was the manager for our team all season, while on an injury hiatus from the game. You clearly learnt from the best and was great having you back on the park in the last few games - an absolute gun in the half back line who was only just getting back into the swing of things. 2019 will be huge for you!
- Alan Abbott, who as Division Two's manager, always steps into any role he can, not just for the women's teams but also for the club. You will always be this club's greatest asset to the girls and no matter what, you've been forever immortalised in our team's official, unofficial name - "Al's Angels".

Steph and Brendan, for all their help coaching (especially as their first season coaching with over 60 girls total to juggle) and they did well to adapt to changes in their team via the domino effect.

In conclusion and finishing the season in 4th place, we will be back bigger and better next year. After a successful start from the Division Two (finals) as well, we can further build on the foundation of this squad. With only more success to come, this is a team that you'll be calling Premiers in the near future, hope to see you all again in 2019 for some more wins and even more planks at training!

**Daniel Fiedler**

Women's Division One Coach



Women's Division One



# Women's Division Two Team Awards



## BEST & FAIREST

Runner Up Best & Fairest	Georgia Stewart
Most Consistent	Samantha Oyston
Best Team Person	Alicia Scott
Most Improved	Brooke Schwenke
Coaches Award	Yolanda Cole
Players' Player	Sophia Wall

## SOPHIA WALL

## WOMENS DIVISION TWO BEST & FAIREST TOP TEN

Sophia Wall	82
Georgia Stewart	62
Isabelle Wall	58
Paris Roditis	49
Rachel Elsmore	44
Alicia Scott	38
Jessy Coulson	36
Jessie Donovan	35
Samantha Oyston	30
Madaleine Owen	29

## 2018 ANDREWS-BURGMAN MEDAL

Lauren Bragg	31 votes
Camden Cats	

## Pennant Hills Best

Isabelle Wall	7 votes
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## 2018 LEADING GOALKICKERS

Olivia Doheny	7
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Sophia Wall - Best & Fairest Winner

## 2018 WOMENS DIVISION TWO STAFF

Coach	Steph Tate
Assistant Coach	Brendan Wray
Team Manager/Runner	Allen Abbott
Captain	Jessy Coulson
Club Umpire	Matthew Lee

## WOMENS DIVISION TWO LADDER AT THE END OF 2018 HOME AND AWAY SEASON

Womens Div Two	P	W	L	B	FF	FA	For	Agst	%	PTS
Camden Cats	16	15	1	1	0	0	1073	254	422	93
Holroyd-Parramatta	16	14	2	1	2	0	1021	183	558	87
Macquarie Uni.	16	10	6	1	0	0	366	483	76	62
South West Sydney	16	9	7	1	2	1	530	390	136	56
Auburn-Penrith Giants	16	8	8	1	0	0	449	471	95	50
<b>Pennant Hills</b>	<b>16</b>	<b>8</b>	<b>8</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>418</b>	<b>602</b>	<b>69</b>	<b>50</b>
Wollondilly Knights	16	7	9	1	0	0	514	485	106	43
Campbelltown Blues	16	7	9	1	0	0	419	433	97	43
North Shore Bombers	15	6	9	2	0	0	326	590	55	40
Newtown Breakaways	15	5	10	2	1	0	273	549	50	33
Western Magic	16	5	11	1	0	1	497	583	85	31
UTS Shamrocks	15	4	11	2	1	2	191	509	38	26
Manly Warringah	15	4	11	2	1	3	187	730	26	26

## 2018 Elimination Final 1

Rosedale Park, 25 August 2018

Macquarie University	2	6	18
<b>def Pennant Hills Demons</b>	<b>1</b>	<b>2</b>	<b>8</b>

## 2018 GRAND FINAL

Blacktown ISP, 16 September 2018

<b>Holroyd-Parramatta Goannas</b>	<b>7</b>	<b>8</b>	<b>50</b>
<b>def Camden Cats</b>	<b>1</b>	<b>5</b>	<b>11</b>

# Women's Division Two Coach's Report



This year saw a massive change in the women's squad. 32 new girls joined our Club, almost doubling our numbers from the year before. During pre-season training, new girls would rock up each week eager to learn the sport and have a go and on some nights there would be up to sixty girls at training!

I didn't expect to coach this year but a back injury during pre-season meant that I couldn't play or train for a while. As a new coach and with so many new players, I had no idea what to expect from the season. From my experience with my former club, the second side was for the 'social footballers'. I knew that from the ability and talent the new girls showed this would not be the case for us. Our team showed a level of tenacity and dedication which paid off as the season went on. We were fit, keen and wanted to get on the field. A total of 45 girls played in Division 2. Over the season, fourteen were then given the opportunity to play in Division One.

Our first game started with a massive win at home over Western Magic 58 – 8. Four girls kicked goals for the first time and it was an exciting game to watch. Under the eye of guest coach Bob Wray, the girls then followed up with a win against Auburn-Penrith 62 – 2 at Mona Park. We followed this up with a couple of strong wins over Manly and North Shore.

We took advantage of Athletic Tracker and were able to run a couple of video review sessions during the season. It took our training program to another level. Girls were able to see for themselves what they were doing. (I might have been guilty of watching my goal on repeat). Thanks to Trent Roddan for filming our games and providing this platform. Hopefully we can utilise this more next year.

By halfway through the season, we were sitting in fourth place on the ladder. The Division Two competition proved to be a mixed bag. There was a substantial difference in talent and skill across the competition. If we weren't getting massive wins we were suffering big losses. Combined with some season ending injuries, players promoted to Division One and the usual trips to Europe in July, we dropped down to 6<sup>th</sup> spot.

With an unpredictable fixture and some more losses, we had to win as

many games to make finals. Our focus on the field turned to protection. Mark's mantra of 'Bring Out your Inner Bitch' was reinforced at every training session and game. We won two out of the final six matches. We beat UTS Shamrocks 14-13 in a tight, nail biting game. With possession predominantly in their forward line we were able to keep them scoreless in the last half and won the match by a point! I can still hear the screaming from the sidelines!

Our final match against South West Sydney resulted in a win putting us in 7<sup>th</sup> place. Our fate then rested on other teams losing for us to make the finals. With Campbelltown beating Wollondilly by one point, we then were pushed up to 6<sup>th</sup> place and finals bound! (Many thanks Campbelltown!)

We played Macquarie Uni in the elimination final at Rosedale Park. It was a tight tough game of wet weather footy. At half time the score was 1.4-10 to 0.1-1. We stopped them from scoring in the third quarter. In the fourth quarter, a goal from Amanda McMenemy brought us back in the game; however, Mac Uni scored a goal in the final minutes and it was all over. Despite the loss it was still a major accomplishment for the team. 18 girls that played that day were in their first year of footy, and all 21 gave their all up to the final siren.

I would like to acknowledge and thank the following people for their help and support over the season: Mark Carroll, Brendan Wray, Matt Lee, the physios, and super manager Al Abbott. Without your help we would not have got this team on the field each week. To anyone and everyone who supported us this year, no matter how small, your input is appreciated.

Finally, to the girls. The way you carried yourselves on the field is commendable. Despite some losses you kept your heads high and continued to get around each other. Making finals was such a massive accomplishment for a new team. Watching you all develop and improve over the season has been remarkable. I have enjoyed playing and coaching with you all and I hope to see you all next year!

**Steph Tate**  
Women's Division 2 Coach



Women's Division Two

# Player Records – 2018



OPEN AGE			FIRST	WOMENS									CLUB
TOTAL	NAME:		PLAYED	2018	SENIOR	RES	DIV 1	DIV 2	DIV 3	DIV 1	DIV 2	U/19	GAMES TOTAL
356	BRAWN	Anthony	1991	20		20							356
354	CLARKE	Jason	1991	12		1	3	7	1				370
320	YARD	Christopher	1989	0									320
249	WRIGHT	Kieran	2006	20		20							249
232	RAKIC	John	1993	5					5				232
228	DELL'AQUILA	Damian	2004	16	16								242
225	PARKER	Sebastian	1997	1		1							261
216	CAREY	Matthew	2003	14	14								251
215	CAREY	Peter	1996	14		1	13						248
212	FULTON	James	1996	5				4	1				241
203	MILES	Ben	2004	18		8	10						215
200	HUME	Greg	1992	0									215
195	WIDMER	Samuel	2003	18		18							225
174	BREEN	Nathan	2007	15			15						202
167	CRISFIELD	Aaron	2006	15	15								180
162	ANGEL	Thomas	2006	18	18								176
162	WITT	Daniel	2007	9	7	2							187
155	BAGLIN	Nicholas	2007	12			11		1				196
152	SMITH	David	2001	15			13	2					172
148	GOODALL	Alex	2005	17	17								164
147	WIDMER	Ted	2007	17	12	5							180
144	DALLAS	Adam	2009	1					1				144
144	SHEPHERD	Lloyd	2004	11	10			1					144
142	HUGGINS	Alex	2001	13				1	12				144
139	TURNER	Luke	2004	20		19	1						169
139	WALES	Tim	2008	15	15								173
138	DANILO	Evan	2009	19			18		1				172
138	NIXON	Fraser	2007	18		17	1						210
127	BAGLIN	Christopher	2009	22		16	4	1	1				161
126	EDIRWICKRAMA	Ranga	2006	17	17								138
120	THOMAS	Matthew	2007	16	16								157
116	DE GORTER	Nicholas	2009	18		1	17						150
113	ANGEL	Harry	2009	0									168
113	LOW	Nick	2006	22	6	16							145
112	EDMONDS	Thomas	2010	16	16								146
110	STRANGE	Danny	2008	10					10				134
109	WITT	Patrick	2009	22	4	18							131
109	WRAY	Stephen	2009	18	18								138
107	ABBOTT	Thomas	2011	16	12	4							142
106	CARTER	Mathew	2006	4			1	3					139
102	MOTT	Joshua	2006	17			1	13	3				130
101	GUNSTONE	Jake	2011	8		3	5						131
100	NIXON	Adam	2009	16	4	12							135
92	RODDAN	Trent	2010	8				1	7				92
91	HARE	Jesse	2011	16	16								123
82	MIEDLER	Riley	2013	17		7	9	1					82
80	PINKER	Regan	2011	20		18	1		1				120
77	SMITH	Adam	2013	12			12						77
76	BOULET	Darren	2008	10				2	8				76
74	BAGLIN	Michael	2012	16					16				74
74	PREEN	Daniel	2013	8	1	6		1					95
73	LAING	Richard	2004	1					1				104
72	HEY	Nicholas	2012	14	14								98
72	MILES	Matthew	2008	18				15	3				99
72	WOLNIZER	Tim	2004	1				1					72
71	HODGES	Stewart	2011	15		8	6	1					121
69	LEEDHAM	Jack	2015	17		4	13						69
67	ZIKMAN	Sam	2014	18		17	1						67
66	ACHESON	Timothy	2011	17			16	1					85



# Player Records – 2018



OPEN AGE TOTAL	NAME:		FIRST PLAYED	2018	SENIOR	RES	DIV 1	DIV 2	DIV 3	WOMENS		U/19	CLUB GAMES TOTAL
65	LUSCOMBE	Campbell	2013	14	12	2							109
63	OLLINGTON	Donald	2014	12				10	2				63
62	THOMPSON	Brett	2013	22		22							114
60	MORAITIS	Theo	2012	0									89
60	TRENAMAN	Mitchell	2013	22	7	15							109
58	COALDRAKE	Kieron	2013	20		20							97
58	MACE	Nathan	2013	17	11	6							107
54	COUSENS	Joel	2013	22		22							89
54	PREEDY	Jackson	2015	16	13	2	1						74
54	REDPATH	Paul	2004	2					2				54
54	WATTS	Glenn	2011	1			1						54
50	DAVIS	Elicia	2016	20						18	2		50
47	BUYINK	Brandon	2016	21		15	3	3					47
46	BOAG	Josh	2015	15	15								69
46	HARDMAN	Jeff	2015	13				5	8				46
45	PREEN	Matthew	2015	15	13	2							78
43	MAHONY	Mikaela	2016	17						15	2		43
43	VIDLER	Maine	2015	4	2	2				16			62
42	JONES	Ellie	2016	16									42
41	CANTRALL	Michael	2009	15			10	5					95
40	COLLIS	Georgia	2016	15						8	7		40
39	RUGG	Eleanor	2016	14						14			39
37	RIVERS	Harry	2013	18			18						88
36	CARROLL	James	2013	10	2	7	1						65
35	WHITE	Christopher	2010	5				4	1				35
34	CORBETT	Jed	2016	19		13	6						50
34	DE VRIES	Lukas	2012	19	2	17							108
34	GREYLING	Dani	2016	13						13			34
34	URWIN	Lachlan	2009	10		6	4						77
33	BRAIN	Scott	2015	1					1				52
33	PEARSON	Isaac	2015	16	11	5							72
33	WOODWARD	Anthony	2014	17		12	5						83
32	COULSON	Jessy	2016	14						1	13		32
32	LEWIS	Laara	2016	7						7			32
32	RODITIS	Brooke	2017	16						15	1		32
32	VENES	Jarrold	2017	17			3	14					32
32	WADE	Emma	2017	17						17			32
32	WOOD	Jessie	2016	11						10	1		32
31	DE LA MARE	Patrick	2016	14		8	6						52
31	OWEN	Charlotte	2017	15						14	1		31
31	TATE	Steph	2016	8							8		31
30	WADE	Alexandra	2016	4						4			30
29	APAP	Rebecca	2017	16						16			29
29	BAGLIN	Zachary	2015	17			16	1					43
29	DOWLE	Lauren	2017	15						15			29
28	COLAUTTI	Adrian	2015	17			7	10					38
28	JAMES	Chloe	2017	16						8	8		28
28	JAMES	Maddy	2017	13						13			28
28	LOWE	Hayley	2017	16						16			28
28	MESSENGER	Drew	2017	19		16	3						28
28	WOOLLETT	Benjamin	2015	14			9	5					54
26	BRAIN	Daniel	2015	2				1	1				26
26	VANDERMEER	Hayden	2014	15			4	11					43
26	VOWELL	Rod	2015	11					11				26
25	HAUGHTON	Rachel	2017	13						12	1		25
25	JOHNSON	Will	2016	9			1		8				40
25	STROMQUIST	Jak	2017	14				14					25
25	WEBB	Taylor	2016	1						1			25
24	COOPER	Nathan	2014	1	1								37

# Player Records – 2018



OPEN AGE			FIRST PLAYED	2018	SENIOR	RES	DIV 1	DIV 2	DIV 3	WOMENS		U/19	CLUB GAMES TOTAL
TOTAL	NAME:									DIV 1	DIV 2		
23	DONOHUE	Laura	2017	9						9			23
22	MCCHLERY	Jed	2016	0									31
22	WILLIAMS	Oliver	2015	20		15	4	1					41
21	BALDRY	Mike	2017	18				6	12				21
21	NIXON	Meaghan	2017	14						2	12		21
20	COOPER	Ellie	2017	7						6	1		20
20	LEE	Cooper	2014	6	6								48
20	SCOTT	Alicia	2017	10							10		20
19	CARROLL	Michael	2015	9	9								33
18	GODFREY	Charlie	2018	18				3	15				18
18	JOHNSTON	William	2015	12			4	8					26
18	KEOUGH	Bradley	2012	0									60
18	O'BRIEN	Bailey	2017	17	17								19
18	POTTER	Jackson	2007	6	6								31
18	SKRIVANIC	Luke	2016	1	1								23
17	CANTRALL	Dominic	2018	17			2	13	2				17
17	CLARKE	James	2014	17			1	11	5				27
17	DOWNTON	Adam	2014	1					1				17
17	ELSMORE	Rachel	2017	7							7		17
17	JOHNSTON	Anthony	2016	17			12	5					45
17	KINDLER	Russell	2017	17			5	9	3				23
17	MOULDER	Jacobus	2018	17			1	14	2				17
17	RUSSELL	Aidan	2015	7			2	4	1				49
17	STOCKWELL	Laura	2017	6						1	5		17
16	ALLISON	Charles	2018	16			16						16
16	ARCIULI	Matthew	2018	16			1	15					16
16	DAHLEN	Lydia	2018	16						5	11		16
16	KEYES	Brianna	2016	5						3	2		16
16	PATTEN	Jack	2015	0									38
16	WHITE	Hayley	2017	9						4	5		16
15	CARROLL	Emily	2018	15						9	6		15
15	CASSIDY	Scott	2018	15				1	14				15
15	DONOVAN	Jessie	2018	15						1	14		15
15	GARDINER	Cameron	2017	3				3					15
15	GREGOR	Harrison	2016	15			14		1				38
15	GURKA	Rebecca	2018	15						1	14		15
15	LEWIS	Emily	2018	15						1	14		15
15	MCGRATH	Loretta	2016	5							5		15
15	OYSTON	Samantha	2018	15						1	14		15
15	STERN	Joshua	2016	1	1								32
15	STEWART	Georgia	2018	15						2	13		15
15	VAN ROOY	Michael	2018	15			8	7					15
15	WATKINS	Jack	2018	15			12	3					15
14	BLOW	Mitchell	2017	12		11			1			12	42
14	COLE	Yolanda	2018	14							14		14
14	CRAMPTON	Jack	2018	14				3	11				14
14	FORD	Lachlan	2017	12				12					14
14	MCBRIEN	Cameron	2015	13				12	1				25
14	SCHWENKE	Brooke	2018	14							14		14
14	SUTTON	Tamika	2018	14						6	8		14
14	WADE	Brianna-Lee	2018	14						14			14
13	CAHILL	Danielle Marie	2018	13							13		13
13	CONWAY	Ashley	2017	0									13
13	DIXON	Sean	2018	13				10	3				13
13	FIEDLER	Michael	2016	12			11	1					44
13	LLOYD	Samuel	2018	13		1	3	8	1				13
13	MCDONALD	Eliza Kate	2018	13						6	7		13
13	MORAITIS	Dominic	2015	13			1	11	1				40
13	MORRIS	Zac	2018	13				1	12				13

# Player Records – 2018



OPEN AGE			FIRST							WOMENS			CLUB
TOTAL	NAME:		PLAYED	2018	SENIOR	RES	DIV 1	DIV 2	DIV 3	DIV 1	DIV 2	U/19	GAMES TOTAL
13	SFILGOI	Heidi	2018	13						11	2		13
12	ADAMS	James	2018	12					12				12
12	ADAMS	Jordan	2017	12	12							3	23
12	CARRINGTON	James	2018	12					12				12
12	DOYLE	Sean	2018	12					12				12
12	ISBERG	Ryan	2018	12			5	1	6				12
12	LEE	Nathan	2018	12				1	11				12
12	STEEL	Tim	2018	12				4	8				12
12	VEITCH	Stephen	2018	12				12					12
12	VILE	Matthew	2013	1				1					40
12	WALES	Georgia	2018	12							12		12
12	WALL	Sophia	2018	12						2	10		12
12	YABSLEY	Rebecca	2018	12						4	8		12
11	DENTON	Jordan	2018	11				2	9				11
11	MCMENEMY	Amandaa	2018	11						10	1		11
11	PREEDY	Paris	2018	11							11		11
11	WALL	Isabelle	2018	11						5	6		11
10	FOURTSADAKIS	George	2018	10					10				10
10	MCLEAN	Hayden	2018	10					10				10
10	MCWILLIAM	Amy	2018	10						9	1		10
10	O'REGAN	Shaun	2018	10			7	3					10
10	QUARRELL	Mitchell	2018	10					10				10
10	RYAN	Nic	2018	10				1	9				10
10	YATES	Hugh	2018	10			4	5	1				10
9	DOHENY	Olivia	2018	9						1	8		9
9	MAGUIRE	Harry	2017	9	5	4						4	15
9	OWEN	Madaleine	2018	9						1	8		9
9	POLGAR	Danielle	2018	9							9		9
8	HARE	Madison	2018	8						8			8
8	TURNER	Alexander	2018	8					8				8
7	BRIGGS	Kieren	2015	0									17
7	JAMES	Matthew	2018	7				2	5				7
7	JUGAS	Dylan	2018	7				4	3				7
7	MARSHMAN	Samuel	2017	0									7
7	ROBINSON	Mareta	2018	7						1	6		7
6	CATANACH	Amy	2018	6							6		6
6	MIEDLER	Bailey	2015	6		1	2	1	2			14	31
6	RODITIS	Paris	2018	6							6		6
5	BROWNE	Matthew	2016	5	2	3						10	30
5	CAREY	Tessa	2018	5							5		5
5	ELLIS	Nathan	2018	5					5				5
5	MCBRIEN	Lachlan	2018	5				4	1				5
5	PEATLING	James	2016	0									10
4	BLOW	Nigel	2018	4					4				4
4	QUINN	Riley	2018	4						3	1		4
3	DIPPLE	Joshua	2013	3			2		1				51
3	ESPOSITO	Luke	2018	3					3				3
3	PEARSON	Lincoln	2016	3		2		1				1	24
3	STADON	Jeromee	2017	3		3							3
2	EISENHUTH	Benjamin	2018	2					2				2
2	HARE	Ethan	2018	2					2			10	12
2	KULASINGHE	Manisha	2018	2						1	1		2
2	LASO	Joshua	2018	2					2				2
2	MCALISTER	Luke	2018	2					2				2
2	NATI	Jonathan	2017	0								15	32
2	NOCKLES	Oliver	2017	2				1	1			16	26
2	RAINES	Jake	2018	2			2						2
2	SCHIFFLER	Joel	2018	2					2				2
2	SHEEDY	Charles	2018	2					2				2



# Player Records – 2018



OPEN AGE TOTAL	NAME:		FIRST PLAYED	2018	SENIOR	RES	DIV 1	DIV 2	DIV 3	WOMENS		U/19	CLUB GAMES TOTAL
2	WHITE	Michael	2018	2					2				2
1	BURKE	Lachlan	2018	1					1				1
1	CAMERON	Stewart	2018	1			1						1
1	CANAVAN	Joseph	2018	1				1					1
1	CARNAHAN	Darcy	2018	1					1			11	12
1	CARTER	Nicholas	2018	1		1						7	8
1	CHAMBERLAIN	Joshua	2018	1					1				1
1	CROMPTON	Daniel	2017	1					1			15	22
1	GREENHALGH	Angus	2018	1				1					1
1	JONES	Henry	2018	1					1				1
1	MADDOCK	Drew	2018	1				1					1
1	MADDRELL	Matthew	2018	1					1				1
1	PEDERSON	Ezra	2018	1				1				14	15
1	PLUMMER	Samuel	2017	1				1				7	17
1	REEGAN	Saiani	2018	1							1		1
1	SELLER	Jackson	2018	1					1				1
1	SKRIVANIC	Nathan	2018	1					1				1
1	ULLOA-JONSSON	Tristan	2018	1					1				1
1	VIDLER	Capri	2018	1							1		1
1	WARD	Jeremy	2018	1			1						1
1	WILLIS	Jacob	2018	1					1				1
1	WINDER	James	2018	1					1				1
0	BROWNE	Oliver	2018	0								1	1
0	CAMPBELL	Braeden	2018	0								1	1
0	CARRALL	Mackenzie	2018	0								13	13
0	CHAMPMAN	Scott	2018	0								1	1
0	COLLEY	Nicholas	2018	0								1	1
0	DIXON	Jonathan	2017	0								11	21
0	EDWARDS	Jack	2017	0								14	26
0	EYNAUD	Sam	2018	0								1	1
0	FOGERTY	Cooper	2018	0								14	14
0	GRANT	William	2018	0								7	7
0	HALL	Matthew	2018	0								3	3
0	HASSALL	Liam	2018	0								15	15
0	INSHAW	Harrison	2018	0								4	4
0	LORSCHY	Zachary	2018	0								12	12
0	MATTHEWS	Ben	2017	0								11	23
0	MATTHEWS	Connor	2017	0								15	25
0	MICALLEF	Aiden	2017	0								14	15
0	MORAN	Jonathan	2018	0								2	2
0	NATOLI	Josh	2017	0								12	24
0	POTTER	Louis	2018	0								11	11
0	SHEATHER	Marc	2018	0								1	1
0	SLATER	Callum	2018	0								12	12
0	SPARKS	Nicholas	2018	0								2	2
0	UNWIN	Zac	2018	0								13	13
0	WESTCOTT	Edward	2018	0								1	1

# Honour Rolls



## 100+ GAMES (Open Age)

Anthony Brawn	356*
Jason Clarke	354*
Chris Yard	320
Kieran Wright	249*
Blair Hatherley	242
Rod Miles	233
John Rakic	232*
Damian Dell'Aquila	228*
Sebastian Parker	225*
Terry Donohoe	220
Paul Gooley	216
Matthew Carey	216*
Peter Carey	215*
James Fulton	212*
Stephen Monahan	208
Matthew McCamey	207
Luke Bilbe	206
Ben Miles	203*
Brant Jack	201
Greg Hume	200
Doug Scholz	196#
Samuel Widmer	195*
Trevor Daykin	190
Jarrold Myers	186
John Murray	179
Nathan Breen	174*
Aaron Crisfield	167*
A (Tony) Hill	166
Greg Hardy	165
Tom Angel	162*
Daniel Witt	162*
Robert Watts	160
Tim Kenny	159
Peter Barnes	158
Justin Kerley	157
Craig Hartley	156
Nicholas Baglin	155*
Frank Piccolo	154
Danny Ryan	153
Terry J Hill	153
Josh Low	152
David Smith	152*
Simon Doak	150
Randal Green	150
Danny Cater	149
Alastair Richardson	149
Alex Goodall	148*
Chris Macdonald	147
Ted Widmer	147*
Gerard Mimmo	146
Cameron Smith	146
Matthew Hayman	145
Adam Dallas	144*
Lloyd Shepherd	144*
Tim Hall	143
Ashley Bell	143
Alexandar Huggins	142*
W (Bill) Carey	141#
Gary Spillane	139
Luke Turner	139*
Tim Wales	139*
Evan Danilo	138*
Fraser Nixon	138*
Mick Toy	136
Peter Dixon	133
Paul Whelan	129
Stephen Cherrie	129
Chris Baglin	127*
Ranga Ediriwickrama	126*
David Power	126
John Goswell	124

Bruce Higgs	124
Andrew Ballantyne	123
Ron Van Vliet	120
Matthew Thomas	120*
Stephen Barratt	119
Grant Croese	117
David Direen	116
Grant Smith	116
Daryl Vella	116
Nick Campbell	116
Nicholas de Gorter	116*
Todd McKernan	115
Paul Camilleri	114
Warren Miles	113
Stephen Paterson	113
Harry Angel	113*
Nick Low	113*
Sam Low	112
Michael Barr	112
Mark Collings	112
Kerry James	112
Eric Joiner	112
Cody Stucker	112
Thomas Edmonds	112*
Paul Folkard	111
Tim Young	111
Matthew Gray	110
Peter Mathers	110
Danny Strange	110*
Tim Potter	109
Patrick Witt	109*
Stephen Wray	109*
Michael White	108
Warwick Jackson	108
Michael Coen	107
Ken Couchman	107
Thomas Abbott	107*
Daniel Delooze	106
Greg Barnes	106
John Rae	106
Mathew Carter	106*
Andrew Buchanan	103
David Thomas	103
Joshua Mott	103*
Stephen Edwards	102
Russell Green	102
Rod Somerville	102
Jake Gunstone	101*
Peter Cunnane	100
Hayden Hill	100
Robert Reinten	100
Brian Seletto	100
Paul Randazzo	100
Barnaby Howarth	100
Adam Nixon	100*

\* current player  
# deceased

## PHAFC LIFE MEMBERS

1973 Barry Sparks*	(S)
1975 Kerry James	(S)
1976 Ern Holmes*	(S)
1980 Ken MacRae	(S)
1980 Rod Miles	(P)
1980 Danny Cater	(P)
1981 Terry J. Hill	(P)
1981 W. (Bill) Carey*	(P)
1982 Greg Barnes	(P)
1983 Warren Quintrell	(S)
1983 Trevor Daykin	(P)

1984 A. (Gus) McKernan*	(S)
1985 Greg Hardy	(P)
1986 Chris Macdonald	(P)
1986 A. (Tony) Hill	(P)
1988 Paul Thrupp	(P)
1989 Doug Scholz*	(P)
1991 Gary Spillane	(S)
1994 Stephen Monahan	(P)
1995 Stephen Barratt	(S)
1995 Terry Donohoe	(P)
1995 Stephen Paterson	(P)
1997 Randal Green	(P)
1997 Ken Couchman	(S)
1998 John Taylor	(S)
1998 Ron Dixon	(S)
1998 Lindsay Thomas	(S)
1998 Gerard Mimmo	(P)
1998 Chris Yard	(P)
1998 Paul Gooley	(P)
1998 Justin Kerley	(P)
1998 Michael Barr	(P)
1998 Todd McKernan	(P)
1999 John Murray	(P)
2000 Andrew Ballantyne	(P)
2000 Danny Ryan	(P)
2000 Peter Dixon	(P)
2000 Jason Clarke	(P)
2001 Anthony Brawn	(P)
2001 Tim Hall	(P)
2002 Blair Hatherley	(P)
2003 Frank Piccolo	(P)
2003 Paul Browne	(P)
2003 Alan Brawn	(S)
2004 John Rakic	(P)
2004 Leo Browne	(S)
2005 Colin Huggins	(S)
2006 James Fulton	(P)
2006 Craig Hartley	(P)
2006 Peter Carey	(P)
2008 Barnaby Howarth	(S)
2008 Greg Hume	(P)
2008 Simon Doak	(P)
2009 Ian Parker	(S)
2009 Matthew Hayman	(P)
2010 Tim Kenny	(P)
2010 Josh Low	(P)
2010 Matthew McCamey	(P)
2011 Peter Jack	(S)
2012 Brant Jack	(P)
2012 Luke Bilbe	(P)
2012 Sebastian Parker	(P)
2012 Judy Jack	(S)
2013 Kieran Wright	(P)
2013 Alastair Richardson	(P)
2014 Matthew Carey	(P)
2014 Damian Dell'Aquila	(P)
2014 Peter Campbell	(S)
2015 Jarrold Myers	(P)
2015 Ben Miles	(P)
2016 Peter Barnes	(P)
2016 Samuel Widmer	(P)
2016 Robert Watts	(P)
2017 Nathan Breen	(P)
2017 Aaron Crisfield	(P)
2017 Daniel Witt	(P)
<b>2018 Nicholas Baglin</b>	<b>(P)</b>
<b>2018 Thomas Angel</b>	<b>(P)</b>
<b>2018 David Smith</b>	<b>(P)</b>

(S) Service (P) Player  
\* Deceased



## LEADING SENIOR GOALKICKERS

1971	Kerry James	47
1972	Kerry James	51
1973	Kerry James	64
1974	Kerry James	52
1975	Eric Joiner	62
1976	W. (Bill) Renwick	84
1977	Wes Smith	65
1978	A.(Tony) Hill	59
1979	Maurie Gale	38
1980	A.(Tony) Hill	46
1981	Stephen Edwards	78
1982	Stephen Edwards	72
1983	Stephen Edwards	22
1984	Steve Bird	96
1985	David Reed	47
1986	Rob Barrett	86
1987	Ken Couchman	29
1988	Allen Gardiner	69
1989	Allen Gardiner	33
1990	Ken Couchman	27
1991	John Murray	35
1992	David Brown	39
1993	Randal Green	55
1994	Randal Green	58
1995	Randal Green	82
1996	Randal Green	68
1997	Anthony Brawn	30
1998	Peter Bennett	51
1999	Anthony Brawn	60
2000	Anthony Brawn	33
2001	Adam Delooze	31
2002	Shaun Jones	27
2003	Anthony Brawn	38
2004	Laine Spencer	64
2005	Laine Spencer	50
2006	Laine Spencer	41
2007	Laine Spencer	46
2008	Nicholas Campbell	58
2009	Kieran Wright	47
2010	Nick Bills	34
2011	Brandon Jack	28
2012	Ranga Ediriwickrama	54
2013	Ranga Ediriwickrama	48
2014	Sam Zikman	49
2015	Theo Moraitis	29
2016	Theo Moraitis	39
2017	Nicholas Hey	39
2018	Nicholas Hey	32



## ERN HOLMES TROPHY

1971	Ted Clark
1972	Rod Miles
1973	Rod Miles
1974	Kevin Williams
1975	Trevor Daykin
1976	Trevor Daykin
1977	Denis Lenaghan
1978	Danny Cater
1979	Keith Delooze
1980	Pat Wellington
1981	Pat Wellington
1982	Mick Toy
1983	Mick Toy
1984	Gary Spillane
1985	Russell Lieschke
1986	Dick Morton
1987	Glen Hutchison
1988	Neil Pearson
1989	Brett Smith
1990	Gary Spillane
1991	Chris Yard
1992	Paul Whelan
1993	Paul Gooley
1994	Gerard Mimmo
1995	Peter Dixon
1996	Peter Bennett
1997	Tony Redshaw
1998	Chris Mahar
1999	Anthony Brawn
2000	Barnaby Howarth
2001	Barnaby Howarth
2002	Tim Nunan
2003	Tim Nunan
2004	Anthony Brawn
2005	Justin Barratt
2006	Shaun Jones
2007	Justin Barratt
2008	Matthew Carey & Alex Goodall
2009	Alastair Richardson
2010	Kieran Wright
2011	Kieran Wright
2012	Alex Goodall
2013	Matthew Thomas
2014	Alex Goodall
2015	Thomas Angel
2016	Matthew Thomas
2017	Aaron Crisfield
2018	Ranga Ediriwickrama



## FOOTBALLER OF THE YEAR

1986	David Brown
1987	Glen Hutchison
1988	Gary Spillane
1989	Stephen Barratt
1990	Tony Redshaw
1991	Chris Yard
1992	Paul Whelan
1993	Stefan Carey
1994	Gerard Mimmo
1995	Randal Green
1996	Tony Regan
1997	Jason Clarke
1998	Chris Mahar
1999	Anthony Brawn
2000	Barnaby Howarth
2001	Barnaby Howarth
2002	Peter Carey
2003	Nick Potter
2004	Ryan Talbot
2005	Kieren Jack
2006	Justin Barratt
2007	Alastair Richardson
2008	Matthew Carey
2009	Lloyd Shepherd
2010	Kieran Wright
2011	Kieran Wright
2012	Matthew Carey
2013	Matthew Thomas
2014	Alex Goodall
2015	Damian Dell'Aquila
2016	Nathan Breen
2017	Aaron Crisfield
2018	Patrick Witt







## PRESIDENTS TROPHY

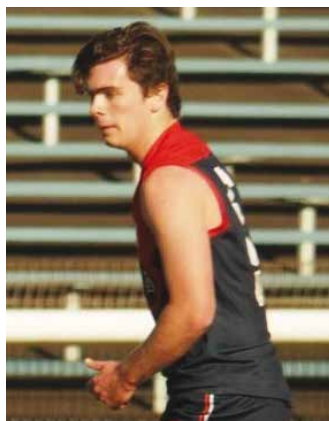
1983	Gus McKernan *
1984	Greg Barnes
1985	Shane Farrell
1986	Andrew Hughes & Graeme Turnbull
1987	Wal Hannon
1988	Mick Coen
1989	Debbie Stapley
1990	Lori Jones
1991	Gary Spillane
1992	Craig Oates
1993	Ken Couchman
1994	Stephen Barratt & Kim Klomp
1995	Alan Guild & Craig Hedland
1996	Ken Couchman & Craig Tate
1997	Randal Green
1998	Danny Ryan
1999	John Murray
2000	Blair Hatherley
2001	Alan Brawn & Ian Parker
2002	Martin Dulke
2003	Andy Smyth
2004	Simon Doak
2005	Danny Ryan
2006	Michael Cousens
2007	Paul Laing
2008	Paul & Jill Crisfield
2009	Lauren Cain
2010	Henri De Gorter & Family
2011	Mitch Frankish
2012	Tracey Baglin
2013	Jarrold Myers
2014	Thomas Edmonds
2015	John Acheson
2016	Josh Mott
2017	Christopher Yard
2018	<b>Jack Pinker</b>

\* Deceased



## KEN MACRAE SHIELD

1984	Tim Hickey
1985	David Reed
1986	Gerard Thripp
1987	Jamie McNeil
1988	Kevin Kirk
1989	Justin Kerley
1990	David Thomas
1991	Chris Yard
1992	Peter Dixon
1993	Michael Carey
1994	Matthew Daykin
1995	Chris Mahar
1996	Barnaby Howarth
1997	Peter Carey
1998	Adam Delooze
1999	Dylan Triegaardt
2000	Kristen Williams
2001	Ryan Talbot
2002	Sebastian Parker & Alex Huggins
2003	Justin Barratt
2004	Kieren Jack
2005	David Boers
2006	Nicholas Campbell
2007	Aaron Crisfield
2008	Josh Duncan
2009	Matthew Thomas
2010	Nick Bills & Jackson Potter
2011	Brandon Jack
2012	Thomas Edmonds & James Dunn
2013	Matt Vile & Regan Pinker
2014	Nick Hey & Theo Moraitis
2015	Campbell Luscombe
2016	Jack Patten
2017	Joshua Stern
2018	<b>Jordan Adams</b>



## BEST CLUBPERSON

1971	Roy Peake
1972	Kerry James
1973	Michael Mack
1974	Danny Cater
1975	Ken MacRae
1976	Robert Dwyer (Dec)
1977	Reg Myers
1978	Shirley McKernan
1979	Tony Hayward
1980	Not awarded
1981	H. R. (Bert) Hardy
1982	David Power
1983	Harry Noad
1984	Mat Steen
1985	Mike Farrell
1986	Shane Farrell
1987	Steve Paterson
1988	Ken Sims & Peter Clarke
1989	Wal Hannon
1990	Andrew Buchanan
1991	Don Ballantyne
1992	The McKernan Family
1993	The Dixon Family
1994	Jennette Elliott
1995	Peggy Thomas
1996	Trevor Daykin
1997	John Taylor & Bob Manning
1998	John Mahar
1999	Danny Ryan
2000	Craig & Donna Telfer
2001	Cherie Brown
2002	Tim Potter
2003	Scott Howell
2004	Greg Castle
2005	Peter & Alex Myers
2006	Sam & Di Dell'Aquila
2007	Judy Jack
2008	Peter Carter
2009	Jack Schwarze
2010	Josh Low
2011	Maria Campbell
2012	Melissa Parker
2013	Phil Scarlett
2014	Wayne & Jackie Keating
2015	Allen Abbott
2016	The Rene Family
2017	Matthew Lee & Bob Wray
2018	<b>Phillip Hare</b>





## PENNANT HILLS - SYDNEY AFL MEDALLISTS

### Phelan Medal

Alex Goodall	2014
Kieran Wright	2011
Matthew Carey	2008
Charlie Richardson	2007
Gary Spillane	1988
Mick Toy	1983

### Snow Medal

Patrick Witt	2018
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### Sanders Medal

Hayden Benger	2006
Doug Scholz	1997 & 1998
Steve Monahan	1993
Paul Woods	1984
Jim Dempster	1982

### McFarlane Medal

Nathan Breen	2016
Peter Mathers	1975 & 1976

### Granland Medal

Alexander Huggins	2018
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### Armstrong Medal

Alexander Huggins	2013
John Rakic	2001
Frank Piccolo	2000 & 2003

### Kealy Medal

Jesse Vidot-Coleman	2017
Lukas De Vries	2015
Dean Connors	2002
Simon Collins	1997
Grant Broderick	1995
Patrick Matthews	1992
Stuart Williams	1988
Brendan Hellard	1980

### Rod Podbury Medal

#### - Best on Grand in Premier Division

#### Grand Final

Ranga Ediriwickrama	2017 (Win)
Damian Dell'Aquila	2015 (Win)
Scott Reed	2008 (Win)
Barnaby Howarth	2000 (Win)
Chris Yard	1996 (Loss)

**WPH SPORTS CLUB**  
West Pennant Hills

**forum**  
People & Technology. Together.

**Ritera**  
Electrical Wholesalers



**Coopers**

**supershades**

**@carlingford**  
active health

**HARRIS MACKAY**

**National**  
Weighing & Instruments

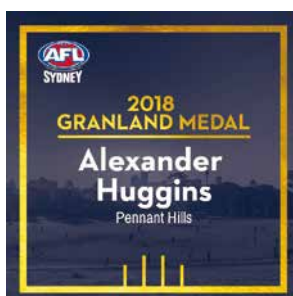
**TOTAL**  
CONSTRUCTION

**OSS**  
WORLD WIDE MOVERS

**MOBILEMEC**  
AUTOMOTIVE SERVICES

**TCA**  
ELECTRICAL

**IMAGE | TRADERS**  
DIGITAL MARKETING SPECIALISTS  
DESIGN DEVELOPMENT STRATEGY SEO



# Executive Officers – Honour Roll



SEASON	PRESIDENT	VICE PRESIDENT	VICE PRESIDENT	SECRETARY	TREASURER
1971	Roger Nobes			Barry Spakrs	Geoff Severn
1972	Kerry James			Barry Sparks	Barry Sparks
1973	Kerry James			Barry Sparks	Geoff Severn
1974	Kerry James			David Underwood	Graham Sayer
1975	Ken MacRae			A. (Tony) Hawley	Barry Sparks
1976	Ken MacRae			Robert Dwyer	Barry Sparks
1977	Ken MacRae			Robert Dwyer	Murray Withers
1978	Ken MacRae			Robert Dwyer	Simon Martin
1979	Ken MacRae			Robert Dwyer	Eric Joiner
1980	Ken MacRae			Shirley McKernan	Tony Hayward
1981	Ken MacRae			Shirley McKernan	Creagh Bown
1982	Stan Edwards			Shirley McKernan	Peter Camilleri
1983	Stan Edwards			A. (Tony) Hill	Peter Camilleri
1984	Peter Camilleri			Mike Farrell	E. (Ted) Brink
1985	Peter Camilleri			Mike Farrell	Doug Reed
1986	Mike Farrell			Mike Farrell	Doug Reed
1987	Derek Heelan			Kay Nyhuis	Doug Reed
1988	Derek Heelan			Mike Farrell	Roy Bohmer
1989	Derek Heelan			Mike Farrell	Roy Bohmer
1990	A. (Tony) Yard			Don Ballantyne	Roy Bohmer
1991	A. (Tony) Yard			Don Ballantyne	Shirley McKernan
1992	A. (Tony) Yard			Don Ballantyne	Shirley McKernan
1993	Lindsay Thomas			Robert Knight	Richard Vella
1994	Lindsay Thomas			Alan Brawn	Richard Vella
1995	Lindsay Thomas			Alan Brawn	Richard Vella
1996	Lindsay Thomas			Alan Brawn	Ross Scott
1997	Lindsay Thomas			Alan Brawn	Ross Scott
1998	Peter Clarke			Moya Paris	Ross Scott
1999	Peter Clarke			Moya Paris	Ross Scott
2000	Peter Clarke			Moya Paris	Ian Parker
2001	Leo Browne	Ian Parker	Kevin Talbot	Alan Brawn	Alan Brawn
2002	Leo Browne	Ian Parker	Kevin Talbot	Alan Brawn	Tim Hall
2003	Leo Browne	Ian Parker	Kevin Talbot	Alan Brawn	Michael Sullivan
2004	Leo Browne	Ian Parker	Kevin Talbot	Alan Brawn	Michael Sullivan
2005	Leo Browne	Ian Parker	Kevin Talbot	Alan Brawn	Alan Brawn
2006	Leo Browne	Ian Parker	Peter Jack	Alan Brawn	Alan Brawn
2007	Peter Jack	Paul Laing	Stephen Barratt	Alan Brawn	Bill Rankine
2008	Peter Jack	Paul Laing	Stephen Barratt	Alan Brawn	Bill Rankine
2009	Peter Jack	Sam Dell'Aquila	Stephen Barratt	Alan Brawn	Bill Rankine
2010	Peter Campbell	Ian Parker	Stephen Barratt	Bob Wray	Vanessa Turner
2011	Peter Campbell	Ian Parker	Tony Richardson	Bob Wray	Brendan Wray
2012	Peter Campbell	Ian Parker	Tony Richardson	Bob Wray	Brendan Wray
2013	Peter Campbell	Ian Parker	Tony Richardson	Bob Wray	Brendan Wray
2014	Phil Hare	Ian Parker	Tony Richardson	Bob Wray	Brendan Wray
2015	Phil Hare	Ian Parker	Glenn Gunstone	Bob Wray	Brendan Wray
2016	Phil Hare	Josh Mott	Glenn Gunstone	Bob Wray	Brendan Wray
2017	Josh Mott	Steph Tate	Glenn Gunstone	Bob Wray	Brendan Wray
2018	<b>Josh Mott</b>	<b>Steph Tate</b>	<b>Glenn Gunstone</b>	<b>Bob Wray</b>	<b>Brendan Wray</b>

\*Deceased



# Coaches & Captains – Honour Roll



SEASON	COACH	CAPTAIN	VICE CAPTAIN	BEST & FAIREST	RESULT
1971	Kerry James	Kerry James	Errol Grieve	Ted Clark	Third (SFA Div3)
1972	Rod Ward	Rod Ward	Graeme Eime	Rod Miles	Fourth (SFA Div 2)
1973	Graeme Eime	Graeme Eime	Norm Pilbeam	Rod Miles	Runner Up (SFA Div 2)
1974	Eric Joiner	Eric Joiner	Graham Howatt	Kevin Williams	Runner Up (SFA Div 2)
1975	Eric Joiner	Eric Joiner	Graham Howatt	Trevor Daykin	Premiers (SFA Div 2)
1976	Wes Smith	Wes Smith	W. (Bill ) Renwick	Trevor Daykin	Premiers (SFA Div 2)
1977	Wes Smith	Wes Smith	W. (Bill ) Taylor	Denis Lenaghan	Fifth (SFA Div 1)
1978	Wes Smith, Maurie Gale	Maurie Gale	David Direen	Danny Cater	Sixth SFA (Div 1)
1979	W. (Bill) Thrupp	Maurie Gale	Keith Delooze	Keith Delooze	Fifth SFA (Div 1)
1980	Pat Wellington	Pat Wellington	Maurie Gale	Pat Wellington	Fifth SFA (Div 1)
1981	Pat Wellington	Pat Wellington	Keith Delooze	Pat Wellington	Third SFA (Div 1)
1982	Ray Johns	Russell Matheson	John Goswell	Mick Toy	Runners Up (SFL)
1983	Ray Johns	Russell Matheson	Rod Miles	Mick Toy	Sixth (SFL)
1984	Warren Ledger	Warren Ledger	A. (Tony) McGiven	Gary Spillane	Fourth (SFL)
1985	Guy Wynn	Gary Spillane	Graham Crispin	Russell Leischke	Sixth (SFL)
1986	Rob Barrett	Rob Barrett	Adam Harris	Dick Morton	Third (SFL)
1987	Rob Barrett, Gary Spillane	Rob Barrett, Gary Spillane	Mick Toy	Glen Hutchison.	Fourth (State)
1988	Gary Spillane	Gary Spillane	Mick Toy	Neil Pearson	Fourth (State)
1989	Ray Johns	Stephen Barratt	Doug Scholz	Brett Smith	Seventh (State)
1990	Ken Tucker	Stephen Barratt	Mick Coen	Gary Spillane	Eighth (State)
1991	Ken Tucker, Gary Spillane	Stephen Barratt	Gary Manuel	Chris Yard	Seventh (SFL)
1992	Rob Phillipson, Trevor Clisby	Stephen Barratt	Gary Spillane	Paul Whelan	Seventh (SFL)
1993	Leo Browne	Stephen Barratt	Trevor Clisby	Paul Gooley	Fourth (SFL)
1994	Leo Browne	Kim Klomp	Peter Dixon	Gerard Mimmo	Sixth (SFL)
1995	Stephen Barratt	Gerard Mimmo	Peter Dixon	Peter Dixon	Runners Up (SFL)
1996	Stephen Barratt	Gerard Mimmo	Peter Dixon	Peter Bennett	Runners Up (SFL)
1997	Stephen Barratt	Gerard Mimmo	Peter Dixon	Tony Redshaw	Sixth (SFL)
1998	Peter Bennett	Gerard Mimmo	Tony Redshaw	Chris Mahar	Runners Up (SFL)
1999	Peter Bennett	Anthony Brawn	Tim Hall, Paul Gooley	Anthony Brawn	Third (SFL)
2000	Peter Bennett	Anthony Brawn	Tim Hall, Barnaby Howarth	Barnaby Howarth	Premiers (Sydney AFL)
2001	Danny Ryan	Anthony Brawn	Tim Hall, Barnaby Howarth	Barnaby Howarth	Fourth (Sydney AFL)
2002	Danny Ryan	Anthony Brawn	Ashley Bell, Peter Carey	Tim Nunan	Seventh (Sydney AFL)
2003	Danny Ryan	Anthony Brawn	Ashley Bell, Tim Nunan	Tim Nunan	Fifth (Sydney AFL)
2004	Danny Ryan	Barnaby Howarth	Ashley Bell, Sebastian Parker	Anthony Brawn	Fourth (Sydney AFL)
2005	Danny Ryan	Barnaby Howarth	Sebastian Parker	Justin Barratt	Third (Sydney AFL)
2006	Michael Cousens	Sebastian Parker, Michael Talbot		Shaun Jones	Premiers (Sydney AFL)
2007	Michael Cousens	Sebastian Parker	Alastair Richardson, Justin Barratt	Justin Barratt	Third (Sydney AFL)
2008	Michael Cousens	Sebastian Parker	Alastair Richardson, Charlie Richardson	Matthew Carey, Alex Goodall	Premiers (Sydney AFL)
2009	Michael Cousens	Alastair Richardson, Charlie Richardson	Brant Jack	Alastair Richardson	Third (Sydney AFL)
2010	Kevin Enyaud	Alastair Richardson, Sebastian Parker	Damien Dell'Aquila	Kieran Wright	Fifth (Sydney AFL)
2011	Kevin Enyaud	Matthew Carey, Damien Dell'Aquila	Brant Jack	Kieran Wright	Fifth (Sydney AFL)
2012	Chris Yard	Matthew Carey, Damien Dell'Aquila		Alex Goodall	Second (Sydney AFL)
2013	Chris Yard	Matthew Carey, Damien Dell'Aquila		Matthew Thomas	Second (Sydney AFL)
2014	Chris Yard	Matthew Carey, Damien Dell'Aquila		Alex Goodall	Second (Sydney AFL)
2015	Chris Yard	Matthew Carey, Damien Dell'Aquila		Tom Angel	Premiers (Sydney AFL)
2016	Chris Yard	Matthew Carey, Tom Angel		Matthew Thomas	Fifth (Sydney AFL)
2017	Chris Yard	Matthew Carey, Tom Angel		Aaron Crisfield	Premiers (Sydney AFL)
2018	Chris Yard	Tom Angel		Ranga Ediriwickrama	Sixth (Sydney AFL)

# Best & Fairest – Honour Roll



YEAR	SENIORS	RESERVES	THIRDS / FOURTHS	UNDER 19s / 18s	WOMEN'S
1971	Ted Clark				
1972	Rod Miles				
1973	Rod Miles				
1974	Kevin Williams				
1975	Trevor Daykin	Peter Mathers			
1976	Trevor Daykin				
1977	Denis Lenaghan	William Carey		John Goswell	
1978	Danny Cater	William Carey		John Goswell	
1979	Keith Delooze	Kevin Ronberg		Kevin Clift	
1980	Pat Wellington	David Sutherland		Brendan Hellard	
1981	Pat Wellington	Wayne Falkenberg		John Tweeddale	
1982	Mick Toy	Vince Hill		Geoff Ryan	
1983	Mick Toy	Jim Dempster		Geoff Ryan	
1984	Gary Spillane	Paul Woods		Pat Pickett	
1985	Russell Lieschke				
1986	Dick Morton	Wayne Mason		Martin Hickey	
1987	Glen Hutchison	Tony Burnett		Woody Longford	
1988	Neil Pearson	Randal Green		Stewart Williams	
1989	Brett Smith	Mick Langford		Andrew Ballantyne	
1990	Gary Spillane	Mick Langford		Glen McKernan	
1991	Chris Yard	Mick Langford		Glen McKernan	
1992	Paul Whelan	John Bassett		Patrick Matthews	
1993	Paul Gooley	Glen McKernan		Jason Clarke	
1994	Gerard Mimmo	Jason Clarke		Ian Wheatley	
1995	Peter Dixon	Craig Hartley		Grant Broderick	
1996	Peter Bennett	Danny Ryan		Mark McVeigh	
1997	Tony Redshaw	Doug Scholz		Simon Collins	
1998	Chris Mahar	Blair Hatherley		Sebastian Parker	
1999	Anthony Brawn	Andrew Yates		Sebastian Parker	
2000	Barnaby Howarth	Robert Mayek	Frank Piccolo	Lachlan Howarth	
2001	Barnaby Howarth	Robert Mayek	John Rakic	Adam Smyth	
2002	Tim Nunan	Tim Potter	Frank Piccolo	Adam Smyth	
2003	Tim Nunan	Luke Montgomery	Craig Hartley	Michael Hossen	
2004	Anthony Brawn	Scott Cummings	Jason Walton	Matthew Carey	
2005	Justin Barratt	Jarrod Myers	Craig Hartley	Hayden Benger	
2006	Shaun Jones	Ben Fitzpatrick	Joel McMullen	Jake Trestrail / Nic Low	
2007	Justin Barratt	Jake Trestrail	Nathan Sullivan	Josh Fenaroli / Vincent Meney	
2008	Alex Goodall / Matthew Carey	Ben Beaston	Ben Miles	Matthew Thomas / Danny Strange	
2009	Alastair Richardson	Jak Hancock	Chris Laing	Nathan Varnish / Zachariah Fenn	
2010	Kieran Wright	James Ellison	Blair Hatherley	Tom Edmonds	
2011	Kieran Wright	Matt Carter	No team	Chris Baglin	
2012	Alex Goodall	Jason Clarke	No team	Mathew Baglin	
2013	Matt Thomas	Anthony Brawn	Alexandar Huggins	Bradley Keough	
2014	Alex Goodall	Pat Witt	Alexandar Huggins	Brayden Tos	
2015	Tom Angel	Brant Jack	Darren Boulet / Carter Mullins	Jordan Rene / Adrian Colautti	
2016	Matthew Thomas	Anthony Brawn	Adam Dallas / Nick Baglin	Sam Howard	Mikaela Mahony
2017	Aaron Crisfield	Kieran Wright	Jackson Preedy / Peter Carey	Jesse Vidot-Coleman	Mikaela Mahony
2018	<b>Ranga Ediriwickrama</b>	<b>Pat Witt</b>	<b>David Smith / Jak Stromquist / Alex Huggins</b>	<b>Mitchell Blow</b>	<b>Hayley Lowe / Sophia Wall</b>
			2015 - Div 3 & Div 5 Teams	2006 - 2009 - 2 U18 Teams	2016 - First year
			2017 - Div 2 & Div 4 Teams	2015 - 2 U19 Teams	2018 - Div 1 & Div 2 Teams
			2018 - Div 1, Div 2 & Div 3 Teams		

# Treasurer's Report – Financial Overview



Pennant Hills Australian Football Club Inc.  
Unaudited Statement of Income and Expenditure for the year ended 30 September 2018

			2018	2017
		TURNOVER	EXPENSE	NET
INCOME			NET	NET
	Registrations	\$73,573	-	\$73,573
	Memberships	\$7,545	\$43	\$7,502
	Sponsorships	\$56,881	\$4,243	\$52,638
	Canteen/Bar	\$39,990	\$18,811	\$21,179
	Clothing Merchandise	\$7,548	-	\$7,548
	Fundraising	\$66,075	\$44,619	\$21,456
	Sundry Income	\$1,471	-	\$1,471
	<b>Total Income</b>	<b>\$253,083</b>	<b>\$67,716</b>	<b>\$185,367</b>
EXPENDITURE				
	AFL Affiliations/Umpires		\$52,356	\$52,356
	Coaches Expenses			\$41,057
	Ground Hire/Footballs/			
	Equipment/Clothing		\$49,069	\$49,069
	Insurance		\$20,508	\$20,508
	Player Care			
	(Physiotherapy/Medical)		\$44,862	\$44,862
	Sundry Expenses		\$14,504	\$14,504
	<b>Total Expenditure</b>		<b>\$181,299</b>	<b>\$158,805</b>
<b>OPERATING SURPLUS</b>		<b>\$253,083</b>	<b>\$249,010</b>	<b>\$4,068</b>
<b>TOTAL MEMBERS FUNDS @ 30.9.18</b>			<b>\$96,851</b>	<b>\$92,783</b>

During the 17/18 financial year, despite a 33% increase in team numbers from 6 to 8, together with a reduction of almost \$9,000 in sponsorship income and an increase in expenses from \$239,520 to \$253,083, we managed to still generate a small surplus of \$4,068.

This was due primarily to:

- An increase in registration fees from \$56,286 to \$73,573.
- Increased canteen/bar net revenue from \$14,053 to \$21,179 thanks to the Pinker family and Allen Abbott.
- Individual social and fundraising events, in particular the Trivia Night and Grand Final Raffle which between them netted \$10,000 in revenue (great work Hare family).
- The expensing of earlier State Government Grants received pre 30.9.17 of approximately \$9,000 which reduced some expense areas such as playing equipment, footballs and clothing, safety equipment, much of it associated with the women's teams.

Total income was \$253,083 (previous year \$239,520) and expenses \$249,015 (previous year \$233,130). Notably, direct football related expenses increased by \$22,744 from \$143,520 to \$166,264, a trend that is hard to ignore as things like insurance and player care costs escalate dramatically each year.

Season 2019 will represent ongoing income challenges as costs go up on most fronts and sponsorship and fund raising becomes more and more difficult. As at 30.9.18 net Members Funds sat at \$96,851 compared with \$92,783 at 30.9.17.

The 2019 season and beyond will create an exciting environment around the Club with ground improvements and the construction of the new clubrooms. Hopefully this will also present income generating opportunities but at the same time there will be some additional expenses incurred in outfitting the new clubrooms.

Importantly we must continue to support our much valued sponsors without whom we would not be able to contemplate fielding more than 3-4 teams, let alone the Club record 8 teams we fielded in 2018.

**Brendan Wray**  
Treasurer





It has been another exciting season of footy in 2018 and the on field physiotherapy staff and my colleagues within the clinic at Carlingford Active Health have enjoyed the opportunity yet again to be involved with and work alongside the PHAFC this year.

On behalf of all the team at Carlingford Active Health, we would like to formally congratulate both the Premier Reserves Division and Division 1 boys for winning their 2018 Sydney AFL Grand Final matches with extraordinary performances. For both teams to be losing in their respective grand final matches and coming back so strong and triumphant in the end is truly a testament to the drive and passion these players have for the game and for the club – an absolutely fantastic result for PHAFC!

This year saw a momentous task of increasing our physiotherapy/ medical coverage across 8 teams. Such an exciting expansion for the club and a great challenge for us. This saw over 12 physiotherapists and sports trainers work with the club this season to ensure our professional standards of coverage were met. So a massive thankyou goes out to all our staff who have represented PHAFC with pride – Daniel, Caitlin, Hannah, Emma, James, Jonathon, Rebecca, Jessica, Alissa, Chloe, Elyse, Renee, Carly and Alex – thank you!

We've seen many players walk in (or hobble through) the clinic doors this season with many different injuries and yet again we have been astounded at some of the recovery times of some players. The injury report list has varied throughout the season with some not so good news of ACL ruptures and multiple fractures. However, what an achievement it was having 6 out of the 8 teams making finals footy and of course 2

teams reaching and winning their Grand Final. There were many players who surprised and shocked us with their eagerness to get back onto the footy field and the dedication to their rehab was very encouraging. Some honourable mentions of note: Peter Carey and Adam Smith both sustaining knee injuries during the finals period and Nick Baglin with multiple hamstring and quadicep injuries throughout the year were all doubtful to play in the finals. Kieran Wright and Sam Zikman both sustaining calf and hamstring injuries respectively during the finals period were also both in doubt for play Grand Final footy but an absolute credit to all these boys for persevering through these injuries, managing them well enough to be able to earn yourself a winner's medal.

Thank you to the PHAFC Committee, Coaches, Managers and Lauren for entrusting me with the position of Head Physiotherapist for the 2018 season. Personally, it was both an exciting and challenging year for me and my Physiotherapy career having the privilege of looking after the Premier Division team as well as running the Injury Clinic at work. I definitely had some big shoes to fill taking over Lauren's role this season, but it's been an absolutely rewarding experience!

Thank you once again for allowing our team to be part of the success of the Demons this year. Enjoy the rest of the year and get keen for another big season of footy in 2019.

**Lauren (Cain) Wright**  
APA Sports Physiotherapist  
Director

**Daniel Chichian**  
Head Physiotherapist  
Carlingford Active Health



Kieran Wright & Sam Zikman with Junior Physios



My first year as President has produced plenty of highs and our kids have served up a fantastic year of footy – plenty of ‘screamers’, ‘cheeky snaps’ and loads of ‘sausage rolls’. Or put another way - high flying marks, difficult kicks made to look easy and plenty of goals!

When I stop and reflect on what we have achieved this year we have a lot to be proud of:

- Playing numbers have increased by an impressive 18%
- Overall team numbers increased to 21
- Doubled the number of girls teams to 6
- Introduced 3 new girls teams – 2 x YG10 and a YG18 team
- Managed to get 5 teams through to finals. 2 of which made it to the Grand Final
- U9's & U10's won the End of Season North West Gala Day Competition
- Hosted semi-finals at Ern Holmes
- Successfully run both canteens at Macquarie on Grand Final day
- Implemented the Kicking Dynamics Program across a number of teams
- Delivered another successful preseason AFL 9's Day
- Produced a great Family Fun day full of laughter
- Launched our Girls season at Ern Holmes Oval
- Started the renovation project of our change rooms (ready for 2019)
- Had AFL NSW/ACT Hall of Famer Barnaby Howarth deliver an inspirational Presentation to our youth players
- Organised memorable special events to support our themed rounds (for example our smoking ceremony for Indigenous Round)
- Retained and strengthened our relationships with key sponsors
- Inducted three new Life Members for their service to the Club

## Season Results

As mentioned above, of the 12 teams that play under a competition structure (*U11 and above*) 5 teams managed to qualify for finals – an outstanding effort. Congratulations to the U12-2, U14, U15, YG15-1, U17-1 & U17-3 teams. The U12-2 and YG15-1 teams enjoyed an extended ‘finals run’ making it all the way to the Grand Final. Both teams played great footy on the day, but just fell short of winning an elusive premiership.

In the Junior Age group the under 9's and under 10's took on the rest of the teams in the North-West area in the annual End of Season Gala Day competition. Teams played a series of round robin games and based on win/loss and for/against a Champion Team was crowned for each age group. I am thrilled to say Pennant Hills won both age groups. Congratulations to Rob's under 9 Reds and Bernie's under 10 Blues. Both teams went through undefeated!

## Auskick Rookies

Our Auskick numbers continue to grow (*another 11% increase this year*) and with our two super coaches, Warren Atwell and Aaron King, in charge, the squad will only get bigger. The Rookies are full of young stars and every time they touched the footy, they did it with a smile on their face.

## Junior Youth Boys (U8's – U12's)

We fielded 3 teams in the **under 8's** this year and, like the Auskick Rookies, we have loads of future stars in the making. Not that anyone keeps score but our teams ‘unofficially’ won just about every week. Well done to all the coaches and managers connected with these teams, you certainly made it a great experience for the kids in their first year of Sunday footy.

The **under 9's** had their first taste of tackling and both teams went from strength-to-strength, once adjusted to the increased physicality. Our two teams had a couple of ding-dong derbies throughout the year. I am not sure who had the bragging rights in the end – the blues or the reds.

We nearly busted the salary cap with our two **under 10** coaches, Bernie Hallam and Leonard Regan, two of the best in the business. Both coaches did a wonderful job in progressing their players skills and teaching them everything there is to know about playing good fair footy.

The **under 11's** fell agonisingly short of making it to the finals in their first year of competition football. They sat inside the top 4 for almost the entire season but suffered a couple of losses late in the season to just miss out. They did rebound in style in their last game to knock off a finals team.

The **under 12** numbers grew and grew, so we fielded two full teams (Div 2 and Div 3). The coaches, Andrew Kelson (D2) and Stephen Spratt (D3) are to be congratulated on the way they worked together to develop all players and generate a unified squad.

## Youth Boys (U13-U17)

The **under 13's** faced a number of challenges this year but played with great spirit week in week out. After winning the Div 2 competition in 2017, the team were placed into a very strong Div 2 competition. Despite battling injuries and teams full of academy kids, they still managed a number of wins throughout the year.

The **under 14's** were very consistent and occupied a spot in the top 4 from round 1 to round 15. Winning became a habit and the team played with great energy and enjoyment, a real credit to the coaches and managers. They bowed out at the prelim stage, however, on the back of the way Joel has developed these boys and some possible squad inclusions.

The **under 15's** started slowly winning only 1 of their first 4 but boy didn't they hit their straps after that. Coach Anthony did a great job in motivating the kids to turnaround their season. A mid-season 6-game winning streak catapulted the 15's into the finals, all whilst juggling injuries to key players. The winning streak included two comprehensive wins over this year's Grand Finalist.

In the **under 17** age group we formed a 3-way joint venture with Hornsby and Westbrook playing under the name of Northern Lights. We fielded two teams (Div 1 and Div 3). I must say when we had our full complement of players we were scarily good- we might have even given Carlton a run for their money! However, rep duties and injuries interrupted their season.

## Girls Football

As mentioned, we continue to see a huge increase in the number of girls taking up our great game. Our girls play under the name of NorthWest Lightning - which is a 3-way joint venture between Westbrook, Hornsby and Pennant Hills. In the **U10 Age Group** - starting a new team from scratch is always hard, but all three clubs worked to recruit new players and before we knew it, we had ‘just’ enough to support two teams. Our **YG12 team** was made up of new and returning players. It was great to see how they quickly formed strong friendships and under the guidance of their fantastic coach, Ellie Rugg, showed tremendous signs of development as the season unfolded. We fielded two teams in the **YG15 Age Group** (Div 1 and Div 2) led by Perry Waldron (D1) and Gareth Richards (D2). Gareth's girls had an absolute blast at training and on game day. There was a genuine close-knit bond between all players. Perry's team was no different and his team enjoyed a consistent season that took them to the Grand Final.





Leading up to the start of the 2018 season we had some challenges getting our full quota of players for our **YG18 team**. St Ives were also facing the same challenge, so we decided in the best interests of all girls to form a four way JV for season 2018. The team played under the name of NorthWest Lightning / St Ives. Their coach, Alex Wade, did an outstanding job of bringing the group together.

## Club Awards

- The Junior Club Best & Fairest is **Ben Liu** and the Runner Up Best & Fairest is **Levi Palfrey**
- The Youth Club Best & Fairest is **Tait Cousens** and the Runner Up Best & Fairest is **Emma Dunn**.

**Senior Club Person of the Year** - Joe Stewart is a very worthy Club Person of the Year.

**Junior Club Person of the Year** - Joel Cousens is this year's Junior Club Person of the Year.

**Coach of the Year** - This year's award is jointly awarded to Andrew Kelson and Stephen Spratt

**Life Membership – Players** - We are very excited to say 7 players achieved Life Membership this season.

**Life Membership – Volunteer Service** - Congratulations Kevin Eynaud, Theresa Taylor and Dean Moran on receiving this most prestigious award.

**Kieran Jack Award Night** - Congratulations to the following players who won awards as voted by the umpires throughout the year:

- Tait Cousens won the Best Fairest Award for Under 14 Div 2.
- Emma Richard won the Runner Up Best and Fairest Award for Youth Girls Div 1.
- Mitchell Kunigiskis won the Runner Up Best and Fairest Award for Under 15 Div 2.

The following players excelled at the mid-year Representative Carnival and as a result made the All-Star Representative Team

- Under 13's – Jack Sinnott, Nicholas Layton and Harry Stewart
- Under 14's – Mitchell Kunigiskis
- YG15's – Emma Richards

## Representative Football

The following players gained selection into NSW representative teams. What a fantastic achievement!

- Joshua Strefner - NSW PSSA Championships
- Hugh Plowman - NSW PSSA Championships
- Jack Bidwell – NSW CHS Championships
- Marc Sheather – U16 NSW Rams
- Sam Eynaud - U16 NSW Rams
- Harry Maguire – U17 NSW Rams

**Sydney Swans and GWS Giants Player Visits** - This year we were lucky enough to have Sydney Swans players, Jake Lloyd and Toby Pink, as well as GWS Giants player, Ryan Griffen, come down to visit us at Ern Holmes.

**Barnaby Howarth Visit**- This year we were privileged to have AFL NSW/ACT Hall of Famer and Pennant Hills Life Member, Barnaby Howarth, come down to Ern Holmes to give the kids a presentation on his life story.

**Pre-Season AFL9's Day** - Our annual AFL9's tournament, held in mid-March, has become a player and club favourite. It is a great way to lead into the season proper that starts a few weeks after. It was a hit again this year despite the heat and tricky wind conditions on the day. We had a great turnout with over 175 players (15 teams) attend from 6 different clubs.

**Canteen** - Sadly after 7 years of brilliant service, Theresa has decided to hand in her Chefs hat and canteen keys. The canteen again proved to be a fantastic source of income for our club and that's off the back of Theresa's commitment to making our canteen next level.

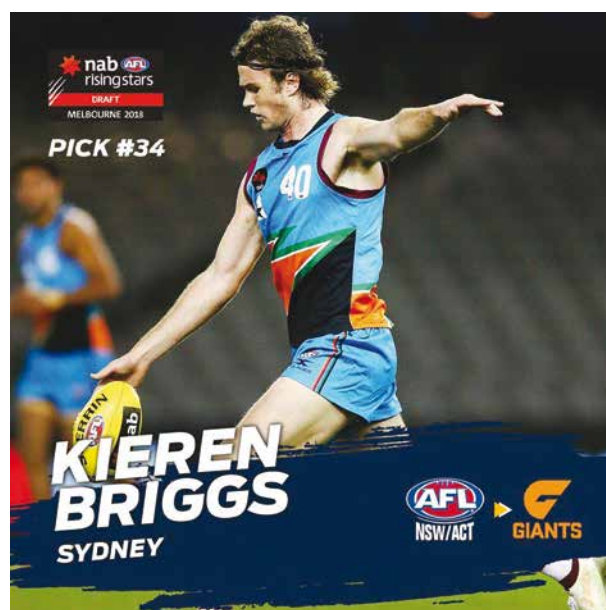
**Sponsors** - A special thankyou to all of our local sponsors who continue to give back to the community and provide us with valuable funding. Our **Gold Sponsors**, Pennant Hills Toyota and Ibis Thornleigh as well as our **Community Sponsors** West Pennant Hills Sports Club, Hillcrest Dental and Cyberdog Design. Whenever possible please show your support to these local businesses. Can I finish in closing by saying a huge thankyou to:

- **Our Committee** – what an amazing bunch of people we have. Your ability to step up time and time again is unbelievable. All of those initiatives I spoke about earlier are a result of the hard work from our committee/
- **Coaches and Managers** – Both the Club and the kids thank you. I see firsthand the hard work and the many hours you put in, to not only give the kids the best chance of developing but making sure the kids enjoy their time playing footy.
- **Parents** – For all those team tasks - runner, water carrier, BBQ duties, stats collection, boundary umpire, goal umpire, scoreboard operator, set up and pack up.
- **Players** – Quite simply thank you for the enjoyment you bring to all of us!

Go Penno!

**Steve Protogeros**

President Pennant Hills JAFC



Former Pennant Hills Junior Kieran Briggs selected by GWS Giants at pick 34 in 2018 National Draft





One thing we have done well at Westbrook is setting goals, and the direction we set is paying off. Record numbers, record teams, record umpire representation, record finalists, and very few conduct issues. However, one goal wasn't achieved: handing on the President's reign. Succession management is very important to a club going places and if more people are prepared to take ownership of our club and keep our values true, we will become one of the super clubs of Sydney Harbour. Currently we punch above our weight, we take a lead on many initiatives and we are creating our future, our environment and our community.

## Creating our Future

**#UpgradeGreenwayPark:** We did it! We have funding for our social space and improved facilities. A central 'heart' or home is needed not only for the practical requirements of our sporting club, but also to bind and connect the wider local community. Thank you to Julian Leaser MP, Federal Liberal Member for Berowra, for his hard work and commitment to our community.

**Active Kids:** The NSW Government is helping kids get active with the Active Kids program. From January 2018, parents, guardians and carers could apply for a voucher valued up to \$100 per calendar year for each student enrolled in school. The voucher was able to be used with Westbrook registrations to allow participation for all our current and new members.

**Youth alliances broaden:** Our partnership with our neighbouring clubs is working well to ensure that the objectives of participation and development are available for all players. We had 6 Northern Lights teams play in the youth age groups, with Hornsby-Berowra Eagles our partner in all age groups, and Pennant Hills Demons in our Under 17s age group, helping to build a bridge to senior football.

**Girls getting stronger:** We now have 6 teams under the North West Lightning brand, an alliance between Westbrook, Pennant Hills and Hornsby. We introduced Under 10s this year and an U18s team that included players from St Ives. In a series of firsts, we had a few girls reach 50 games and our U15YG/1s became our first Girls team to play in a Grand Final.



## The Environment We Create

**Pink Ribbon:** Despite the cold, we were thrilled to host so many teams and clubs on our special Mother's Day round Saturday evening. We extended a big welcome especially to the Girls teams, with many players making their way to Mike Kenny Oval for the first time. Westbrook and the visiting teams showed fantastic community spirit raising around \$2000 for the National Breast Cancer Foundation. Awesome effort!

**Representative Football & Development Days:** An enormous three days of competition with 70 teams competing in over 150 games of fantastic footy. From AFL Sydney Juniors: *"A massive congratulations must go out to the management team at Westbrook for their delivery of the event. From the canteen staff, to the field managers and officials, they have been extremely accommodating to the footballing cohort"*.

Adding to this, congratulations to the following players for their individual achievements

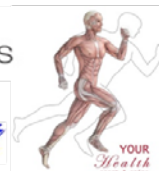
- NSW U12 PSSA State Team: Lukas McNeil, Andrew Murdoch (voted B&F NSW player)
- NSW All Schools State Team: Ethan Grace, Michael Weathers
- NSW/ACT U16 Rams: Braeden Campbell (selected in All Australian Team)

**Trivia Night—a great celebration:** Close to 100 club members donned their favourite club colours and put their brains to the test. Thank you to our organising committee who created a fun event for the club, and to the support we received from several businesses and people to ensure some additional funds were raised.

**Sponsors & Fundraising:** We simply cannot deliver on our promise of providing a great experience without prudent management of expenses and the goodwill of sponsors. In the current climate it is hard to find Gold level sponsors, but what we do have is many businesses whose combined contribution have made a difference to our events and general running of the club. Westbrook JAFc would like to express their gratitude for all the generous sponsorships and donations to our club.



Smithfield / Wetherill Park



Additionally, thank you to Janelle Murdoch who led our Chocolate Drive over the last couple of years, raising valuable funds for our club.

## Club Major Award Winners

It takes the generosity of many people to make an AFL game come to life, and it is the special involvement of some others that make the experience for the players and families a delight



- **Life Membership:** Jodi Sparks, Dale Sparks, Jackie Mardling – for making a sustained contribution for a period of time, over and above the normal expectations
- **Mike Kenny Award:** Nick Gricks - for an outstanding contribution to the club over a sustained period.
- **Jack Iredale Award:** Narelle Irwin – for an outstanding contribution throughout the year, deserving of recognition and encouragement to continue her good work.
- **Umpires Award:** Alexander Vink
- **10 Year Player:** Henry Dudding

## Towards 2019

**Club Administration and Running:** As we grow, we need to ensure our club structure is ready to support our needs. This year we reviewed some roles to ensure we keep a balance between volunteering, work-life balance, club control and external assistance. We now reinvest

some of our funds into Canteen management, Ground management and Administration & Volunteer coordination. This will mean our key personnel can spend their valuable time on strategy, and perhaps with their own kids a bit more.

**Things don't magically happen:** We are where we are today because of the hard work of some terrific people we are proud of. Some treasured club stalwarts are moving interstate. To the Gricks and Mardling families: you have made this club better for being a part of it — on behalf of the club and from me personally, thank you for your contribution.

As some of our other members enter their last year in juniors, a changing of the guard is starting and is needed. The club will be stronger with your contribution.

**Paul Vink**  
Acting President



Judy Jack with The Flag & Players



Scarlo with the Premier Reserves Trophy





Premier Reserves Team Celebrating in the Rooms



Presentation Night 2018 with over 200 in attendance





Premier Reserves Players celebrate with the Trophy



Julian Lesser with Wayne Keating & Ian Parker





## 2018 Yearbook

© Pennant Hills Australian Football Club Inc.  
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